

Calendar of Events		Independent Living					October 2026 Senior Star at Wexford Place	
Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Location Keys Arts & Crafts RoomACR Dining RoomDR Fitness RoomFR LibraryLIB Living RoomLR Meet in the Lobby to Ride the BusL-Bus PoolP Private Dining RoomPDR Stratford RoomSR		Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality	Our Senior Star "All Aboard" Adventures 2026 takes us to Bora Bora, French Polynesia our 10th Port of Call. We will enjoy Coconut & Limes our Superfoods of the Month!	Senso "Think & Move" uses interactive games to challenge both body and brain while improving balance, coordination, and reaction time.	9:30 🍃 Blood Pressure Check with Interim [LR] 1	8:30 🧘 Group Exercise Class with Deep Breathing [FR] 2	9:30 ☀ Bible Study [PDR] 3	
10:00 ☀ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 4	8:30 🧘 Group Exercise Class [FR] 5	9:30 🧘 Water Exercise with Legacy [P] 6	8:30 🧘 Group Exercise Class [FR] 7	9:30 🍃 Blood Pressure Check with Interim [LR] 8	8:00 🍷 Men's Breakfast Followed by Meeting with Mark from Legacy [DR] 9	9:30 ☀ Bible Study [PDR] 10		
11:00 🍃 Brunch	10:00 🎭 Center Stage at Wexford Theatre Group [PDR]	10:00 🎭 Program Planning Meeting [LR]	9:00 ☀ Prayer in the Chapel-Resident Led	10:00 ☀ Catholic Rosary & Communion in Chapel	8:30 🧘 Group Exercise Class with Deep Breathing [FR]	9:30 🧘 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR]		
3:00 🍷 Resident Led Storytelling [PDR]	11:15 🍃 Pizza and Trivia [LR]	10:00 🎭 Wexford Bells Group [PDR]	9:30 🍃 Shopping HY VEE, bus sign up [L-Bus]	11:30 🍃 Aging Well 6 week course-Legacy & Purpose & Graduation-Lunch & Learn-RSVP to Front Desk [LR]	8:50 🍷 Daily Affirmations [FR]	10:30 🍷 Parkville Farmer's Market-Bus Sign Up [L-Bus]		
3:25 🎭 KC Chiefs vs. Las Vegas Raiders on CBS [LR]	1:00 🍃 Hand and Foot Card Game [LR]	1:00 🍷 Ice Cream in the Soda Shop	11:00 🍃 Lunch Bunch-Cascone's Italian Restaurant-Bus Sign Up [L-Bus]	1:00 🍷 Ice Cream in the Soda Shop	9:30 🍃 Flu Shot Clinic [LR]	1:00 🍃 Hand and Foot Card Game [LR]		
6:30 🍷 Sunday Night Movie-One Fine Day-Starring Michelle Pfeiffer & George Clooney [LR]	1:00 🧘 Wii Sports Bowling [ACR]	1:00 🎭 Tropical Flower Crown Craft [ACR]	1:00 🍃 Jean-PR Call	1:00 🍷 Library Committee Book Check In Meeting [LIB]	1:00 🧘 Sequence Card Game [LR]	1:00 🍷 Ice Cream in the Soda Shop		
	2:30 🍃 Drum Fit [ACR]	2:00 🧘 Balance Class by Legacy [FR]	1:00 🎭 Just Needlin' Club-1:00pm-3:00pm [ACR]	2:00 🍷 Free Bingo with prizes sponsored by Interim Health [DR]	1:00 🧘 Shopping Outing-Dollar Tree-Bus sign up [L-Bus]	2:30 ☀ The Sabbath-Review of Parsha with Roger Oakley [PDR]		
	6:00 🍃 Sequence Card Game [LR]	2:00 🧘 Quarters Bingo-1 Hour [DR]	1:00 🍃 Parkville Library Outing-Bus Sign Up [L-Bus]	3:00 🍷 Rock Steady Boxing for Parkinson's [FR]	2:00 🍷 Happy Hour-Live Music with Sam the Guitar Man [SR]	6:30 🍷 Games Group & Social in Living Room [LR]		
			2:30 🍷 TWA Employee & Family Reunion Social [LR]	3:00 🍃 Watercolor Experience [ACR]				
			3:00 🧘 Chair Dance with Mandy [FR]					
			6:00 🍃 Games Group [LR]					
9:30 ☀ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 11	Indigenous People's Day 12		9:30 🧘 Water Exercise with Legacy [P] 13	9:30 🧘 Group Exercise Class [FR] 14	9:30 🍃 Blood Pressure Check with Interim [LR] 15	9:30 ☀ Bible Study [PDR] 17		
