

Calendar of Events		Memory Care					September 2026 Senior Star at Wexford Place	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
🧠 Brain Power 👣 Exercise & Movement 🗣️ Expression 💪 Inner Strength 🍏 Nourishment & Health 👥 Socialization ☀️ Spirituality	Our Senior Star "All Aboard" Adventures 2026 takes us to our Ninth Port of Call to Zanzibar, Tanzania. We will enjoy Plantains and Spinach as our Superfoods of the Month!	8:45 🚶 Garden Walk 10:00 🎱 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Tape Art 1:30 💡 Let's Talk 2:00 🍏 Taste Test: Spinach Dip 3:00 🗣️ Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	8:45 🚶 Catch the Ball 10:00 🎱 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Name that Bird 2:00 🎱 Drumming to Fitness 3:00 ☀️ Bible Trivia/ Hymns 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Basketball 10:30 🍏 Infusion Bar 11:00 🕒 Higher or Lower 11:00 ☀️ Rosary and Communion 1:30 💡 Let's Talk 2:00 💡 Let's Play in the Sand 3:00 🗣️ Prize Bingo 6:00 🕒 Trivia- Associate Led	8:45 🚶 Let's Stretch 10:00 🎱 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Word Wall 2:00 🗣️ Group Trivia 3:00 🗣️ Katie Performs 6:00 🗣️ Destination Stations	10:00 🎱 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led		
10:00 🎱 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 ☀️ Communion from Platte Woods Methodist [MR] 2:00 🗣️ World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	Labor Day 10:00 🎱 Senior Stretching with Associates 10:30 🍏 Infusion Bar 11:00 🕒 Name that Animal 2:00 🗣️ Monday Movie 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Detective Search 1:30 💡 Let's Talk 2:00 🗣️ Get Crafty: Painting Ceramic Safari Animals 3:00 🗣️ Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	8:45 🚶 Catch the Ball 10:00 🎱 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Name that Noise 2:00 🎱 Drumming to Fitness 3:00 ☀️ Bible Trivia/ Hymns 6:30 🗣️ Exotics R Us	8:45 🚶 Garden Walk 10:00 🎱 Bowling 10:30 🍏 Infusion Bar 11:00 ☀️ Rosary and Communion 1:30 💡 Let's Talk 2:00 🍏 Sampling: Plantains 3:00 🗣️ Prize Bingo with Friends 6:00 🕒 Trivia- Associate Led	8:45 🚶 Let's Stretch 10:00 🎱 Volleyball 10:30 🍏 Infusion Bar 11:00 💡 Name that Smell 2:00 🗣️ Ice Cream Social 3:00 🗣️ Sam the Guitar Man 6:00 🗣️ Destination Stations	10:00 🎱 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led		
10:00 🎱 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🗣️ World of Color - Associate Led 4:00 🗣️ Green Thumb Gardeners 6:00 🕒 Trivia- Associate Led	10:00 🎱 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🎱 Basketball 2:30 🗣️ KC Chiefs through the Decades 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 💡 Storytelling Sessions 1:30 💡 Let's Talk 2:30 🗣️ Rock and Rollin' in the 50's with Sam 6:00 🕒 Trivia- Associate Led	8:45 🚶 Catch the Ball 10:00 🗣️ Men's Group Carwash on the Patio 10:00 🎱 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 💡 Laughter Yoga 2:30 🕒 " That's the bee's knees " Bingo please 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Volleyball with AL and Employees 10:30 🍏 Infusion Bar 11:00 🕒 Remember When 11:00 ☀️ Rosary and Communion 1:30 💡 Let's Talk 6:00 🕒 Trivia- Associate Led	8:45 🚶 Let's Stretch 10:00 🎱 Basketball 10:30 🍏 Infusion Bar 11:00 🕒 Lucynt Table 2:30 🗣️ Remembering the songs of the years through Karaoke 6:00 🗣️ Destination Stations	10:00 🎱 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led		
10:00 🎱 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🗣️ World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	10:00 🎱 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🎱 Bean Bag Toss 2:00 🗣️ Monday Movie 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Wexford Bells Perform 10:30 🍏 Infusion Bar 11:00 🕒 Putting a puzzle together 1:30 💡 Let's Talk 2:00 🗣️ Crafty Class: Safari Mask 3:00 🗣️ Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led 9:30 💡 Let's Talk	8:45 🚶 Catch the Ball 10:00 🎱 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 💡 Gratitude Circle 2:00 🎱 Drumming to Fitness 3:00 ☀️ Bible Trivia/ Hymns 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Hockey 10:30 🍏 Infusion Bar 11:00 🕒 Detective Search 11:00 ☀️ Rosary and Communion 2:00 💡 Let's Talk 2:30 🗣️ Birthday Bash 6:00 🕒 Trivia- Associate Led	8:45 🚶 Let's Stretch 10:00 🎱 Volleyball 10:30 🍏 Infusion Bar 11:00 🕒 Name that Animal 2:00 🗣️ Safari Party 3:00 🗣️ Sam the Guitar Man 6:00 🗣️ Destination Stations	10:00 🎱 Balloon Badminton 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🕒 Puzzle Club: with Associate 6:00 🕒 Trivia- Associate Led		
10:00 🎱 Beach Ball Toss - Associate Led 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 11:30 🕒 Name That Tune 2:00 🗣️ World of Color - Associate Led 6:00 🕒 Trivia- Associate Led	10:00 🎱 Brainy Bunch with Legacy 10:30 🍏 Infusion Bar 11:00 🎱 Basketball 2:00 🗣️ Monday Movie 6:00 🗣️ Destination Stations	8:45 🚶 Garden Walk 10:00 🎱 Bean Bag Baseball with AL 10:30 🍏 Infusion Bar 11:00 🕒 Famous Duos 1:30 💡 Let's Talk 2:00 🗣️ Safari Scene Painting 3:00 🗣️ Seasoned Choral Group with AL 6:00 🕒 Trivia- Associate Led	8:45 🚶 Catch the Ball 10:00 🎱 Sit and Be fit 10:30 🍏 Infusion Bar 11:00 🕒 Family Feud 2:00 🎱 Drumming to Fitness 3:00 ☀️ Bible Trivia/ Hymns 6:00 🗣️ Destination Stations	<u>Laughter Yoga</u> is an aerobic exercise helping bring more oxygen to the brain, reduce stress, and strengthens your immune system. So, it's true what they say, <u>"Laughter is the best medicine."</u> <u>Lucynt</u> has been proven to enrich the lives of those living with Alzheimer's by appealing to natural curiosity, to calm down the overactive and even engage the distant. Make sure to check out the <u>Lucynt Table</u> in the Paprika neighborhood!				