

Calendar of Events Memory Care October 2026 Senior Star at Wexford Place						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality Our Senior Star "All Aboard" Adventures 2026 takes us to our Tenth Port of Call to Bora Bora, French Polynesia. We will enjoy Coconut & Lime as our Superfoods of the Month!		🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality Laughter Yoga is an aerobic exercise helping bring more oxygen to the brain, reduce stress, and strengthens your immune system. So, it's true what they say, <u>"Laughter is the best medicine."</u>	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality Lucynt has been proven to enrich the lives of those living with Alzheimer's by appealing to natural curiosity, to calm down the overactive and even engage the distant. Make sure to check out the <u>Lucynt Table</u> in the Paprika neighborhood!	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Hockey 10:30 🍏 Infusion Bar 11:00 💜 Name that Smell 11:00 ☀ Rosary and Communion 1:30 💜 Let's Talk 2:00 🍏 Oktoberfest with AL 3:00 🍷 Bob Cohen Performs 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Let's Stretch 10:00 🏃 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Detective Search 1:30 🗣 One on One Sing a Long 2:00 🍷 Root Beer Floats social 3:00 🍷 Sam the Guitar Man 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Noodle ball 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 ☀ Communion from Platte Woods Methodist [MR] 2:00 🗣 World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🕒 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🏃 Bean Bag Toss 1:30 🍷 Expressive Arts Therapy with Julia! 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Gaden Walk 10:00 🏃 Axe throwing with Luke 10:30 🍏 Infusion Bar 11:00 🕒 Name that Bird 1:30 💜 Let's Talk 1:45 🗣 Crafty Class: Ocean Scene Cubes 3:00 🗣 Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Catch the Ball 10:00 🏃 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Detective Search 1:30 🗣 One on One Sing a Long 2:00 🏃 Drumming to Fitness 3:00 ☀ Bible Trivia/ Hymns 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Basketball 10:30 🍏 Infusion Bar 11:00 🕒 Family Feud 11:00 ☀ Rosary and Communion 1:30 🗣 Let's Talk 2:30 🍏 Let's Cook: mini key lime pies 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Let's Stretch 10:00 🏃 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Higher or Lower 1:30 🗣 One on One Sing a Long 2:30 🍷 Bingo 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🗣 World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality Indigenous People's Day 10:00 🕒 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🏃 Basket Ball 2:00 🍷 Monday Movie 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Nursery Rhymes 1:30 🗣 Let's Talk 2:00 🍏 Taste Test: Coconut Macaroons 3:00 🗣 Gary Kirkland Performs 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Catch the Ball 10:00 🏃 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Name that Animal 1:30 🗣 One on One Sing a Long 2:00 🍷 Men's Group Carwash "Studebaker" 3:00 ☀ Bible Trivia/ Hymns 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Bowling 10:30 🍏 Infusion Bar 11:00 🕒 Fruits A-Z 11:00 ☀ Rosary and Communion 1:30 🗣 Let's Talk 2:00 🗣 Crafty Class: Ocean Wreaths 3:00 🕒 Bingo with AL friends 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🕒 Let's Stretch 10:00 🏃 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Guess the word by emojis 11:00 🍏 The fun-sized friends are waiting. Come say Hi! 1:15 🏃 Wexford Campus Alzheimer's Walk 2:00 🍷 Country Pumpkin Party 3:00 🍷 Sam the Guitar Man Performs 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 1:30 🏃 Walking Club 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🗣 World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🕒 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🏃 Ball Toss 2:00 🍷 Monday Movie 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Detective Search 1:30 🗣 Let's Talk 2:00 🗣 Crafty Class: Sea Turtle Lamps 3:00 🗣 Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Catch the Ball 10:00 🏃 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Name that Noise 1:30 🗣 One on One Sing a Long 2:00 🏃 Drumming to Fitness 3:00 ☀ Bible Trivia/ Hymns 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Bag Toss 10:30 🍏 Infusion Bar 11:00 ☀ Rosary and Communion 11:00 🕒 Word Wall 1:30 🗣 Let's Talk 2:00 🗣 Time to get Spooky 3:00 🍷 Martin Thompson Performs 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Let's Stretch 10:00 🏃 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Remember When 2:00 🍏 Spooky Treats 3:00 🍷 Greg Mancuso Performs 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🍷 Halloween Spooktacular 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🗣 World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 10:00 🏃 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🏃 Bean Bag Toss 2:00 🍷 Monday Movie 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Garden Walk 10:00 🏃 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Nursery Rhymes 1:30 🗣 Let's Talk — 🍷 Polynesian Dancer 3:00 🗣 Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Catch the Ball 10:00 🏃 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Name that Bird 1:30 🗣 One on One Sing a Long 2:00 🏃 Birthday Bash 3:00 ☀ Hymn sing a long 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🍏 Garden Walk 10:00 🏃 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Higher or Lower 11:00 ☀ Rosary and Communion 1:30 🗣 Let's Talk 2:00 🗣 Painting Pumpkins: with Family and Friends 6:00 🕒 Trivia- Associate Led	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality 8:45 🏃 Let's Stretch 10:00 🏃 Pumpkin Bowling 10:30 🍏 Infusion Bar 11:00 🕒 Spooky Jokes 2:30 🍷 Monster Bash 6:00 🗣 Destination Stations	🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💜 Inner Strength 🍏 Nourishment & Health 🍷 Socialization ☀ Spirituality Halloween 10:00 🏃 Witch's Broom Ball 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led