

Calendar of Events		Independent Living		October 2026		Harrison on 5th by Senior Star							
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		Power Pipes Join us every Thursday at 1pm in the Sky Lounge. This program is perfect for stroke survivors, aphasia, cognitive impairments, those with Parkinson's Disease or anyone who loves to sing!		Activities in bold require an RSVP. Independent Living residents may sign up in the binder at the 5th floor desk by the elevators.		Location Keys 1st Floor Cafe CAFE 1st Floor Theatre 1TH 2nd Floor Bistro 2BIS 2nd Floor Buckeye Pub PUB 2nd Floor Courtyard 2CY 3rd Floor Living Room 3LR 4th Floor Activity Room 4AR 4th Floor Craft Room 4CR 4th Floor Living Room 4LR 5th Floor Living Room 5LR Sky Lounge 5SKY		10:30 🏃 Fit For Life with Elumina [4LR] 1 11:30 🎨 Outing: Cultural Arts Center: The Joe Lombardo Effect 1:00 🧘 Power Pipes [5SKY] 2:00 🗺️ Programs & Events Planning Meeting [5SKY] 2:30 🎲 Poker! [5LR] 3:00 🎲 Mahjong [5SKY] 4:00 🏃 ZumbaGold! [4LR]		P.S. Salon - Hair 9a - 3p 2 9:30 🏃 Walking Club 10:00 🎨 Outing: Walgreens Pharmacy 10:30 🏃 Strength & Balance [4LR] 11:00 🎨 Shopping Trip: Whole Foods/ Shops on Lane Ave 1:30 🗺️ Social Issues Discussion Group [5SKY] 3:30 🎲 Social Hour in the Pub [PUB] 7:00 🎲 Friday Night Flicks: "Practical Magic" [1TH]		9:30 🏃 Walking Club 3 10:00 🎨 Outing: Walgreens Pharmacy 11:00 Outing: Aldi Supermarket 12:00 🎲 OSU Tailgate: [PUB] 1:00 🗺️ Chess & Checkers Club [PUB] 2:00 🎲 Family-Friendly Popcorn Matinee: "Double, Double Toil and Trouble" [1TH]	
9:00 🎨 Outing: Holy Trinity Lutheran Church 4 9:00 🎨 Outing: St. Alban's Episcopal Church Service 9:30 🏃 Walking Club 11:00 🎨 Devotionals with Don [2BIS] 1:00 🗺️ Craft Room: On Your Own [4CR] 2:30 🎲 Sunday Matinee: "Hocus Pocus" [1TH] 3:00 🗺️ Euchre [2BIS]		9:30 🏃 Walking Club 5 10:30 🏃 Badminton with Callum [4LR] 1:00 🗺️ Chess Club [PUB] 1:00 🗺️ Craft Class: Halloween Lanterns [4CR] 3:00 🗺️ Documentary: "Let It Be" 3:30 🧘 NEW: Journal Prompts: Life Reflection & Memories [5LR] 6:30 🗺️ Musical Movie Mondays: "Phantom Of The Oprea" [1TH]		P.S. Salon - Hair 9a - 3p 6 9:30 🧘 EnerChi by Silver Sneakers [4LR] 10:30 🏃 Dance for PD [4LR] 1:00 🎲 Outing: Flower Child Thrift Store 2:00 🗺️ Bridge! [5LR] 2:30 🏃 Dance for Life - Rhythm & Flow [4LR] 3:30 🍷 Taste Test Tuesday: Coconut Beverages [PUB] 7:00 🎲 Popcorn & Plot Twists: " The Midnight Hour" [1TH]		P.S. Salon - Hair & Nails 7 10:30 🏃 NEW TIME Rock Steady Boxing [4LR] 1:00 🧘 Parkinson's Connections [5SKY] 1:30 🧘 Chicken Soup for the Soul [3LR] 2:00 🎨 Bible Study w/ Don [3LR] 2:00 🎲 Rummikub [PUB] 3:00 🍷 Go Pink Signature Drinks: Pink Cocktails and Dirty Soda Bar [PUB] 3:30 🗺️ Live Music Showcase with Bob & Terri [PUB] 4:30 🍷 Happy Hour Outing		10:30 🏃 Fit For Life with Elumina [4LR] 8 11:30 🎨 Outing: Cultural Arts Center 1:00 🧘 Power Pipes [5SKY] 2:00 🍷 Food & Beverage Meeting [2BIS] 2:30 🎲 Poker! [5LR] 3:00 🗺️ Mahjong [5SKY]		Flu & COVID Vaccine Clinic 9a-1pm 9 P.S. Salon - Hair 9a - 3p 9:30 🏃 Walking Club 10:00 🎨 Outing: CVS Pharmacy 10:30 🏃 Strength & Balance [4LR] 11:00 🎨 Giant Eagle Grocery Trip 1:30 🗺️ Social Issues Discussion Group [5SKY] 3:30 🎲 Social Hour in the Pub [PUB] 7:00 🎲 Friday Night Flicks: "The Haunted Mansion" [1TH]		9:30 🏃 Walking Club 10 11:00 🗺️ Book Club: [5SKY] 11:00 🎨 Outing: Kroger Grocery 12:00 🎲 OSU Tailgate: [PUB] 1:00 🗺️ Chess & Checkers Club [PUB] 2:30 🎲 Classic Movie Matinee: "Beeltjuice" [1TH]	
