

Calendar of Events		Independent Living				September 2026 Harrison on 5th by Senior Star	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
HARRISON ON 5TH BY SENIOR STAR Activities in bold require an RSVP. Independent Living residents may sign up in the binder at the 5th floor desk by the elevators.		P.S. Salon - Hair with Mary 1 9:30 EnerChi by Silver Sneakers [4LR] 10:30 Dance for PD [4LR] 2:00 Bridge! [5LR] 2:30 Dance for Life - Rhythm & Flow [4LR] 6:30 Painting with Elyse [4CR] 7:00 Popcorn & Plot Twists: "Last Of Shelia" [1TH]	P.S. SALON - Hair & Nails 2 10:30 Rock Steady Boxing [4LR] 1:00 Parkinson's Resources & Support [5SKY] 1:30 Chicken Soup for the Soul [3LR] 2:00 Bible Study w/ Don [3AR] 2:00 Rummikub [PUB] 3:00 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 NEW: Live Music Showcase [PUB]	10:30 Fit For Life with Elumina [4LR] 3 11:30 NEW Outing: Cultural Arts Center 1:00 Power Pipes [5SKY] 2:00 Programs & Events Planning Meeting [5SKY] 2:30 Poker! [5LR] 3:00 NEW: Mahjong [5SKY] 3:00 Zumba! [4LR] 4:00 Name That Tune [2BIS] 6:30 NEW - Villainy & Verse [5SKY]	9:30 Walking Club 4 10:00 Outing: Walgreens Pharmacy 10:30 Strength & Balance [4LR] 11:00 Shopping Trip: Whole Foods/ Shops on Lane Ave 1:30 Social Issues Discussion Group [5SKY] 3:30 NEW: Social Hour in the Pub: OSU Trivia [PUB] 7:00 Friday Night Flicks: "The Range Fued" [1TH]	9:30 Walking Club 5 12:00 OSU Tailgate: OSU v Ball State [PUB] 1:00 Chess & Checkers Club [PUB] 2:00 Family-Friendly Popcorn Matinee: "The Mighty Ducks" [1TH]	
9:30 Walking Club 6 11:00 Devotionals with Don [2BIS] 2:30 Sunday Matinee: "Hondo" [1TH] 3:00 Euchre [5LR]	9:30 Walking Club 7 10:30 Badminton with Callum [4LR] 1:00 Chess Club [PUB] 1:00 Craft Class: [4CR] 3:00 Documentary: "Let It Be" 6:30 Musical Movie Mondays: "Cabaret" [1TH]	P.S. Salon - Hair with Mary 8 9:30 EnerChi by Silver Sneakers [4LR] 10:30 Dance for PD [4LR] 1:30 Catholic Communion Service [4AR] 2:00 Bridge! [5LR] 2:30 Dance for Life - Rhythm & Flow [4LR] 3:30 Taste Test Tuesday: [PUB] 7:00 Popcorn & Plot Twists: "Uphill All The Way" [1TH]	P.S. SALON - Hair & Nails 9 10:30 Rock Steady Boxing [4LR] 1:30 Chicken Soup for the Soul [3LR] 2:00 Bible Study w/ Don [3AR] 2:00 Rummikub [PUB] 3:00 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 NEW: Live Music Showcase [PUB] 4:30 Happy Hour Outing	10:30 Fit For Life with Elumina [4LR] 10 11:30 NEW Outing: Cultural Arts Center 1:00 Power Pipes [5SKY] 2:00 Food & Beverage Meeting [2BIS] 2:00 Volleyball [2CY] 2:30 Poker! [5LR] 3:00 NEW: Mahjong [5SKY] 3:30 Hand & Foot [2BIS] 6:30 NEW - Villainy & Verse [5SKY]	9:30 Walking Club 11 10:00 Outing: CVS Pharmacy 10:30 Strength & Balance [4LR] 11:00 Giant Eagle Grocery Trip 1:30 Social Issues Discussion Group [5SKY] 3:30 Social Hour in the Pub [PUB] 7:00 Friday Night Flicks: "Rio Grande" [1TH]	9:30 Walking Club 12 11:00 Book Club: [5SKY] 12:00 OSU Tailgate: [PUB] 1:00 Chess & Checkers Club [PUB] 2:30 Classic Movie Matinee: "Thunderball" [1TH]	
9:00 Outing: Holy Trinity Lutheran Church 13 9:00 Outing: St. Alban's Episcopal Church Service 9:30 Walking Club 11:15 Fourth Avenue Christian Church Service [2BIS] 2:30 Sunday Matinee: "Batman" [1TH] 3:00 Euchre [5LR]	9:30 Walking Club 14 10:30 VolleyBall with Callum [2CY] 11:30 Sagely Sign Ups [2BIS] 1:00 Chess Club [PUB] 1:00 Craft Class: Painting on the Patio [CAFE] 3:00 Grief Support: Navigating Grief Throughout Our Lives [5SKY] 6:30 Movie Monday Comedies: "Bringing Down The House" [1TH]	P.S. Salon - Hair with Mary 15 PODIATRIST MONTHLY VISIT 9:30 EnerChi by Silver Sneakers [4LR] 10:30 Dance for PD [4LR] 2:00 Bridge! [5LR] 2:30 Dance for Life - Rhythm & Flow [4LR] 3:30 Natural Nourishment [2BIS] 6:30 Paint & Sip with Elyse [4CR] 7:00 Popcorn & Plot Twists: "Duck, You Sucker!" [1TH]	P.S. SALON - Hair & Nails 16 10:30 Rock Steady Boxing [4LR] 1:30 Chicken Soup for the Soul [3LR] 2:00 Bible Study w/ Don [3AR] 2:00 Rummikub [PUB] 3:00 