

Calendar of Events Memory Care October 2026 Harrison on 5th by Senior Star						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
☀️ Brain Power 👉 Exercise & Movement 🎨 Expression 💜 Inner Strength 🍏 Nourishment & Health 🏠 Socialization ☀️ Spirituality Have you noticed the symbols next to each activity? They represent a different area of wellness, to ensure a very diverse and enriching calendar of programs for our residents!		Support & Education Our Family Support Group is on Tuesday, Oct. 13th at 6pm. The Alzheimer's Resource Series is on Tuesday, Oct. 27th at 6pm.	Save the Dates! Oct. 11th at 12pm - Walk to End Alzheimer's at The Lawn at CAS. Oct. 26th at 5:30pm - Fall Family Paint & Sip in our MC 2nd Pod!	9:45 ☀️ Coffee & Meditation 10:30 👉 Thursday Stretches with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🎨 Cello Performance by Mary 3:00 🎨 Fall Craft 3:00 🏠 Memory Care Open House 4:15 🕒 Discover Polynesia: Virtual Tour of Polynesia 6:00 🏠 The Tonight Show Starring Johnny Carson (YouTube)	P.S. Salon - Hair 9a - 3p 9:45 💜 Morning Motivation 10:30 👉 Cardio Drumming with Callum 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 OSU Football Picture BINGO! 2:45 🏠 Melodies with Gretchen 4:15 🕒 Would You Rather? 6:00 🏠 Friday Night Game Show: "Match Game" (Tubi)	9:45 💜 Chicken Soup for the Soul 10:30 👉 Saturday Stroll 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 2:00 👉 Balloon Baseball 3:00 🕒 Lucynt Games 3:30 OSU vs. Iowa 6:00 🏠 A Saturday Night at the Movies
9:00 ☀️ Church Streaming Service 10:30 👉 Gentle Strength & Stretch 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Wii Sports 3:00 🏠 Pamper Hour 6:00 ☀️ Sunset Devotionals	9:45 💜 Morning Motivation 10:30 👉 Walking Club 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🏠 \$ Outing: Steak 'n Shake Milkshakes 1:30 👉 Chair Volleyball 3:00 🎨 Crafting Corner: Pink Floral Arrangements 4:15 💜 Music and Memory 6:00 🎨 Movie Monday: Blithe Spirit (1945, Tubi)	P.S Salon - Hair 9a - 3p 9:45 ☀️ Coffee & Meditation 10:30 👉 Exercise Class with Elumina 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Seated Groove with Dance Unite 3:00 🍏 Taste Test Tuesday: Coconut Beverages 4:15 🕒 Who, What, When & Where? 6:00 🏠 Nighttime Gathering and Show: "Bewitched" (Tubi)	P.S Salon - Hair & Nails 9:45 💜 Morning Motivation 10:30 👉 Chair Yoga with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 💜 Nail Glam 2:45 🍏 Go Pink Happy Hour! 4:15 🕒 Categories & Connections 6:00 🏠 Wind Down Wednesday	9:45 ☀️ Coffee & Meditation 10:30 👉 Thursday Stretches with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🎨 Resident Activity Meeting 3:00 🎨 Sing-Along with Sue: British Invasion 4:15 🕒 Discover Polynesia: Fun Facts and Words from Polynesia 6:00 🏠 The Tonight Show Starring Johnny Carson (YouTube)	P.S Salon - Hair 9a - 3p 9:45 💜 Morning Motivation 10:30 👉 Cardio Drumming with Callum 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 OSU Football Picture BINGO! 2:45 🏠 Melodies with Gretchen 4:15 🕒 Would You Rather? 6:00 🏠 Friday Night Game Show: "Match Game" (Tubi)	OSU vs. Maryland 9:45 💜 Chicken Soup for the Soul 10:30 👉 Saturday Stroll 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 2:15 🎨 60's Karaoke Singalong! 3:00 🕒 Lucynt Games 6:00 🏠 A Saturday Night at the Movies
The Walk to End Alzheimer's - 12p 9:00 ☀️ Church Streaming Service 10:30 👉 Gentle Strength & Stretch 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 Fall Picture BINGO! 3:00 💜 Pamper Hour 6:00 ☀️ Sunset Devotionals	9:45 💜 Morning Motivation 10:30 👉 Walking Club 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Chair Volleyball 3:00 🎨 Crafting Corner: Autumn Tree Dot Painting 3:00 💜 Grief Support Group: Navigating Grief Throughout Our Lives [5SKY] 4:15 💜 Music and Memory 6:00 🎨 Movie Monday: Labyrinth (1986, Tubi/Youtube)	P.S Salon - Hair 9a - 3p 9:45 ☀️ Coffee & Meditation 10:30 👉 Exercise Class with Elumina 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 ☀️ Catholic Communion [1TH] 1:30 👉 Seated Groove with Dance Unite 3:00 🍏 Taste Test Tuesday: Popcorn Flavor Bar 4:15 🕒 Who, What, When & Where? 6:00 💜 HFA Memory Care Support Group 6:00 🏠 Nighttime Gathering and Show: "Bewitched" (Tubi)	P.S Salon - Hair & Nails Veteran Honor Flight 9:45 💜 Morning Motivation 10:30 👉 Chair Yoga with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 💜 Nail Glam 2:45 🏠 Happy Hour with Dwayne Haggy! 