

August 2026
Senior Star at Wexford Place

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd		30		31				Our Senior Star "All Aboard" Adventures 2026 takes us to Reykjavik, Iceland. We will enjoy Blueberries & Barley as our Superfoods of the Month!		Senso "Think & Move" uses interactive games to challenge both body and brain while improving balance, coordination, and reaction time.		1	
9:30 ☀️ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 10:00 ☀️ Church Service in Chapel with John 11:00 🍵 Brunch 6:30 🍷 Sunday Night Movie-Straight From the Heart-Starring Teri Polo & Andrew McCarthy [SR] 7:00 🧘 Resident Led Storytelling [LR]		8:30 🍷 Group Exercise Class [FR] 10:00 🍷 Center Stage at Wexford Theatre Group [PDR] 10:00 🍷 Resident Advisory Committee [SR] 11:15 🍷 Pizza and Trivia [SR] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Wii Sports Bowling [SR] 2:30 🍷 Drum Fit [SR] 3:00 🍷 Line Dancing Class with Janiece [SR] 6:00 🍷 Sequence Card Game [LR]		Location Keys Arts & Crafts Room ACR Dining Room DR Fitness Room FR Library LIB Living Room LR Meet in the Lobby to Ride the Bus L-Bus Pool P Private Dining Room PDR Stratford Room SR		🧠 Brain Power 🍷 Exercise & Movement 🍷 Expression 🧘 Inner Strength 🍷 Nourishment & Health 🍷 Socialization ☀️ Spirituality						9:30 ☀️ Bible Study [PDR] 9:30 🍷 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Ice Cream in the Soda Shop 2:30 ☀️ The Sabbath-Review of Parsha with Roger Oakley [PDR] 6:30 🍷 Games Group & Social in Living Room [LR]	
9:30 ☀️ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 10:00 ☀️ Baptist Church Service in Chapel with Pastor George McDowell 11:00 🍵 Brunch 5:30 ☀️ Hymn Sing with Linda [LR] 6:30 🍷 Sunday Night Movie-Rocky Balboa-Starring Sly Stallone [SR] 7:00 🧘 Resident Led Storytelling [LR]		8:30 🍷 Group Exercise Class [FR] 10:00 🍷 Center Stage at Wexford Theatre Group [PDR] 11:15 🍷 Pizza and Trivia [SR] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Wii Sports Bowling [SR] 2:30 🍷 Drum Fit [SR] 3:00 🍷 Line Dancing Class with Janiece [SR] 6:00 🍷 Sequence Card Game [LR]		Platte County Primary Elections-Bus Sign Up 9:30 🍷 Water Exercise with Legacy [P] 10:00 🍷 Program Planning Meeting [LR] 10:00 🍷 Wexford Bells Group [PDR] 1:00 🍷 Ice Cream in the Soda Shop 1:00 🧘 Vote in the Primary Election at Hills of Walden Clubhouse-Bus Sign Up [L-Bus] 2:00 🍷 Balance Class by Legacy [SR] 6:30 🍷 Quarters Bingo [SR]		8:30 🍷 Group Exercise Class [FR] 9:00 ☀️ Prayer in the Chapel-Resident Led 9:30 🍷 Shopping HY VEE, bus sign up [L-Bus] 11:00 🍷 Lunch Bunch-Al's Wings Bar & Grill in Parkville-Bus Sign Up [L-Bus] 1:00 🍷 Introduction to Senso Think & Move Platform & Shapemaster Machines [FR] 1:00 🍷 Parkville Library Outing-Bus Sign Up [L-Bus] 2:00 🍷 60's & 70's Music Trivia [SR] 3:00 🍷 Chair Dance with Mandy [FR] 6:00 🍷 Games Group [LR]		9:30 🍷 Blood Pressure Check with Interim [LR] 10:00 ☀️ Catholic Rosary & Communion in Chapel 1:00 🍷 Ice Cream in the Soda Shop 1:00 🧘 Library Committee Book Check In Meeting [LIB] 1:00 🍷 Rock Steady Boxing for Parkinson's to the sounds of Icelandic Music [FR] 2:00 🍷 Free Bingo with Prizes [SR] 3:00 🍷 Northern Lights Watercolor Craft [ACR] 6:00 🍷 Bean Bag Baseball (Triple Header) [SR]		8:30 🍷 Group Exercise Class with Deep Breathing [FR] 8:50 🧘 Daily Affirmations [FR] 10:00 🍷 Nifty Niners [LR] 11:00 🍷 Concert & Lunch at Macken Park-Penderblast Red-E-Mix-Bus Sign Up [L-Bus] 1:00 🍷 Sequence Card Game [LR] 1:00 🍷 Shopping Outing- Aldi's-bus sign up [L-Bus] 2:30 🍷 Happy Hour-Live Music Katie Hurcomb [SR] 6:30 🍷 Quarters Bingo [SR]		9:30 ☀️ Bible Study [PDR] 9:30 🍷 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR] 10:30 🍷 Parkville Farmers Market-Bus Sign Up [L-Bus] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Ice Cream in the Soda Shop 1:15 🍷 Cookie Queens Movie at AMC Barrywoods24-\$9.00-RSVP & Pay at Front Desk [L-Bus] 2:30 ☀️ The Sabbath-Review of Parsha with Roger Oakley [PDR] 6:30 🍷 Games Group & Social in Living Room [LR]	
9:30 ☀️ Church Bus Shuttle Service-Bus Sign Up [L-Bus] 10:00 ☀️ Church Service in Chapel with John 11:00 🍵 Brunch 6:30 🍷 Sunday Night Movie-Marley & Me-Starring Jennifer Aniston & Owen Wilson [SR] 7:00 🧘 Resident Led Storytelling [LR]		8:30 🍷 Group Exercise Class [FR] 10:00 ☀️ Baptist Bible Study with Pastor George McDowell in Chapel 10:00 🍷 Center Stage at Wexford Theatre Group [PDR] 10:00 🍷 Food Committee [DR] 11:15 🍷 Pizza and Icelandic Trivia & a specialty Pizza of the Region [SR] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Wii Sports Bowling [SR] 2:30 🍷 Drum Fit [SR] 3:00 🍷 Line Dancing Class with Janiece [SR] 6:00 🍷 Sequence Card Game [LR]		9:30 🍷 Water Exercise with Legacy [P] 10:00 🍷 Wexford Bells Group [PDR] 1:00 🍷 Ice Cream in the Soda Shop 2:00 🍷 Balance Class by Legacy [SR] 3:00 🍷 Special Happy Hour to Remember Elvis with Love x2 [SR] 6:30 🍷 Quarters Bingo [SR]		8:30 🍷 Group Exercise Class [FR] 9:00 ☀️ Prayer in the Chapel-Resident Led 9:30 🍷 Shopping HY VEE, bus sign up [L-Bus] 10:00 🍷 Introduction to Senso, Think & Move Platform & ShapeMaster machines [FR] 10:30 🍷 Hillcrest Shopping-50% off Day [L-Bus] 1:00 🍷 Historic Shakespeare Chateau Outing in St. Joseph, MO-Bus Sign Up [L-Bus] 3:00 🍷 Moving with Mandy [FR] 6:00 🍷 Games Group [LR] 9:30 New Event Name		9:30 🍷 Blood Pressure Check with Interim [LR] 10:00 ☀️ Catholic Rosary & Communion in Chapel 1:00 🍷 Ice Cream in the Soda Shop 1:00 🧘 Library Committee Book Check In Meeting [LIB] 1:00 🍷 Rock Steady Boxing for Parkinson's [FR] 2:00 🍷 Free Bingo with prizes sponsored by Interim Health [SR] 3:00 🍷 Watercolor Experience [ACR] 6:00 🍷 Bean Bag Baseball (Triple Header) [SR]		8:00 🍷 Men's Breakfast Followed by Meeting with Mark from Legacy [DR] 8:30 🍷 Group Exercise Class with Deep Breathing [FR] 8:50 🧘 Daily Affirmations [FR] 10:00 🍷 Word Challenge & Blueberry Muffins (Superfood) [LR] 1:00 🍷 Seated Volleyball! [SR] 1:00 🍷 Sequence Card Game [LR] 1:00 🍷 Shopping Outing-Dollar Tree-Bus sign up [L-Bus] 2:30 🍷 Happy Hour-Live Music with Jillian Riscoe [SR] 6:00 🍷 Spaghetti Bingo Alzheimer's Fundraiser-6pm-8pm [SR] 6:30 🍷 Cancelled-Quarters Bingo [SR]		9:30 ☀️ Bible Study [PDR] 9:30 🍷 Box, Balance & Breathe-45min high intensity exercise class for residents in stable physical health [FR] 1:00 🍷 Hand and Foot Card Game [LR] 1:00 🍷 Ice Cream in the Soda Shop 2:30 ☀️ The Sabbath-Review of Parsha with Roger Oakley [PDR] 6:30 🍷 Games Group & Social in Living Room [LR] 6:30 🍷 Quarters Bingo [SR]	
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