

Calendar of Events		Assisted Living						October 2026		Senior Star at Elmore Place			
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<i>Introducing our Blue Goji Bike, where residents can enjoy a fun, interactive way to stay active, explore scenic virtual rides, and support their health and wellness at their own pace</i>		Location Keys 2nd Floor North End Lounge 2ndFlrL 2 2nd Floor Puzzle Area 3rd 3rd 3rd Floor 3rd Floor Activity Room 3N 3rd Floor Card Lounge CL 3rd Floor Exercise Area 3S 3rd Floor North 3rd N. Assisted Living Dining Room ALDR Assisted Living Family Room (2nd Floor) ALFR Assisted Living Front Porch ALFP Assisted Living Theater (1st Floor) ALTH Chapel CH Dining Room DR Front Desk FD Front Porch FP 1st Dining Room 1st DR		Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality		The ShapeMaster® Equipment Is Available for Use 24 Hours/Day, Seven Days/Week, In the Fitness Center.		ShapeMaster Room Open 1 9:45 Strength Building Class [3S] 10:30 Sittercize Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:00 Catholic Mass (IL) [ILDR] 1:30 Let's Play Euchre! [PR] 3:00 Social Happy Hour with Lime Margaritas [DR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 2 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Catholic Communion [ALFR] 10:30 Zumba (Chair Exercise) [3rd] 11:00 Lunch Outing: Los Agaves RSVP REQ'D (\$) [ML] 12:30 Trivia with Jazmine! [PR] 3:00 Play Shuffleboard with a Friend! 6:00 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 3 9:00 Read the Newspaper [ML] 10:00 Meet Friends for Coffee [PR] 1:00 Resident Led: Walking Club [ML] 3:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: Freaky Friday [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 4 8:00 Church Shuttle: List of Churches at Front Desk [ML] 12:00 Shoot Pool with a Friend! [2ndFlrL] 3:00 Shoot Pool with a Friend! [2ndFlrL] 6:00 Movie Night: Meet & Choose the Movie! [TH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 5 9:00 Target Shopping Trip (RSVP) [ML] 10:00 Therapy Dog Visit [PR] 10:30 Chair Exercise [3S] 1:00 Hand & Foot Card Club [3rd N.] 2:30 Resident Led: Dominoes with Friends! [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 6 8:30 Coffee & Conversation [PR] 9:00 Walgreens Outing (RSVP 24hrs in Advance) 9:30 Library Visit: Return your Books! 9:45 Strength Building Class [3S] 10:30 Light 'N' Lively Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 2:00 Porch Pals: Meet on the Porch & Chat [ALFP] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 7 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Balloon Volleyball with Nichol [3S] 10:00 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:30 Chair Exercise: Drums Alive! [3S] 10:45 Laughter Yoga & Guided Meditation [3S] 12:30 Play Shuffleboard with a Friend! 2:00 Bingo with Kate! [ALFR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 8 9:45 Strength Building Class [3S] 10:30 Sittercize Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 Resident Led: Let's Play Euchre! [PR] 3:00 Happy Hour with Oscar *No Bartender* [DR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 9 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Balloon Volleyball with Nichol [3S] 10:00 Catholic Communion [ALFR] 10:30 Zumba (Chair Exercise) [3rd] 2:00 Fall Festival with Live Polka Band [FP] 6:00 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 10 9:30 Boredom Buster Packet- Pick up at Front Desk! [FD] 10:00 Meet Friends for Coffee [PR] 1:00 Resident Led: Walking Club [ML] 3:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: Resident Pick! [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 11 8:00 Church Shuttle: List of Churches at Front Desk [ML] 11:00 Boredom Buster Packet- Pick up at Front Desk! 2:15 Bingo [ALFR] 3:00 Lobby Pals: Meet in the Lobby & Chat! [ML] 4:00 Shoot Pool with a Friend! 6:00 Movie Night: Meet & Choose the Movie! [TH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		Columbus Day ShapeMaster Room Open 12 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3S] 1:00 Hand & Foot Card Club [3rd N.] 2:30 Dominoes with Friends! [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 13 9:15 Food Forum: Dining Feedback Meeting [ALFR] 9:30 Coffee & Conversation [PR] 9:45 Strength Building Class [3S] 10:30 Light 'N' Lively Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 Baking Club: Carmel Apple Pretzel Bites [PR] 3:00 Blind Tong Apple Bobbing [ALFP] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 14 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:30 Chair Exercise [3S] 1:00 Learning Mahjong with Delma [PR] 2:00 Bingo! [ALFR] 3:00 Shoot Pool with a Friend! 