4:15 🕒 Categories & Connections 6:00 🏠 Wind Down Wednesday	9:45 ☀️ Coffee & Meditation 10:30 👉 Thursday Stretches with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🏠 Cup Pong 3:00 ☀️ Gospel Music with Joanie Jarrett 4:15 🕒 Discover Polynesia: French Polynesian Islands 6:00 🏠 The Tonight Show Starring Johnny Carson Night (YouTube)	P.S Salon - Hair 9a - 3p 9:45 💜 Morning Motivation 10:30 👉 Cardio Drumming with Callum 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 OSU Football Picture BINGO! 2:45 🏠 Melodies with Gretchen 4:15 🕒 Would You Rather? 6:00 🏠 Friday Night Game Show: "Match Game" (Tubi)	OSU vs. Indiana 9:45 💜 Chicken Soup for the Soul 10:30 👉 Saturday Stroll 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 2:00 👉 Balloon Baseball 3:00 🕒 Lucynt Games 6:00 🏠 A Saturday Night at the Movies
9:00 ☀️ Church Streaming Service 10:30 👉 Gentle Strength & Stretch 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Wii Sports 3:00 🏠 Pamper Hour 6:00 ☀️ Sunset Devotionals	9:45 💜 Morning Motivation 10:30 👉 Walking Club 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🏠 \$ Outing: Circle S Farms 1:30 👉 Chair Volleyball 3:00 🎨 Crafting Corner: Beach Luminaries 4:15 💜 Music and Memory 6:00 🎨 Movie Monday: Ghostbusters (1984, Netflix)	Dr. Rutter Podiatry 9am-11am P.S Salon - Hair 9a - 3p 9:45 ☀️ Coffee & Meditation 10:30 👉 Exercise Class with Elumina 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Seated Groove with Dance Unite 3:00 🍏 Popcorn & Refreshments 4:15 🕒 Who, What, When & Where? 6:00 🏠 Nighttime Gathering and Show: "Bewitched" (Tubi)	P.S Salon - Hair & Nails 9:45 💜 Morning Motivation 10:30 👉 Chair Yoga with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 💜 Nail Glam 2:45 🏠 Bora Bora Luau Happy Hour! 4:15 🕒 Categories & Connections 6:00 🏠 Wind Down Wednesday	10:00 ☀️ Coffee & Meditation 10:30 👉 Thursday Stretches with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 ☀️ Aromatherapy & Relaxation 3:00 🎨 Sing-Along with Sue: British Invasion 4:15 🕒 Discover Polynesia: Food & Culture 6:00 🏠 The Tonight Show Starring Johnny Carson (YouTube)	P.S Salon - Hair 9a - 3p 9:45 💜 Morning Motivation 10:30 👉 Cardio Drumming with Callum 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 OSU Football Picture BINGO! 2:45 🏠 Melodies with Gretchen 4:15 🕒 Would You Rather? 6:00 🏠 Friday Night Game Show: "Match Game" (Tubi)	9:45 💜 Chicken Soup for the Soul 10:30 👉 Saturday Stroll 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 2:15 🎨 60's Karaoke Singalong! 3:00 🕒 Lucynt Games 6:00 🏠 A Saturday Night at the Movies
9:00 ☀️ Church Streaming Service 10:30 👉 Gentle Strength & Stretch 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 Fall Picture BINGO! 3:00 💜 Pamper Hour 6:00 ☀️ Sunset Devotionals	9:45 💜 Morning Motivation 10:30 👉 HOF Volleyball Showdown 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Bowling 3:00 🎨 Crafting Corner: Yarn Pumpkins 4:15 💜 Music and Memory 5:30 🎨 Fall Family Paint & Sip 6:00 🎨 Movie Monday: The Addams Family (1991, Tubi)	P.S Salon - Hair 9a - 3p 9:45 ☀️ Coffee & Meditation 10:30 👉 Exercise Class with Elumina 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 👉 Seated Groove with Dance Unite 3:00 🍏 Taste Test Tuesday: Candy Tasting 4:15 🕒 Who, What, When & Where? 6:00 💜 ALZ Resource: Dementia Discussions [5LR] 6:00 🏠 Nighttime Gathering and Show: "Bewitched" (Tubi)	P.S Salon - Hair & Nails 9:45 💜 Morning Motivation 10:30 👉 Chair Yoga with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 💜 Nail Glam 2:45 🏠 Halloween Happy Hour! 4:15 🕒 Categories & Connections 6:00 🏠 Wind Down Wednesday	10:00 ☀️ Coffee & Meditation 10:30 👉 Thursday Stretches with Kristin 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🎨 Wooden Pumpkin Decorating 3:00 🏠 Chips & Refreshments 4:15 🕒 Discover Polynesia: Life in Bora Bora 6:00 🏠 The Tonight Show Starring Johnny Carson (YouTube)	P.S Salon - Hair 9a - 3p 10:00 ☀️ Morning Meditation 10:30 👉 Cardio Drumming with Callum 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 1:30 🕒 Halloween Picture BINGO! 2:45 🏠 Melodies with Gretchen 4:15 🕒 Would You Rather? 6:00 🏠 Friday Night Game Show: "Match Game" (Tubi)	OSU vs. USC 9:45 💜 Chicken Soup for the Soul 10:30 👉 Saturday Stroll 11:00 🕒 Daily Chronicles 11:30 🍏 Healthy Hands 2:00 👉 Balloon Baseball 3:00 🕒 Lucynt Games 6:00 🏠 A Saturday Night at the Movies