10:00 ☀ Church Service in Chapel with John	8:30 🧘 Group Exercise Class [FR]	10:00 🎭 Wexford Bells Group [PDR]	10:00 🍷 Ice Cream in the Soda Shop	9:00 ☀ Prayer in the Chapel-Resident Led	8:30 🧘 Group Exercise Class with Deep Breathing [FR] 16	9:30 🧘 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR]		
11:00 🍃 Brunch	10:00 ☀ Baptist Bible Study with Pastor George McDowell in Chapel	1:00 🍷 Ice Cream in the Soda Shop	2:00 🧘 Balance Class by Legacy [FR]	9:30 🍃 Shopping HY VEE, bus sign up [L-Bus]	8:50 🍷 Daily Affirmations [FR]	1:00 🍃 Hand and Foot Card Game [LR]		
3:00 🍷 Resident Led Storytelling [PDR]	10:00 🎭 Center Stage at Wexford Theatre Group [PDR]	2:00 🧘 Quarters Bingo-1 Hour [DR]	3:15 🎭 Decorate your Pumpkin! [ACR]	10:00 🍃 Intro to Senso-Think & Move Platform [FR]	10:00 🍃 Word Challenge with Coconut Bites-Superfood Snack [LR]	1:00 🍷 Ice Cream in the Soda Shop		
5:30 ☀ Hymn Sing with Linda [LR]	10:00 🍃 Food Committee [DR]			10:30 🎭 Hillcrest Shopping-50% off Day [L-Bus]	11:30 🍃 New Resident Lunch [DR]	2:30 ☀ The Sabbath-Review of Parsha with Roger Oakley [PDR]		
6:30 🍷 Sunday Night Movie-Where the Red Fern Grows-Starring James Whitmore & Beverly Garland [LR]	11:15 🍃 Pizza and Bora Bora Trivia with a speciality pizza from the region! [LR]			1:00 🍃 Just Needlin' Club-1:00pm-3:00pm [ACR]	1:00 🧘 Sequence Card Game [LR]	3:15 🎭 Fall Scenic Drive-Bus Sign Up [L-Bus]		
	1:00 🍃 Hand and Foot Card Game [LR]			1:00 🍃 TWA Museum Outing & Tour-\$10.00-RSVP & Pay at the Front DeskBus Sign Up [L-Bus]	1:00 🧘 Shopping Outing-Price Chopper-bus sign up [L-Bus]	6:30 🍷 Games Group & Social in Living Room [LR]		
	1:00 🧘 Wii Sports Bowling [ACR]			3:00 🧘 Moving with Mandy [FR]	2:00 🍷 Happy Hour with Live Music Sponsored by Interim Health [DR]			
	2:30 🍃 Drum Fit [ACR]			6:00 🍃 Games Group [LR]	3:30 🍷 Hand/Neck & Back Massage with Jodi in Soda Shop			
	6:00 🍃 Sequence Card Game [LR]							
9:30 ☀ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 18	8:30 🧘 Group Exercise Class [FR] 19	9:30 🧘 Water Exercise with Legacy [P] 20	8:30 🧘 Group Exercise Class [FR] 21	9:30 🍃 Blood Pressure Check with Interim [LR] 22	8:30 🧘 Group Exercise Class with Deep Breathing [FR] 23	9:30 ☀ Bible Study [PDR] 24		
10:00 ☀ Church Service in Chapel with John	10:00 🎭 Center Stage at Wexford Theatre Group [PDR]	10:00 🎭 Wexford Bells Group [PDR]	9:00 ☀ Prayer in the Chapel-Resident Led	10:00 ☀ Catholic Rosary & Communion in Chapel	8:50 🍷 Daily Affirmations [FR]	9:30 🧘 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR]		
11:00 🍃 Brunch	11:15 🍃 Pizza and Trivia [SR]	1:00 🍷 Ice Cream in the Soda Shop	9:30 🍃 Shopping HY VEE, bus sign up [L-Bus]	11:30 🍃 Birthday Lunch in Dining Room [DR]	10:00 🎭 Seashell Windchime Craft [ACR]	1:00 🍃 Hand and Foot Card Game [LR]		
3:00 🍷 Resident Led Storytelling [PDR]	1:00 🍃 Hand and Foot Card Game [LR]	2:00 🧘 Balance Class by Legacy [FR]	11:00 🍃 Lunch Bunch-Longhorn Steakhouse-Bus Sign Up [L-Bus]	1:00 🍷 Ice Cream in the Soda Shop	1:00 🍃 Seated Volleyball [SR]	1:00 🍷 Ice Cream in the Soda Shop		
3:25 🎭 KC Chiefs vs. LA Chargers on CBS [LR]	1:00 🧘 Wii Sports Bowling [SR]	2:00 🍃 Town Hall Meeting [SR]	1:00 🍃 Just Needlin' Club-1:00pm-3:00pm [ACR]	1:00 🍷 Library Committee Book Check In Meeting [LIB]	1:00 🧘 Sequence Card Game [LR]	2:00 🍷 Halloween Spooktacular-An Old Fashioned Trick or Treat Experience You Won't Want Your Family to Miss! [SR]		
