

Calendar of Events							Memory Care							October 2026 Senior Star at Elmore Place						
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality		“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison.” — Nelson Mandela		Join us for a fun interactive exercise program <u>Zumba Gold!</u> Every other Monday at 9:15 am		Be sure to check out our Lucynt Interactive Table in our Activity Room! A great tool that is available 24/7!		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 10:00 Port of Call: Bora Bora [AR] 1:30 Walking Club [ML] 2:30 Men's Club: Healthy Snacks for Fall 3:30 Skeleton Bones Tossing [AR] 6:00 Meditation with a Friend [SR] 1		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Catholic Mass [AR] 10:30 Communion [AR] 1:30 Walking Club [ML] 3:00 Happy Hour with Jim! 6:00 Color Fall Pictures with a Friend [AR] 2		8:30 Resident 1:1's 9:00 Read the Paper [LBY] 10:00 Discover Destination Stations 1:00 NoodleBall [AR] 1:00 Popcorn & Chats [AR] 3:00 Walk the Halls with a Friend 6:00 Movie Night [FR] 3								
8:30 Resident 1:1's 9:00 Morning News [FR] 10:00 Weekend BINGO [LBY] 1:00 Afternoon Matinee [FR] 3:00 Meditation In The Garden 6:00 Relax in the Snoozelon Room [SR] 4		8:30 Resident 1:1's 9:15 Drums Alive 10:00 Discussion: Do Something Nice [AR] 10:30 Therapy Dog Visit 11:15 Lunch Bunch 2:30 Walking Club [ML] 3:30 Cauldron Tossing [AR] 6:00 Reminisce with a Friend [AR] 5		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 9:45 Strength Building Class [3S] 10:00 Morning Cruise 1:30 Walking Club [ML] 2:30 Matira Beach Sensory Jars [AR] 3:30 NoodleBall [AR] 6:00 Lucynt Interactive Table 6		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:15 BINGO! [AR] 1:30 Walking Club 2:30 Baking Club 6:00 Puzzle with a Friend [AR] 7		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 10:00 Garden & Chat 1:30 Walking Club [ML] 2:30 Women's Club: Healthy Snacks for Fall [AR] 3:30 Pumpkin Tossing [AR] 6:00 Meditation with a Friend [SR] 8		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Catholic Mass [AR] 10:30 Communion [AR] 2:00 Fall Festival 3:00 Happy Hour with Glenda! 6:00 Color Pumpkin Pictures with a Friend [AR] 9		8:30 Resident 1:1's 9:00 Read the Paper [LBY] 10:00 Discover Destination Stations 1:00 NoodleBall [AR] 1:00 Popcorn & Chats [AR] 3:00 Walk the Halls with a Friend 6:00 Movie Night [FR] 10								
8:30 Resident 1:1's 9:00 Morning News [FR] 10:00 Weekend BINGO [LBY] 1:00 Afternoon Matinee [FR] 3:00 Courtyard Hangout 6:00 Relax in the Snoozelon Room [SR] 11		Columbus Day 8:30 Resident 1:1's 9:15 Zumba Gold 10:00 NoodleBall [AR] 11:15 Lunch Bunch 2:30 Walking Club [ML] 3:30 Toss N' Talk Beach Ball [AR] 6:00 Reminisce with a Friend [AR] 12		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 9:45 Strength Building Class [3S] 10:00 Morning Cruise 1:30 Walking Club [ML] 2:30 Brain Games with Jazmine [AR] 3:30 Cauldron Tossing [AR] 6:00 Lucynt Interactive Table 13		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:15 BINGO! [AR] 1:30 Walking Club 2:30 Baking Club: Homemade Key Lime Cookies 6:00 Puzzle with a Friend [AR] 14		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 10:00 Garden & Chat 1:30 Walking Club [ML] 2:30 Men's Club: Favorite Fall Foods 3:30 Skeleton Bones Tossing [AR] 6:00 Meditation with a Friend [SR] 15		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Catholic Mass [AR] 10:30 Communion [AR] 1:30 Walking Club [ML] 3:00 Happy Hour with Don! [DR] 6:00 Color Fall Leave Pictures with a Friend [AR] 16		8:30 Resident 1:1's 9:00 Read the Paper [LBY] 10:00 Discover Destination Stations 1:00 NoodleBall [AR] 1:00 Popcorn & Chats [AR] 3:00 Walk the Halls with a Friend 6:00 Movie Night [FR] 17								
