

| Calendar of Events                                                                                                                                                                                                                                                                        |  |                                                                                                                                                                                                                                                                                                                                                                                            |  | Memory Care                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  |                                                                                                                                                                                                                                                                                   |  | September 2026<br>Harrison on 5th by Senior Star                                                                                                                                                                                                                                                   |  |                                                                                                                                                                                                                                                                                                       |  |                                                                                                                                                                                                                                                                                                                |  |
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| Sunday                                                                                                                                                                                                                                                                                    |  | Monday                                                                                                                                                                                                                                                                                                                                                                                     |  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  | Wednesday                                                                                                                                                                                                                                                                         |  | Thursday                                                                                                                                                                                                                                                                                           |  | Friday                                                                                                                                                                                                                                                                                                |  | Saturday                                                                                                                                                                                                                                                                                                       |  |
| <div><div> Brain Power</div><div> Exercise &amp; Movement</div><div> Expression</div><div> Inner Strength</div><div> Nourishment &amp; Health</div><div> Socialization</div><div> Spirituality</div></div>                                                                                |  | Have you noticed the symbols next to each activity? They represent a different area of wellness, to ensure a very diverse and enriching calendar of programs for our residents!                                                                                                                                                                                                            |  | <b>P.S Salon Day</b> 1 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Exercise Class with Elumina</div><div> 11:15 Daily Chronicles</div><div> 1:30 Seated Groove with Dance Unite</div><div> 3:00 Taste Test Tuesday: Garden Bruschetta</div><div> 4:15 Jeopardy Trivia Game</div><div> 6:00 Nighttime Gathering and Show: "The Doris Day Show"</div></div>                                                                                                                   |  | <b>P.S Salon Day</b> 2 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Chair Yoga with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Nail Glam</div><div> 2:45 Happy Hour!