9:00 🎨 Outing: Holy Trinity Lutheran Church 11 9:00 🎨 Outing: St. Alban's Episcopal Church Service 9:30 🏃 Walking Club 11:15 🎨 Fourth Avenue Christian Church Service [2BIS] 12:00 🧘 Walk to End Alzheimer's 1:00 🗺️ Craft Room: On Your Own [4CR] 2:30 🎲 Sunday Matinee: "Hocus Pocus 2" [1TH] 3:00 🗺️ Euchre [2BIS]		9:30 🏃 Walking Club 12 10:30 🏃 VolleyBall with Callum [2CY] 11:30 🗺️ Sagely Sign Ups [2BIS] 1:00 🗺️ Chess Club [PUB] 1:00 🗺️ Craft Class: Beach Luminaries [4CR] 3:00 🧘 Grief Support: Navigating Grief Throughout Our Lives [5SKY] 6:30 🎲 Movie Monday Comedies: "The Mask" [1TH]		P.S. Salon - Hair 9a - 3p 13 9:30 🧘 EnerChi by Silver Sneakers [4LR] 10:30 🏃 Dance for PD [4LR] 1:00 🎨 Outing: At Home 1:30 🎨 Catholic Communion Service [4AR] 2:00 🗺️ Bridge! [5LR] 2:30 🏃 Dance for Life - Rhythm & Flow [4LR] 3:30 🍷 Natural Nourishment [2BIS] 7:00 🎲 Popcorn & Plot Twists: "The Sixth Sense" [1TH]		P.S. Salon - Hair & Nails 14 10:30 🏃 NEW TIME Rock Steady Boxing [4LR] 1:30 🧘 Chicken Soup for the Soul [3LR] 2:00 🎨 Bible Study w/ Don [3LR] 2:00 🎲 Rummikub [PUB] 3:00 🍷 Mixology: "Lime in the Coconut" Cocktail [PUB] 3:30 🗺️ Live Music Showcase: Duane Haggy [PUB] 6:30 🎲 BINGO! [2BIS]		10:30 🏃 Fit For Life with Elumina [4LR] 15 11:30 🎨 Outing: Cultural Arts Center 1:00 🧘 Power Pipes [5SKY] 2:00 🗺️ Town Hall (Monthly) [2BIS] 2:30 🎲 Poker! [5LR] 3:00 🗺️ Documentary: "Earth Untold: Polynesia Hidden Tales from the World's Largest Ocean" [1TH] 3:00 🗺️ Mahjong [5SKY] 4:00 🏃 ZumbaGold! [4LR]		P.S. Salon - Hair 9a - 3p 16 9:30 🏃 Walking Club 10:30 🏃 Strength & Balance [4LR] 11:00 🎨 Trader Joe's Shopping Trip 1:30 🗺️ Social Issues Discussion Group [5SKY] 3:30 🎲 Social Hour in the Pub [PUB] 7:00 🎲 Friday Night Flicks: "The Shining" [1TH]		9:30 🏃 Walking Club 17 10:00 🎨 Outing: Walgreens Pharmacy 11:00 🎨 Outing: Giant Eagle Market District 12:00 🎲 OSU Tailgate: [PUB] 1:00 🗺️ Chess & Checkers Club [PUB] 2:00 🎲 Family-Friendly Popcorn Matinee: "Fall Inn Love" [1TH]	
9:00 🎨 Outing: Holy Trinity Lutheran Church 18 9:00 🎨 Outing: St. Alban's Episcopal Church Service 9:30 🏃 Walking Club 11:00 🎨 Devotionals with Don [2BIS] 1:00 🗺️ Craft Room: On Your Own [4CR] 2:30 🎲 Sunday Matinee: "Big Daddy" [1TH] 3:00 🗺️ Euchre [2BIS]		9:30 🏃 Walking Club 19 10:30 🏃 Drum Fit with Callum [4LR] 1:00 🗺️ Chess Club [PUB] 1:00 🗺️ Craft Class [4CR] 3:30 🧘 NEW: Journal Prompts: Life Reflection & Memories [5LR] 6:30 🗺️ Musical Movie Mondays: "Sweeney Todd: The Demon Barber of Fleet Street" [1TH]		P.S. Salon - Hair 9a - 3p 20 PODIATRIST MONTHLY VISIT 9:30 🧘 EnerChi by Silver Sneakers [4LR] 10:30 🏃 Dance for PD [4LR] 1:00 🗺️ Outing: Clothes Shopping 