

Calendar of Events Memory Care September 2026 Senior Star at Elmore Place						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
🧠 Brain Power 🏃 Exercise & Movement 🗣 Expression 💪 Inner Strength 🍏 Nourishment & Health 👥 Socialization ☀ Spirituality “When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow.” — Shauna Niequist		8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 9:45 🏃 Strength Building Class [3S] 10:00 🚢 Morning Cruise 1:30 🧠 Port of Call: Zanzibar, Tanzania [AR] 3:30 🏃 Ball Toss [AR] 6:00 🧠 Lucynt Interactive Table 1	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 10:15 🧠 BINGO! 1:30 🏃 Walking Club 2:30 🍏 Baking Club 6:00 🧠 Puzzle with a Friend [AR] 2	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 10:00 🧠 Garden Gathering 1:30 🗣 Create Fall Suncatcher [AR] 3:30 🏃 Tennis Ball Toss [AR] 6:00 ☀ Meditation with a Friend [SR] 3	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 9:30 ☀ Catholic Mass [AR] 10:30 ☀ Communion [AR] 1:30 🏃 Walking Club [ML] 3:00 🚢 Happy Hour with Jim! 6:00 🗣 Color with a Friend [AR] 4	8:30 🧠 Resident 1:1's 9:00 🧠 Read the Paper [LBY] 10:00 🧠 Discover Destination Stations 1:00 🚢 Popcorn & Chats [AR] 3:00 🏃 Walk the Halls with a Friend 6:00 🚢 Movie Night [FR] 5
8:30 🧠 Resident 1:1's 9:00 🧠 Morning News [FR] 10:00 🧠 Weekend BINGO [LBY] 1:00 🚢 Afternoon Matinee [FR] 3:00 ☀ Meditation In The Garden 6:00 🧠 Relax in the Snoozelon Room [SR] 6	Labor Day 8:30 🧠 Resident 1:1's 10:00 🚢 Morning Matinee [AR] 11:15 🚢 Lunch Bunch 3:30 🏃 NoodleBall [AR] 6:00 🗣 Reminisce with a Friend [AR] 7	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 9:45 🏃 Strength Building Class [3S] 10:00 🚢 Morning Cruise 1:30 🧠 Pamper Hour [AR] 3:30 🏃 Ring Toss [AR] 6:00 🧠 Lucynt Interactive Table 8	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 10:15 🧠 African-Safari Themed Bingo [AR] 1:30 🏃 Walking Club 2:30 🍏 Baking Club 6:00 🧠 Puzzle with a Friend [AR] 9	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 10:00 🧠 Garden Gathering 1:30 🍏 Superfood Spectacular [AR] 3:30 🏃 Tennis Ball Toss [AR] 6:00 ☀ Meditation with a Friend [SR] 10	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 9:30 ☀ Catholic Mass [AR] 10:30 ☀ Communion [AR] 1:30 🏃 Walking Club [ML] 3:00 🚢 Happy Hour with Don! 6:00 🗣 Color with a Friend [AR] 11	8:30 🧠 Resident 1:1's 9:00 🧠 Read the Paper [LBY] 10:00 🧠 Discover Destination Stations 1:00 🚢 Popcorn & Chats [AR] 3:00 🏃 Walk the Halls with a Friend 6:00 🚢 Movie Night [FR] 12
8:30 🧠 Resident 1:1's 9:00 🧠 Morning News [FR] 10:00 🧠 Weekend BINGO [LBY] 11:30 🚢 Family Luncheon 3:00 🚢 Courtyard Hangout 6:00 🧠 Relax in the Snoozelon Room [SR] 13	8:30 🧠 Resident 1:1's 9:15 🏃 Zumba Gold 10:00 🧠 Brain Games with Jazmine [AR] 11:15 🚢 Lunch Bunch 2:30 🗣 Sea Shell Discovery [AR] 3:30 🏃 NoodleBall [AR] 6:00 🗣 Reminisce with a Friend [AR] 14	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 9:45 🏃 Strength Building Class [3S] 10:00 🚢 Morning Cruise 1:30 🗣 Create Fall Floral [AR] 3:30 🏃 Ball Toss [AR] 6:00 🧠 Lucynt Interactive Table 15	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 10:15 🧠 Ocean Themed Bingo! 