Calendar of Events — Independent Living

November 2026

The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Saints Day Daylight Saving Time Begins 10:00 Presbyterian Service Streamed [4T] 1:00 Rummikub [WC] 1:30 Open Gym [FR] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Fall Pumpkin Craft [4C] 2:30 Independent Card/Board Games [AS] 7:30 Movie: THE DAY AFTER TOMORROW [MT]	**2** 10:00 Water Aerobics w/Alice [P] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: Edie McKee Harper-Modernist at Play [MT] 1:00 Shopping - Oakley Kroger [L] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Poker Party [MN] 3:30 Health Fair [MT] 4:00 Rosary Prayer Group [MR] 7:30 Brian Jorg-Vegas and Arches NP [MT]	**3** Election Day Kenwood Boutique Open 10a-12p-QC 9:30 Voting Transportation (R) [L] 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:15 Biking the Byways [MT] 1:30 Kiwi Watercolor Painting [4C] 2:00 Stitch Together w/Ruth [QC] 3:30 Diane Shields: The Discovery of King Tut [MT] 6:30 Bingo [4C] 7:30 Mark Raider: "The Truth is Out There": Science Fiction, Paranormal, and Fantasy [MT]	**4** 10:00 Bible Scripture Study [QC] 10:00 Water Aerobics w/Alice [P] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 1:00 Rummikub [WC] 2:00 Poker Party [MN] 2:00 Tech Help with Gary (R) [LI] 3:30 Mark McBride: Gift of Games Presentation [MT] 7:30 Movie (see Weekly for titles) [MT]	**5** 10:00 Praying the Rosary [4T] 10:30 Catholic Mass [4T] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 12:45 OLLI: Albuquerque Hot Air Balloon Festival [MT] 3:30 Diane Shields: Why did WWI end with an Amistice? [MT] 7:30 Happy Hour Trio Concert [MT]	**6** Kenwood Boutique Open 10a-12p-QC 11:00 Trio's Lunch Outing (R) [L] 12:00 Balance with Buckeye [MT] 1:00 Rummikub [WC] 1:30 Tai Chi [MT] 2:00 Poker Party [MN] 3:00 Zumba Gold [4P] 4:00 Musical Shabbat Service with JFS (R) [MT] 4:30 Happy Hour: Dick Watson [WC] 7:30 New Release Movie [MT]	**7** 9:45 Shopping at Walmart (R) [L] 1:30 Open Gym [FR] 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]
8 11:00 Presbyterian Service Streamed [4T] 1:00 Rummikub [WC] 1:30 Open Gym [FR] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch with Island Music [4C] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]	**9** 10:00 Water Aerobics w/ Alice [P] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: How Electricity Changed Our Lives [MT] 1:00 Shopping - Oakley Kroger [L] 2:00 Chair Exercise w/ Buckeye [4C] 2:00 Poker Party [MN] 4:00 Rosary Prayer Group [MR] 7:30 SAI Alumnae Concert [MT]	**10** Kenwood Boutique Open 10a-12p-QC Optometrist at Kenwood 10-3 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:00 Kenwood Alzheimer's Support Group [MN] 1:15 Biking the Byways [MT] 1:30 Origami Heart Weaving [4C] 2:00 Stitch Together w/Ruth [QC] 3:30 Diane Shields: Courtship of Abraham & Mary Lincoln [MT] 6:30 Bingo [4C] 7:00 Card Making w/Brenda (R) [MR] 7:30 Evening Movie (See Weekly for Title) [MT]	**11** Veterans Day 9:30 Veteran's Day Program [MT] 10:00 Bible Scripture Study [QC] 10:00 Water Aerobics w/Alice [P] 10:15 Rock Steady Boxing (Canceled) 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Nourishing Minds w/the Rabbi [MR] 1:00 Rummikub [WC] 2:00 Poker Party [MN] 3:30 Book Club [MT] 7:30 Movie (see Weekly for titles) [MT]	**12** 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Tech Help with Gary (R) [LI] 2:30 Chef Demo: Tahiti! (R) [AS] 3:30 Diane Shields: Will Rogers [MT] 7:30 Movie (see Weekly for titles) [MT]	**13** Kenwood Boutique Open 10a-12p-QC 10:30 Floral Arranging (R) [MT] 12:00 Balance with Buckeye [MT] 12:15 Rookwood Factory Tour (R) [L] 1:00 Rummikub [WC] 1:30 Tai Chi [MT] 2:00 Poker Party [MN] 4:00 Shabbat Service: Dara Wood [AS] 4:45 Happy Hour w/Denny D. [WC] 7:30 Peraza Studio Youth Orchestra Concert [LI]	**14** 9:45 Shopping at Rookwood (R) [L] 1:30 Open Gym [FR] 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]