</div><div> 4:15 Finish the Lyrics!</div><div> 6:00 Wind Down Wednesday</div></div>  |  | 10:00  Courtyard Meditation 3 <div><div> 10:30 Thursday Stretches with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Cello Performance by Mary</div><div> 3:00 Chair Volleyball</div><div> 4:15 Fun Facts about Tanzania</div><div> 6:00 The Donna Reed Show</div></div>               |  | 10:00  Courtyard Meditation 4 <div><div> 10:30 Cardio Drumming with Callum</div><div> 11:15 Daily Chronicles</div><div> 1:30 Picture BINGO!</div><div> 2:45 Melodies with Gretchen</div><div> 6:00 Friday Night Game Show: "Wheel of Fortune"</div></div>                                             |  | 9:00  Chicken Soup for the Soul 5 <div><div> 10:30 Saturday Stroll</div><div> 11:15 Daily Chronicles</div><div><div>OSU vs. Ball State</div></div><div> 2:00 Balloon Baseball</div><div> 3:00 Lucynt Games</div><div> 6:00 A Saturday Night at the Movies</div></div>                                          |  |
| 9:00  Church Streaming Service 6 <div><div> 10:45 Gentle Strength &amp; Stretch</div><div> 11:15 Daily Chronicles</div><div> 1:30 Wii Sports</div><div> 3:00 Pamper Hour</div><div> 4:15 Cup Pong</div><div> 6:00 Sunset Devotionals</div></div>                                          |  | 10:00  Courtyard Meditation 7 <div><div> 10:30 Walking Club</div><div> 11:15 Daily Chronicles</div><div> 1:30 Chair Volleyball</div><div> 3:00 Crafting Corner: Safari Silhouette</div><div> 4:15 Music and Memory</div><div> 6:00 Movie Monday:</div></div>                                                                                                                               |  | <b>P.S Salon Day</b> 8 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Exercise Class with Elumina</div><div> 11:15 Daily Chronicles</div><div><div>Catholic Community [1TH]</div></div><div> 1:30 Seated Groove with Dance Unite</div><div> 3:00 Popcorn &amp; Refreshments</div><div> 4:15 Jeopardy Trivia Game</div><div> 6:00 HFA Memory Care Support Group</div><div> 6:00 Nighttime Gathering and Show: "The Doris Day Show"</div></div>                                  |  | <b>P.S Salon Day</b> 9 <div><div> 1:30 Chair Yoga with Kristin</div><div> 10:00 Courtyard Meditation</div><div> 11:15 Daily Chronicles</div><div> 1:30 Nail Glam</div><div> 2:45 Happy Hour!</div><div> 4:15 Finish the Lyrics!</div><div> 6:00 Wind Down Wednesday</div></div>   |  | 10:00  Courtyard Meditation 10 <div><div> 10:30 Thursday Stretches with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Beach Ball Banter</div><div> 3:00 Karaoke Singalong with Sue!</div><div> 4:15 Animals of Tanzania</div><div> 6:00 The Donna Reed Show</div></div>                |  | 10:00  Courtyard Meditation 11 <div><div> 10:30 Cardio Drumming with Callum</div><div> 11:15 Daily Chronicles</div><div> 1:30 Picture BINGO!</div><div> 2:45 Melodies with Gretchen</div><div> 6:00 Friday Night Game Show: "Wheel of Fortune"</div></div>                                            |  | 9:00  Chicken Soup for the Soul 12 <div><div> 9:30 Saturday Stroll</div><div> 11:15 Daily Chronicles</div><div> 1:30 Cornhole</div><div><div>60's Karaoke Singalong!</div></div><div> 3:00 Lucynt Games</div><div> 6:00 A Saturday Night at the Movies</div><div><div>OSU vs. Texas</div></div></div>          |  |
| <b>Happy Birthday, David!</b> 13 <div><div> 9:00 Church Streaming Service</div><div> 10:45 Gentle Strength &amp; Stretch</div><div> 11:15 Daily Chronicles</div><div> 1:30 Wii Sports</div><div> 3:00 Pamper Hour</div><div> 4:15 Cup Pong</div><div> 6:00 Sunset Devotionals</div></div> |  | 10:00  Courtyard Meditation 14 <div><div> 10:30 Walking Club</div><div> 11:15 Daily Chronicles</div><div> 1:30 \$ Outing: Tim Hortons</div><div> 1:30 Chair Volleyball</div><div> 3:00 Crafting Corner: Sunflower Suncatchers</div><div> 3:00 Grief Support Group: Navigating Grief Throughout Our Lives [SSKY]</div><div> 4:15 Music and Memory</div><div> 6:00 Movie Monday:</div></div> |  | <b>Dr. Rutter Podiatry 9am-3pm</b> 15 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Exercise Class with Elumina</div><div> 11:15 Daily Chronicles</div><div> 1:30 Seated Groove with Dance Unite</div><div> 3:00 Taste Test Tuesday: Buckeye Bites</div><div> 4:15 Jeopardy Trivia Game</div><div> 6:00 Nighttime Gathering and Show: "The Doris Day Show"</div></div>                                                                                                        |  | <b>P.S Salon Day</b> 16 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Chair Yoga with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Nail Glam</div><div> 2:45 Happy Hour!</div><div> 4:15 Finish the Lyrics!</div><div> 6:00 Wind Down Wednesday</div></div> |  | 10:00  Courtyard Meditation 17 <div><div> 10:30 Thursday Stretches with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Categories Game</div><div> 3:00 Gospel Music with Joanie Jarrett</div><div> 4:15 Swahili Words &amp; Meanings</div><div> 6:00 The Donna Reed Show</div></div>    |  | <b>Happy Birthday, Jackie B!</b> 18 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Cardio Drumming with Callum</div><div> 11:15 Daily Chronicles</div><div> 1:30 Picture BINGO!</div><div> 2:45 Melodies with Gretchen</div><div> 6:00 Friday Night Game Show: "Wheel of Fortune"</div></div> |  | <b>Happy Birthday, Daneen!</b> 19 <div><div> 9:00 Chicken Soup for the Soul</div><div> 9:30 Saturday Stroll</div><div> 11:15 Daily Chronicles</div><div><div>OSU vs. Kent State</div></div><div> 2:00 Balloon Baseball</div><div> 3:00 Lucynt Games</div><div> 6:00 A Saturday Night at the Movies</div></div> |  |
