Calendar of Events — Assisted Living

November 2026

The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **All Saints Day** **Daylight Saving Time Begins** 10:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Fall Pumpkin Craft [4C] 2:30 Independent Card/Board Games [AS]	**2** 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: Edie McKee Harper-Modernist at Play [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [3P] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR]	**3** **Election Day** 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:30 Kiwi Watercolor Painting [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 3:30 Diane Shields: The Discovery of King Tut [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C]	**4** 10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Lunch Outing to Ford's Garage 4:00 Creative Canvas [4C]	**5** 10:00 Rosary Service [4T] 10:30 Mass Services [4T] 11:00 Live Music with Dick Watson [LC] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 12:45 OLLI: Albuquerque Hot Air Balloon Festival [MT] 2:00 Culinary Class: Kiwi Lime Pie Tasting [4C] 3:30 Diane Shields: Why did WWI end with an Amistice? [MT]	**6** 10:00 Kiwi Pie and Coffee Social [4C] 12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4P] 3:00 Zumba Gold [4P] 4:00 Musical Shabbat Service with JFS (R) [MT] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT]	**7** 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T]
8 11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch with Island Music [4C] 2:30 Independent Card/Board Games [AS]	**9** 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: How Electricity Changed Our Lives [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [4C] 2:00 Music with Tammy Powelle 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR]	**10** 9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:00 Kenwood Alzheimer's Support Group [MN] 1:30 Origami Heart Weaving [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 3:30 Diane Shields: Courtship of Abraham & Mary Lincoln [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C]	**11** **Veterans Day** 9:30 Veteran's Day Program [MT] 10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing (Canceled) 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Nourishing Minds w/the Rabbi [MR] 2:00 Food Committee Meeting 4:00 Creative Canvas [4C]	**12** 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Afternoon Tea [4C] 3:30 Diane Shields: Will Rogers [MT]	**13** 12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 Flower Arranging [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT]	**14** 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T]
15 11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Zumba Gold [4P] 2:30 Independent Card/Board Games [AS]	**16** 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 12:45 OLLI: SpaceX's Starship: Transport for the Moon & Mars [MT] 1:50 Afternoon Movie: Love in Tahiti (tubi) [4T] 2:00 Chair Exercise w/ Buckeye [3P] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR]	**17** 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] *1:30 Town Hall [4T]* 2:00 A Stitch in Time Group [QC] 3:30 Diane Shields: Princess Catherine [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C]	**18** 10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Mitzvah Art from the Heart (R) [AS] 4:00 Creative Canvas [4C]	**19** 10:00 Rosary Service [4T] 10:30 Mass Services [4T] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Kiwi Cake Making [4C] 3:30 Diane Shields: Rock out Hollywood! Julie Andrews [MT]	**20** **Library Book Delivery** 11:00 Fruit Bowl Painting [4C] 12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4P] 3:00 Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT]	**21** 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T]
22 11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Bingo [4C] 2:30 Independent Card/Board Games [AS]	**23** 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Mash Potato Banana Making [4C] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR]	**24** 9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:15 Biking the Byways [MT] 1:30 Jewelry Making (Pearl Necklaces) [4P] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 2:30 Adventures! Tahiti [MT] 3:30 Diane Shields: CANCELLED [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C]	**25** 10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Brunch Outing to Sleepy Bee Cafe 4:00 Creative Canvas [4C]	**26** **Happy Thanksgiving!** **Thanksgiving** 12:30 Mahjong Group [AS] 2:00 Afternoon Movie: (title on weekly) [MT] 2:00 Thanksgiving Trivia [4C]	**27** 11:00 Jewelry Repair [4C] 12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4C] 2:45 Chair Exercises [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT]	**28** 2:00 Afternoon Movie (Titles on Weekly) [MT] 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T]
29 11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch [4C] 2:30 Independent Card/Board Games [AS]	**30** **Deck the Halls!** 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:30 Tree Decorating (AL 4 FL) [4P] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [3P] 3:00 Tree Decorating (AL 3 FL) [3P] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR]					

Brain Power
Exercise & Movement
Expression
Inner Strength
Nourishment & Health
Socialization
Spirituality

Location Keys

AL 3 Patio Common Area	3P
AL 4 Common Area	4C
AL 4 Patio Common Area	4P
AL 4th Floor Theater	4T
AL Theater, 4th Fl	ALT
Art Studio, 6th Fl	AS
LTN Common Area	LC
Marquis Theater, 1st Fl	MT
Moonlight Terrace, 16th Fl	MN
Music Room, 9th Fl	MR
Queen City Room, 7th Fl	QC

The Senso Fitness System is always available for use in the 1st floor gym! See the front desk or Programs staff to sign up!

*** Programs are subject to change. Please check your weekly calendar for up to date events .**

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Sign up for Outings on AL3 at the Nurses Station.