

Calendar of Events		Assisted Living					October 2026	
The Kenwood by Senior Star		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality Location Keys AL 3 Patio Common Area AL 4 Common Area AL 4 Patio Common Area AL 4th Floor Theater AL Theater, 4th Fl Art Studio, 6th Fl LTN Common Area Library, 1st Fl MCN Garden Area Marquis Theater, 1st Fl Moonlight Terrace, 16th Fl Music Room, 9th Fl Queen City Room, 7th Fl		3P 4C 4P 4T ALT AS LC LI MNG MT MN MR QC The Senso Fitness System is always available for use in the 1st floor gym! See the front desk or Programs staff to sign up!	* Programs are subject to change. Please check your weekly calendar for up to date events .		10:00 Rosary Service [4T] 10:30 Mass Services [4T] 11:00 Live Music with Dick Watson [LC] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Coconut Mocktail Demo [4C] 2:00 Sweets in the Sukkah w/JFS (R) 3:30 Diane Shields: Seneca Falls Convention [MT] 1	12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 Flower Arranging [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night: The Pursuit of Happyness [ALT] 2	2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie: Spy Game [4T] 3	
11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch [4P] 2:30 Independent Card/Board Games [AS] 4	Podiatrist Here 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:30 Mindfit with Emily [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Programs Meeting [4P] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR] 5	9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:30 Lime Green Jewelry Making [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 3:30 Diane Shields: George Clooney [MT] 4:15 Happy Hour [3P] 6:30 Tropical Themed Bingo [4C] 6	10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 4:00 Creative Canvas [4C] 7	11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Key lime Pie Tasting [4C] 3:30 Diane Shields: Frank Robinson [MT] 8	11:00 Jewelry Repair [4C] 12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4P] 3:00 Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] 9	2:30 Independent Card/Board Games [AS] 2:30 Peraza Studio Youth Orchestra Concert [LI] 3:00 Brain Games [ALT] 6:30 Saturday Night Movie [4T] 10		
10:30 JFS Generations Together (R) 11:00 Presbyterian Service Streamed [4T] 2:00 Bingo [4C] 2:00 Hyde Park Piano Studio Recital [MNG] 2:30 Independent Card/Board Games [AS] 11	Columbus Day 10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:30 Mindfit with Emily [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [4C] 2:00 Live Music Tammy Powell 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR] 12	9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:00 Kenwood Alzheimer's Support Group [MN] 1:30 Coconut Bowl decorating with Napkins [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 3:30 Diane Shields: U.K. Queen Bloody Mary [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C] 13	10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Lunch Outing to Izzy's 11:00 Nourishing Minds w/the Rabbi [MR] 2:00 Food Committee Meeting 4:00 Creative Canvas [4C] 14	10:00 Rosary Service [4T] 10:30 Mass Services [4T] 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 12:45 OLLI: Brent Spence Bridge Project Update [MT] 2:00 Culinary Class: Tropical Smoothie Making [4C] 3:30 Diane Shields: Court Martial of Billy Mitchell [MT] 15	12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 Chair Volley Ball [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] 16	2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T] 17		
11:00 Presbyterian Service Streamed [4T] 2:00 Bingo [4C] 2:30 Independent Card/Board Games [AS] 2:30 Piano Concert with James Loughrey [MT] 18	10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:30 Mindfit with Emily [MT] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Fall Afternoon Tea [4T] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR] 19	9:45 Seated Strength Class w/Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:30 Town Hall [4T] 2:00 A Stitch in Time Group [QC] 3:30 Diane Shields: Bishop Sheen [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C] 20	10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing for Parkinson's 11:00 Basic Fitness w/ Buckeye [4P] 11:00 Brunch Outing to Sugar and Spice 4:00 Creative Canvas [4C] 21	Library Book Delivery 11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Coconut Themed Tasing [4C] 3:30 Diane Shields Lecture: The Shakers [MT] 22	12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4P] 3:00 Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] 23	12:30 Kenwood Family Buffet 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T] 24		
11:00 Presbyterian Service Streamed [4T] 2:00 Afternoon Movie (see Weekly for titles) [MT] 2:00 Afternoon Stretch [4P] 2:30 Independent Card/Board Games [AS] 25	10:30 Morning Trivia [4C] 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:50 Afternoon Movie [4T] 2:00 Chair Exercise w/ Buckeye [3P] 2:00 Halloween Ghost Craft [4C] 2:00 Lecture w/Randy Overbeck: Five Reasons U.S. Won the Revolutionary War [MT] 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR] 26	9:45 Seated Strength Class w/ Buckeye [MT] 11:00 Great Courses-America: The Story of Us [MT] 1:30 Tropical Paper Flower Making [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 3:30 Diane Shields: St. Basil of Russia [MT] 4:15 Happy Hour [3P] 6:30 Bingo [4C] 27	10:00 Bible Scripture Study [QC] 10:15 Rock Steady Boxing: Cancelled 11:00 Basic Fitness w/ Buckeye [4P] 4:00 Creative Canvas [4C] 6:15 Community Trick or Treat [MT] 28	11:30 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class: Halloween Cookie Decorating [4C] 3:30 Diane Shields: Christopher Wren [MT] 29	12:00 Balance with Buckeye [MT] 1:30 Tai Chi [MT] 2:00 News Currents [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Halloween Themed Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] 30	Halloween 2:30 Independent Card/Board Games [AS] 3:00 Classical Music Review [ALT] 6:30 Saturday Night Movie [4T] 31		