8:30 Resident 1:1's 9:00 Morning News [FR] 10:00 Weekend BINGO [LBY] 1:00 Afternoon Matinee [FR] 3:00 Meditation In The Garden 6:00 Relax in the Snoozelon Room [SR] 18		8:30 Resident 1:1's 9:15 Drums Alive 10:00 Arm Chair Journey: Snorkeling in Bora Bora [AR] 11:15 Lunch Bunch 2:30 Walking Club [ML] 3:00 Alzheimer's / Dementia Care Giver Support Group [ALFR] 3:30 Cauldron Tossing [AR] 6:00 Reminisce with a Friend [AR] 19		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 9:45 Strength Building Class [3S] 10:00 Morning Cruise 1:30 Walking Club [ML] 2:30 Share a Poem with Jazmine [AR] 3:30 NoodleBall [AR] 6:00 Lucynt Interactive Table 20		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:15 Button BINGO! [AR] 1:30 Walking Club 2:30 Taste Testing: Pumpkin Cheesecake 6:00 Puzzle with a Friend [AR] 21		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 10:00 Garden & Chat 1:30 Walking Club [ML] 2:30 Women's Club: Favorite Fall Foods [AR] 3:30 Pumpkin Tossing [AR] 6:00 Meditation with a Friend [SR] 22		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Catholic Mass [AR] 10:30 Communion [AR] 1:30 Walking Club [ML] 3:00 Happy Hour with Oscar! 6:00 Color with a Friend [AR] 23		8:30 Resident 1:1's 9:00 Read the Paper [LBY] 10:00 Discover Destination Stations 1:00 NoodleBall [AR] 1:00 Popcorn & Chats [AR] 3:00 Walk the Halls with a Friend 6:00 Movie Night [FR] 24								
8:30 Resident 1:1's 9:00 Morning News [FR] 10:00 Weekend BINGO [LBY] 1:00 Afternoon Matinee [FR] 3:00 Courtyard Hangout 6:00 Relax in the Snoozelon Room [SR] 25		8:30 Resident 1:1's 9:15 Zumba Gold 10:00 NoodleBall [AR] 11:15 Lunch Bunch 2:30 Walking Club [ML] 3:00 Decorate a Pumpkin [AR] 6:00 Reminisce with a Friend [AR] 26		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 9:45 Strength Building Class [3S] 10:00 Morning Cruise 1:30 Walking Club [ML] 2:30 Storytelling with Jazmine [AR] 3:30 Cauldron Tossing [AR] 6:00 Lucynt Interactive Table 27		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 10:15 BINGO! [AR] 1:30 Walking Club 2:30 Baking Club: Decorate Halloween Cookies 6:00 Puzzle with a Friend [AR] 28		8:30 Resident 1:1's 9:15 Morning Exercising [AR] 10:00 Garden Gathering 1:30 Walking Club [ML] 2:30 Create Coconut Hand Lotion [AR] 3:30 Skeleton Bones Tossing [AR] 6:00 Meditation with a Friend [SR] 29		8:30 Resident 1:1's 9:00 Pool Class *RSVP* be in the lobby 8:45am 9:30 Catholic Mass [FR] 10:30 Communion [AR] 1:30 Walking Club [ML] 3:00 Halloween Happy Hour with Keith Soko 4:30 Family Dinner 6:00 Trick-or-Treat! [AR] 30		Halloween 8:30 Resident 1:1's 9:00 Read the Paper [LBY] 10:00 Discover Destination Stations 1:00 NoodleBall [AR] 1:00 Popcorn & Chats [AR] 3:00 Walk the Halls with a Friend 6:00 Movie Night [FR] 31								