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 15 9:45 Strength Building Class [3S] 10:30 Sittercize Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 12:30 Taste Testing Snacks Around the Globe! [PR] 1:30 Let's Play Euchre! [PR] 3:00 Happy Hour with Don Gustafson! [DR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 16 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Catholic Communion [ALFR] 10:30 Zumba (Chair Exercise) [3rd] 12:00 Outing: Stone's Apple Barn RSVP REQ'D (\$) [ML] 2:00 Monster Sundaes [PR] 3:00 Trivia in the Popcorn Room! [PR] 6:00 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 17 9:00 Read the Newspaper [ML] 10:00 Meet Friends for Coffee [PR] 1:00 Resident Led: Walking Club [ML] 3:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: Abbott & Costello Meet Frankenstein [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 18 8:00 Church Shuttle: List of Churches at Front Desk [ML] 1:00 Non-Denominational Service with Pastor Paul 2:00 Porch Pals: Meet on the Porch & Chat [ALFP] 2:15 Bingo [ALFR] 4:00 Shoot Pool with a Friend! 6:00 Movie Night: Meet & Choose the Movie! [TH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 19 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3S] 1:00 Hand & Foot Card Club [3rd N.] 2:00 Fall Pictures (Self Portrait or with a Friend) [ALFP] 3:00 Alzheimer's / Dementia Care Giver Support Group [ALFR] 3:30 Dominoes with Friends! [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 20 9:00 Walgreens Outing (RSVP 24hrs in Advance) 9:30 Coffee & Conversation [PR] 9:45 Strength Building Class [3S] 10:30 Light 'N' Lively Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 12:30 Matinee & Popcorn: One Flew Over the Cuckoo's Nest [ALTH] 1:30 Baking Club: Spider Cookies [PR] 3:00 Roll-a-Pumpkin Dice Game [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 21 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Bible Study with Pastor Paul [CH] 10:00 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:30 Chair Exercise: Drums Alive! [3S] 10:45 Laughter Yoga & Guided Meditation [3S] 12:30 Play Shuffleboard with a Friend! 1:00 Learning Mahjong with Delma [PR] 2:00 Bingo! [ALFR] 3:30 Tech Helper: Bring Tech for Help & Tips [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 22 9:45 Strength Building Class [3S] 10:30 Sittercize Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 12:30 Candy Corn Pumpkin Painting [3N] 1:30 Let's Play Euchre! [PR] 3:00 Happy Hour with Jordan Daniels! [DR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 23 10:00 Catholic Communion [ALFR] 10:30 Chair Exercise [3rd] 11:00 Lunch Outing: Texas Roadhouse RSVP REQ'D (\$) [ML] 2:00 Pumpkin Floats & Classic Tunes on the Front Porch [ALFP] 3:00 Trivia in the Popcorn Room! [PR] 6:00 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 24 9:30 Boredom Buster Packet- Pick up at Front Desk! [FD] 10:00 Meet Friends for Coffee [PR] 1:00 Resident Led: Walking Club [ML] 3:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: The Birds [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 25 8:00 Church Shuttle: List of Churches at Front Desk [ML] 11:00 Boredom Buster Packet- Pick up at Front Desk! 2:15 Bingo [ALFR] 3:00 Lobby Pals: Meet in the Lobby & Chat! [ML] 4:00 Shoot Pool with a Friend! 6:00 Movie Night: Meet & Choose the Movie! [TH] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 26 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3S] 1:00 Hand & Foot Card Club [3rd N.] 1:00 Town Hall Meeting with Annette [ALFR] 2:00 Dominoes with Friends! [PR] 3:00 Spooky Scoops on Wheels [ML] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 27 9:30 Coffee & Conversation [PR] 9:45 Strength Building Class [3S] 10:30 Light 'N' Lively Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 Baking Club: Ghost Strawberries [PR] 3:00 Nail Painting with Baylee [PR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 28 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:30 Chair Exercise [3S] 1:00 Learning Mahjong with Delma [PR] 2:00 Bingo! [ALFR] 3:00 Shoot Pool with a Friend! 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 29 9:45 Strength Building Class [3S] 10:30 Sittercize Exercise [3S] 12:00 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 Let's Play Euchre! [PR] 2:30 Halloween Redeemer Preschool Performance [ALDR] 3:00 Halloween Happy Hour with Jim Ryan [DR] 6:15 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 30 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:00 Catholic Communion [ALFR] 10:30 Zumba (Chair Exercise) [3rd] 2:00 Employee Halloween Costume Contest [ALDR] 3:00 Halloween Trivia & Guess that Sound [PR] 6:00 Trick-or-Treat Night 6:15 Card Club: Meet & Play Cards with Friends [CL] 6:30 Pajama Movie Night: Arsenic & Old Lace [ALTH]		Halloween ShapeMaster Room Open 31 9:00 Read the Newspaper [ML] 10:00 Meet Friends for Coffee [PR] 1:00 Resident Led: Walking Club [ML] 3:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: The Wizard of Oz [ALTH] 6:15 Card Club: Meet & Play Cards with Friends [CL]	