6:30 🍷 Sunday Night Movie-The Bells of St. Mary's-Starring Bing Crosby & Ingrid Bergman [SR]	2:30 🍃 Drum Fit [SR]	3:00 🍃 Travel with Us to Bora Bora in French Polynesia [SR]	1:00 🍃 Parkville Library Outing-Bus Sign Up [L-Bus]	1:00 🧘 Rock Steady Boxing for Parkinson's [FR]	1:00 🧘 Shopping Outing to Walmart-bus sign up [L-Bus]	2:30 ☀ The Sabbath-Review of Parsha with Roger Oakley [PDR]		
	3:00 🧘 Line Dancing Class with Janiece [SR]	4:00 🍃 Polynesian Inspired Candlelight Dinner [DR]	1:30 🍷 Kauffman Gardens Outing-Bus Sign Up [L-Bus]	2:00 🍷 Free Bingo with Prizes! [SR]	2:30 🍷 Happy Hour- Live Music with Bob Cohen-Snacks sponsored by BrighstarCare! [SR]	6:30 🍷 Games Group & Social in Living Room [LR]		
	6:00 🍃 Sequence Card Game [LR]	5:15 🍃 Polynesian Inspired Candlelight Dinner [DR]	3:00 🧘 Moving with Mandy [FR]	3:00 🍃 Watercolor Experience [ACR]	6:30 🍷 Quarters Bingo [SR]			
		6:30 🍷 Quarters Bingo	6:00 🍃 Games Group [LR]	6:00 🧘 Bean Bag Baseball (Triple Header) [SR]				
9:30 ☀ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 25	8:30 🧘 Group Exercise Class [FR] 26	9:30 🧘 Water Exercise with Legacy [P] 27	8:30 🧘 Group Exercise Class [FR] 28	9:30 🍃 Blood Pressure Check with Interim [LR] 29	8:30 🧘 Polynesian Music with Group Exercise Class with Deep Breathing [FR] 30	Halloween 31		
10:00 ☀ Church Service with Charlene & Linda in Stratford Room [SR]	10:00 ☀ Baptist Bible Study with Pastor George McDowell in Chapel	10:00 🎭 Wexford Bells Group [ACR]	9:00 ☀ Prayer in the Chapel-Resident Led	10:00 ☀ Catholic Rosary & Communion in Chapel	8:50 🍷 Daily Affirmations [FR]	9:30 ☀ Bible Study [PDR]		
11:00 🍃 Brunch	10:00 🎭 Center Stage at Wexford Theatre Group [PDR]	1:00 🍷 Ice Cream in the Soda Shop	9:30 🍃 Shopping HY VEE, bus sign up [L-Bus]	1:00 🍷 Ice Cream in the Soda Shop	1:00 🧘 Sequence Card Game [LR]	9:30 🧘 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR]		
3:00 🍷 Resident Led Storytelling [PDR]	10:00 🍃 Resident Advisory Committee [SR]	1:00 🍷 New Resident Orientation [LR]	10:30 🍷 Casino Outing-Harrah's Casino-bus sign up [L-Bus]	1:00 🍃 Library Committee Book Check In Meeting [LIB]	1:00 🧘 Shopping Outing to Target-bus sign up [L-Bus]	10:30 🍷 Parkville Farmer's Market-Bus Sign Up [L-Bus]		
5:30 ☀ Hymn Sing with Linda [LR]	11:15 🍃 Pizza and Trivia [SR]	2:00 🧘 Balance Class by Legacy [FR]	1:00 🍃 Just Needlin' Club-1:00pm-3:00pm [ACR]	1:00 🧘 Rock Steady Boxing for Parkinson's [FR]	2:30 🎭 Happy Hour-Live Music with Chad & Johnny Y [SR]	1:00 🍃 Hand and Foot Card Game [LR]		
7:20 🎭 KC Chiefs vs. Seahawks on NBC [SR]	1:00 🍃 Hand and Foot Card Game [LR]	2:30 🍷 Polynesian Happy Hour along with a Dancing Performance [SR]	1:00 🎭 Seated Volleyball [SR]	2:00 🍷 Free Bingo with Prizes! [SR]	6:30 🍷 Quarters Bingo [SR]	1:00 🍃 Ice Cream in the Soda Shop		
	1:00 🧘 Wii Sports Bowling [SR]		3:00 🧘 Human Foos Ball Game [SR]	6:00 🧘 Bean Bag Baseball (Triple Header) [SR]		2:00 🍷 Saturday Afternoon Movie-Hocus Pocus-Starring Bette Midler & Sarah Jessica Parker [SR]		
	2:30 🍃 Drum Fit to Polynesian Music [SR]		3:00 🧘 Moving with Mandy [FR]			2:30 ☀ The Sabbath-Review of Parsha with Roger Oakley [PDR]		
	3:00 🧘 Line Dancing Class with Janiece [SR]		6:00 🍃 Games Group [LR]			6:30 🍷 Games Group & Social in Living Room [LR]		
	6:00 🍃 Sequence Card Game [LR]							