2:00 🗺️ Bridge! [5LR] 2:30 🏃 Dance for Life - Rhythm & Flow [4LR] 3:30 🍷 Mason Jar Meals with Kellie [5SKY] 6:30 🗺️ Paint & Sip with Elyse [4CR] 7:00 🎲 Popcorn & Plot Twists: "Gremlins" [1TH]		P.S. Salon - Hair & Nails 21 10:30 🏃 NEW TIME Rock Steady Boxing [4LR] 1:00 🎲 Outing: Witten Farm 1:30 🧘 Chicken Soup for the Soul [3LR] 2:00 🎨 Bible Study w/ Don [3LR] 2:00 🎲 Rummikub [PUB] 3:00 🎲 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 🗺️ NEW: Live Music Showcase [PUB]		9:30 🗺️ Columbus Metropolitan Library @ HOF [CAFE] 22 10:30 🏃 Fit For Life with Elumina [4LR] 11:30 🎨 Outing: Cultural Arts Center 1:00 🧘 Power Pipes [5SKY] 2:00 🗺️ Resident to Resident Advisory Committee Meeting [5SKY] 2:30 🎲 Poker! [5LR] 3:00 🗺️ Mahjong [5SKY]		P.S. Salon - Hair 9a - 3p 23 9:30 🏃 Walking Club 10:00 🎨 Outing: CVS Pharmacy 10:30 🏃 Strength & Balance [4LR] 11:00 🎨 Kroger Grocery Trip 1:30 🗺️ Social Issues Discussion Group [5SKY] 3:30 🎲 Social Hour in the Pub [PUB] 7:00 🎲 Friday Night Flicks: "Dracula" [1TH]		9:30 🏃 Walking Club 24 11:00 🎨 Outing: Lucky's Market 12:00 🎲 OSU Tailgate: [PUB] 1:00 🗺️ Chess & Checkers Club [PUB] 2:30 🎲 Classic Movie Matinee: "E.T." [1TH]	
9:00 🎨 Outing: Holy Trinity Lutheran Church 25 9:00 🎨 Outing: St. Alban's Episcopal Church Service 9:30 🏃 Walking Club 11:00 🎨 Devotionals with Don [2BIS] 1:00 🗺️ Craft Room: On Your Own [4CR] 1:30 🗺️ Outing: Columbus Museum of Art 2:30 🎲 Sunday Matinee: "Fireproof" [1TH] 3:00 🗺️ Euchre [2BIS]		9:30 🏃 Walking Club 26 10:30 🏃 HOF Volleyball Showdown [2BIS] 11:30 🗺️ Sagely Sign Ups [2BIS] 1:00 🗺️ Chess Club [PUB] 1:00 🗺️ Craft Class [4CR] 4:30 🧘 October Birthdays Celebration [PUB] 6:30 🎲 Movie Monday Comedies: "Snow White and The Three Stooges" [1TH]		P.S. Salon - Hair 9a - 3p 27 9:30 🧘 EnerChi by Silver Sneakers [4LR] 10:30 🏃 Dance for PD [4LR] 1:00 🎲 Outing: TJ Maxx 2:00 🗺️ Bridge! [5LR] 2:30 🏃 Dance for Life - Rhythm & Flow [4LR] 6:00 🧘 Alzheimer's Resources: Dementia Discussions [5SKY] 7:00 🎲 Popcorn & Plot Twists: "The Mummy" [1TH]		P.S. Salon - Hair & Nails 28 10:30 🏃 NEW TIME Rock Steady Boxing [4LR] 1:30 🧘 Chicken Soup for the Soul [3LR] 2:00 🎨 Bible Study w/ Don [3LR] 2:00 🎲 Rummikub [PUB] 3:00 🎲 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 🗺️ NEW: Live Music Showcase [PUB] 6:30 🎲 BINGO! [2BIS]		PODIATRIST MONTHLY VISIT 29 10:30 🏃 Fit For Life with Elumina [4LR] 11:30 🎨 Outing: Cultural Arts Center 1:00 🧘 Power Pipes [5SKY] 2:00 🎲 New Resident Coffee & Tea Social [PUB] 2:30 🎲 Poker! [5LR] 3:00 🗺️ Mahjong [5SKY] 4:00 🏃 ZumbaGold! [4LR]		P.S. Salon - Hair 9a - 3p 30 9:30 🏃 Walking Club 10:30 🏃 Strength & Balance [4LR] 11:00 🎨 Shopping Trip: Whole Foods/ Shops on Lane Ave 1:30 🗺️ Social Issues Discussion Group [5SKY] 3:30 🎲 Social Hour in the Pub [PUB] 7:00 🎲 Friday Night Flicks: "Labryinth" [1TH]		9:30 🏃 Walking Club 31 10:00 🎨 Outing: Walgreens Pharmacy 11:00 Outing: Aldi Supermarket 12:00 🎲 OSU Tailgate: [PUB] 1:00 🗺️ Chess & Checkers Club [PUB] 2:00 🎲 Family-Friendly Popcorn Matinee: "Something Wicked This Way Comes" [1TH]	