15 11:00 Presbyterian Service Streamed [4T] 1:00 Rummikub [WC] 1:30 Open Gym [FR] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Zumba Gold [4P] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]	**16** 10:00 Water Aerobics w/Alice [P] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: SpaceX's Starship: Transport for the Moon & Mars [MT] 1:00 Shopping - Oakley Kroger [L] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Poker Party [MN] 3:00 Programs Planning Meeting [MT] 3:15 *Fine Arts Class (R) [AS]* 4:00 Rosary Prayer Group [MR] 7:30 Mark Raider:"We Do the Best We Can": Projecting American Family Life [MT]	**17** Kenwood Boutique Open 10a-12p-QC 9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:15 Biking the Byways [MT] 2:00 Stitch Together w/Ruth [QC] 3:30 Diane Shields: Princess Catherine [MT] 6:30 Bingo [4C] 7:30 Evening Movie (See Weekly for Title) [MT]	**18** 10:00 Bible Scripture Study [QC] 10:00 Water Aerobics w/Alice [P] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Mitzvah Art from the Heart (R) [AS] 1:00 Rummikub [WC] 2:00 Poker Party [MN] 2:00 Tech Help with Gary (R) [LI] 2:00 Town Hall Meeting [MT] 7:30 Nick Greenberg Trio Concert [MT]	**19** Thanksgiving Family Buffet 10:00 Praying the Rosary [4T] 10:30 Catholic Mass [4T] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 1:30 Ladies Tea (R) 3:30 Diane Shields: Rock out Hollywood! Julie Andrews [MT] 7:30 Classical Concert with Vince Phelan [MT]	**20** Kenwood Boutique Open 10a-12p-QC Library Book Delivery 10:30 Art Museum- Charley Harper (R) [L] 11:00 Fruit Bowl Painting [4C] 12:00 Balance with Buckeye [MT] 1:00 Rummikub [WC] 1:30 Tai Chi [MT] 2:00 Poker Party [MN] 3:00 Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:30 Happy Hour w/ Mike Pendell [WC] 7:30 New Release Movie [MT]	**21** 9:45 Shopping at Meijer(R) [L] 1:30 Open Gym [FR] 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]
22 11:00 Presbyterian Service Streamed [4T] 1:00 Rummikub [WC] 1:30 Open Gym [FR] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Bingo [4C] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]	**23** 10:00 Water Aerobics w/ Alice [P] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:00 Shopping - Oakley Kroger [L] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Poker Party [MN] 4:00 Rosary Prayer Group [MR] 7:30 Documentary [MT]	**24** Kenwood Boutique Open 10a-12p-QC 9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:15 Biking the Byways [MT] 1:30 Jewelry Making (Pearl Necklaces) [4P] 2:00 Stitch Together w/Ruth [QC] 2:30 Adventures! Tahiti [MT] 3:30 Diane Shields: CANCELLED [MT] 6:30 Bingo [4C] 7:30 Delta Kings Concert [MT]	**25** 10:00 Bible Scripture Study [QC] 10:00 Water Aerobics-Cancelled [P] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 1:00 Rummikub [WC] 2:00 Poker Party [MN] 7:30 Movie (see Weekly for titles) [MT]	**26** Happy Thanksgiving! Thanksgiving 12:30 Mahjong Group [AS] 2:00 Afternoon Movie: (title on weekly) [MT] 7:30 Movie (see Weekly for titles) [MT]	**27** Kenwood Boutique Open 10a-12p-QC 11:00 Dewey's Pizza Outing (R) [L] 11:00 Jewelry Repair [4C] 12:00 Balance with Buckeye [MT] 1:00 Rummikub [WC] 1:30 Tai Chi [MT] 2:00 Poker Party [MN] 4:00 Shabbat Service: Dara Wood [AS] 4:30 Happy Hour w/ Phil DeGreg [WC] 7:30 New Release Movie [MT]	**28** 9:45 Shopping at Dollartree (R) [L] 1:30 Open Gym [FR] 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]
29 11:00 Presbyterian Service Streamed [4T] 1:00 Rummikub [WC] 1:30 Open Gym [FR] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch [4C] 2:30 Independent Card/Board Games [AS] 7:30 Movie (see Weekly for titles) [MT]	**30** Deck the Halls! 10:00 Water Aerobics w/ Alice [P] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:00 Shopping - Blue Ash Kroger [L] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Poker Party [MN] 4:00 Rosary Prayer Group [MR] 7:30 Documentary [MT]					

Brain Power
Exercise & Movement
Expression
Inner Strength
Nourishment & Health
Socialization
Spirituality

Location Keys

AL 3 Patio Common Area	3P
AL 4 Common Area	4C
AL 4 Patio Common Area	4P
AL 4th Floor Theater	4T
Art Studio, 6th Fl	AS
Fitness Room	FR
Library, 1st Fl	LI
Marquis Theater, 1st Fl	MT
Meet in the Lobby, 1st Fl	L
Moonlight Terrace, 16th Fl	MN
Music Room, 9th Fl	MR
Pool, 1st Floor	P
Queen City Room, 7th Fl	QC
Wine Cellar, 1st Floor	WC

Always Available M-F:

The Buckeye Nurse Is In
9am-12pm, 5th Floor
Shape Master, 3 FL Gym
Sign up for programs in the lobby for items with an **(R)**!

The Senso Fitness System is always available for use in the 1st floor gym! See the front desk or Programs staff to sign up!

Rock Steady Boxing is a fitness program specifically designed for people living with Parkinson's Disease. Check out our Wed. class!