1:30 🏃 Walking Club 2:30 🍏 Baking Club- Spinach Artichoke Dip 6:00 🧠 Puzzle with a Friend [AR] 16	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 10:00 🧠 Garden Gathering 1:30 🍏 Universal Yums [AR] 3:30 🏃 Tennis Ball Toss [AR] 6:00 ☀ Meditation with a Friend [SR] 17	8:30 🍏 Foot Clinic [AR] 8:30 🧠 Resident 1:1's 9:30 ☀ Catholic Mass [AR] 10:30 ☀ Communion [AR] 1:30 🏃 Walking Club [ML] 3:00 🚢 Happy Hour with Oscar! 6:00 🗣 Color with a Friend [AR] 18	8:30 🧠 Resident 1:1's 9:00 🧠 Read the Paper [LBY] 10:00 🧠 Discover Destination Stations 1:00 🚢 Popcorn & Chats [AR] 3:00 🏃 Walk the Halls with a Friend 6:00 🚢 Movie Night [FR] 19
8:30 🧠 Resident 1:1's 9:00 🧠 Morning News [FR] 10:00 🧠 Weekend BINGO [LBY] 1:00 🚢 Afternoon Matinee [FR] 3:00 ☀ Meditation In The Garden 6:00 🧠 Relax in the Snoozelon Room [SR] 20	8:30 🧠 Resident 1:1's 9:15 🏃 Drums Alive 10:00 🍏 Discussion: How To Stay Healthy with Seasonal Changes [AR] 11:15 🚢 Lunch Bunch 2:15 🗣 Create Holiday Jewelry [AR] 3:00 🗣 Alzheimer's / Dementia Care Giver Support Group [ALFR] 3:30 🏃 NoodleBall [AR] 6:00 🗣 Reminisce with a Friend [AR] 21	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 9:45 🏃 Strength Building Class [3S] 10:00 🚢 Morning Cruise 1:30 🧠 Beach Themed Meditation [SR] 3:30 🏃 Ring Toss [AR] 6:00 🧠 Lucynt Interactive Table 22	8:30 🧠 Resident 1:1's 10:15 🧠 Alphabet BINGO! [LBY] 1:30 🏃 Walking Club 2:30 🍏 Recipe Sharing [LBY] 6:00 🧠 Puzzle with a Friend [AR] 23	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 10:00 🧠 Courtyard Hangout 1:30 🏃 Walking Club [ML] 3:30 🏃 Tennis Ball Toss with a Partner [LBY] 6:00 ☀ Meditation with a Friend [SR] 24	8:30 🧠 Resident 1:1's 9:30 ☀ Catholic Mass [AR] 10:30 ☀ Communion [AR] 1:30 🏃 Walking Club [ML] 3:00 🚢 Happy Hour with Darlene! 6:00 🗣 Color with a Friend [AR] 25	8:30 🧠 Resident 1:1's 9:00 🧠 Read the Paper [LBY] 10:00 🧠 Discover Destination Stations 1:00 🚢 Popcorn & Chats [AR] 3:00 🏃 Walk the Halls with a Friend 6:00 🚢 Movie Night [FR] 26
8:30 🧠 Resident 1:1's 9:00 🧠 Morning News [FR] 10:00 🧠 Weekend BINGO [LBY] 1:00 🚢 Afternoon Matinee [FR] 3:00 🚢 Courtyard Hangout 6:00 🧠 Relax in the Snoozelon Room [SR] 27	8:30 🧠 Resident 1:1's 9:15 🏃 Zumba Gold 11:15 🚢 Lunch Bunch 2:30 🏃 Walking Club [ML] 3:30 🏃 NoodleBall [AR] 6:00 🗣 Reminisce with a Friend [AR] 28	8:30 🧠 Resident 1:1's 9:15 🏃 Sit N Be Fit [AR] 9:45 🏃 Strength Building Class [3S] 10:00 🚢 Morning Cruise 1:30 🏃 Walking Club [ML] 3:30 🏃 Ball Toss [AR] 6:00 🧠 Lucynt Interactive Table 29	8:30 🧠 Resident 1:1's 9:00 🏃 Pool Class *RSVP* be in the lobby 8:45am 10:15 🧠 BINGO! [AR] 1:30 🏃 Walking Club 2:30 🍏 Baking Club 6:00 🧠 Puzzle with a Friend [AR] 30	Join us for a fun interactive exercise program <u>Zumba Gold!</u> Every other Monday at 9:15 am Be sure to check out our Lucynt Interactive Table in our Activity Room! A great tool that is available 24/7! Drum away the pounds while attending <u>Drums Alive!</u> Every other Monday at 9:15 am		