| 9:00  Church Streaming Service 20 <div><div> 10:45 Gentle Strength &amp; Stretch</div><div> 11:15 Daily Chronicles</div><div> 1:30 Wii Sports</div><div> 3:00 Pamper Hour</div><div> 4:15 Cup Pong</div><div> 6:00 Sunset Devotionals</div></div>                                         |  | <b>World Alzheimer's Day</b> 21 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Walking Club</div><div> 11:15 Daily Chronicles</div><div> 1:30 Chair Volleyball</div><div> 3:00 Crafting Corner: Purple Jewelry</div><div> 4:15 Music and Memory</div><div> 6:00 Movie Monday:</div></div>                                                                                          |  | <b>P.S Salon Day</b> 22 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Exercise Class with Elumina</div><div> 11:15 Daily Chronicles</div><div> 1:30 Seated Groove with Dance Unite</div><div> 2:00 Resident Activity Meeting</div><div> 3:00 Taste Test Tuesday: Plantain Chip &amp; Dip Tasting</div><div> 4:15 Jeopardy Trivia Game</div><div> 6:00 ALZ Resource: Dementia Discussions [SLR]</div><div> 6:00 Nighttime Gathering and Show: "The Doris Day Show"</div></div> |  | <b>P.S Salon Day</b> 23 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Chair Yoga with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Nail Glam</div><div> 2:45 Happy Hour!</div><div> 4:15 Finish the Lyrics!</div><div> 6:00 Wind Down Wednesday</div></div> |  | 10:00  Courtyard Meditation 24 <div><div> 10:30 Thursday Stretches with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Beach Ball Banter</div><div> 3:00 Karaoke Singalong with Sue!</div><div> 4:15 Virtual Tour of Zanzibar, Tanzania</div><div> 6:00 The Donna Reed Show</div></div> |  | <b>Happy Birthday, Agnes!</b> 25 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Cardio Drumming with Callum</div><div> 11:15 Daily Chronicles</div><div> 1:30 Picture BINGO!</div><div> 2:45 Melodies with Gretchen</div><div> 6:00 Friday Night Game Show: "Wheel of Fortune"</div></div>    |  | 9:00  Chicken Soup for the Soul 26 <div><div> 9:30 Saturday Stroll</div><div> 11:15 Daily Chronicles</div><div><div>60's Karaoke Singalong!</div></div><div> 3:00 Lucynt Games</div><div> 6:00 A Saturday Night at the Movies</div></div>                                                                      |  |
| 9:00  Church Streaming Service 27 <div><div> 10:30 Gentle Strength &amp; Stretch</div><div> 11:15 Daily Chronicles</div><div> 1:30 Wii Sports</div><div> 3:00 Pamper Hour</div><div> 4:15 Cup Pong</div><div> 6:00 Sunset Devotionals</div></div>                                         |  | 10:00  Courtyard Meditation 28 <div><div> 10:30 Walking Club</div><div> 11:15 Daily Chronicles</div><div> 1:30 \$ Outing: Lynd's Fruit Farm</div><div> 1:30 Chair Volleyball</div><div> 3:00 Crafting Corner: Fall Bookmarks</div><div> 4:15 Music and Memory</div><div> 6:00 Movie Monday:</div></div>                                                                                    |  | <b>P.S Salon Day</b> 29 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Exercise Class with Elumina</div><div> 11:15 Daily Chronicles</div><div> 1:30 Seated Groove with Dance Unite</div><div> 3:00 Taste Test Tuesday: Apple &amp; Dip Tasting</div><div> 4:15 Jeopardy Trivia Game</div><div> 6:00 Nighttime Gathering and Show: "The Doris Day Show"</div></div>                                                                                                            |  | <b>P.S Salon Day</b> 30 <div><div> 10:00 Courtyard Meditation</div><div> 10:30 Chair Yoga with Kristin</div><div> 11:15 Daily Chronicles</div><div> 1:30 Nail Glam</div><div> 2:45 Happy Hour!</div><div> 4:15 Finish the Lyrics!</div><div> 6:00 Wind Down Wednesday</div></div> |  | <b>MC Support Group</b><br>We will meet on Tuesday, Sept. 8th at 6 p.m. in the 4th floor activity room, right off the elevator. A space to connect, share, find comfort, and support one another.                                                                                                  |  | <b>Save the Date!</b><br>Join us in the MC courtyard for our <b>World Alzheimer's Day Cookout</b> on Monday, Sept. 21st at 4:30 p.m. as we honor this day! RSVP with Kristin.                                                                                                                         |  | <b>Helpful Notes:</b><br>Please ensure your loved one has appropriate clothing as cooler weather approaches. We also ask that you regularly collect their mail. Thank you!                                                                                                                                     |  |