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 NEW: Live Music Showcase [PUB]	10:30 Fit For Life with Elumina [4LR] 17 11:30 NEW Outing: Cultural Arts Center 1:00 Power Pipes [5SKY] 2:00 Town Hall (Monthly) [2BIS] 2:30 Poker! [5LR] 3:00 NEW: Mahjong [5SKY] 3:00 Zumba! [4LR] 4:00 September Birthdays Celebration [PUB]	9:30 Walking Club 18 10:00 Outing: Walgreens Pharmacy 10:30 Strength & Balance [4LR] 11:00 Trader Joe's Shopping Trip 1:30 New: Bingo [PUB] 1:30 Social Issues Discussion Group [5SKY] 3:30 Social Hour in the Pub [PUB] 7:00 Friday Night Flicks: "Scott Pilgrim VS. The World" [1TH]	9:30 Walking Club 19 10:00 Outing: Walgreens Pharmacy 11:00 Outing: Giant Eagle Market District 12:00 OSU Tailgate: [PUB] 1:00 Chess & Checkers Club [PUB] 2:00 Family-Friendly Popcorn Matinee: "Ghostbuster" [1TH]	
9:00 Outing: Holy Trinity Lutheran Church 20 9:00 Outing: St. Alban's Episcopal Church Service 9:30 Walking Club 11:00 Devotionals with Don [2BIS] 2:30 Sunday Matinee: "Three Men and A Baby" [1TH] 3:00 Euchre [5LR]	9:30 Walking Club 21 10:30 Drum Fit with Callum [4LR] 1:00 Chess Club [PUB] 1:00 Craft Class: Coconut Shell Art [4CR] 6:30 Musical Movie Mondays: "The Music Man" [1TH]	P.S. Salon - Hair with Mary 22 9:30 EnerChi by Silver Sneakers [4LR] 10:30 Dance for PD [4LR] 2:00 Bridge! [5LR] 2:30 Dance for Life - Rhythm & Flow [4LR] 6:00 Alzheimer's Resources: Dementia Discussions [5SKY] 7:00 Popcorn & Plot Twists: "Charade" [1TH]	P.S. SALON - Hair & Nails 23 10:30 Rock Steady Boxing [4LR] 1:30 Chicken Soup for the Soul [3LR] 2:00 Bible Study w/ Don [3AR] 2:00 Rummikub [PUB] 3:00 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 NEW: Live Music Showcase [PUB]	9:30 Columbus Metropolitan Library @ HOF [CAFE] 24 10:30 Fit For Life with Elumina [4LR] 11:30 NEW Outing: Cultural Arts Center 1:00 Power Pipes [5SKY] 2:00 New Resident Coffee & Tea Social [PUB] 2:00 Resident to Resident Advisory Committee Meeting [5SKY] 2:00 Volleyball [2CY] 2:30 Poker! [5LR] 3:00 NEW: Bingo [2BIS] 3:00 NEW: Mahjong [5SKY] 3:00 New Resident Coffee & Tea Social [PUB] 3:30 Hand & Foot [2BIS]	9:30 Walking Club 25 10:00 Outing: CVS Pharmacy 10:30 Strength & Balance [4LR] 11:00 Kroger Grocery Trip 1:30 Social Issues Discussion Group [5SKY] 3:30 Social Hour in the Pub [PUB] 7:00 Friday Night Flicks: "Around the World in 80 Days" [1TH]	9:30 Walking Club 26 11:00 Outing: Lucky's Market 12:00 OSU Tailgate: [PUB] 1:00 Chess & Checkers Club [PUB] 2:30 Classic Movie Matinee: "Look Who's Talking" [1TH]	
9:00 Outing: Holy Trinity Lutheran Church 27 9:00 Outing: St. Alban's Episcopal Church Service 9:30 Walking Club 11:00 Devotionals with Don [2BIS] 1:30 Outing: Columbus Museum of Art 2:30 Sunday Matinee: "Woodlawn" [1TH] 3:00 Euchre [5LR]	9:30 Walking Club 28 10:30 VolleyBall with Callum [2CY] 11:30 Sagely Sign Ups [2BIS] 1:00 Chess Club [PUB] 1:00 Craft Class: Fall Table Runners [4CR] 3:00 Dave Powers Summer Music Series [5SKY] 4:00 Debatable [2BIS] 6:30 Movie Monday Comedies: "Davey Crockett and the River Pirates" [1TH]	P.S. Salon - Hair with Mary 29 9:30 EnerChi by Silver Sneakers [4LR] 10:30 Dance for PD [4LR] 2:00 Bridge! [5LR] 2:30 Dance for Life - Rhythm & Flow [4LR] 7:00 Popcorn & Plot Twists: "Million Dollar Baby" [1TH]	P.S. SALON - Hair & Nails 30 10:30 Rock Steady Boxing [4LR] 1:30 Chicken Soup for the Soul [3LR] 2:00 Bible Study w/ Don [3AR] 2:00 Rummikub [PUB] 3:00 Happy Hour: Signature Cocktails & Mocktails [PUB] 3:30 NEW: Live Music Showcase [PUB]	Power Pipes Join us every Thursday at 1pm in the Skylounge. This program is perfect for those with Parkinson's Disease, stroke survivors, aphasia, cognitive impairments, or anyone who loves to sing! Location Keys 1st Floor Cafe 1st Floor Theatre 2nd Floor Bistro 2nd Floor Buckeye Pub 2nd Floor Courtyard 3rd Floor Activity Room 3rd Floor Living Room 4th Floor Activity Room 4th Floor Craft Room 4th Floor Living Room 5th Floor Living Room Sky Lounge Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality			