

Resident Birthdays

Walter K. 8/3
Irene G. 8/7
Charlotte J. 8/25

Welcome to Senior Star! Meet our newest Residents:

Joann H. Apt. 221

Our Mission
Unite & Serve
Our Vision
A World of Difference Makers
Our Promise
Do for Each Other with Love.



Annette Martinez, Executive Director

Message from the Executive Director

As we get closer to the end of summer, I would like to take the time to personally invite you to join our team for the Walk to End Alzheimer's.

This year the Quad Cities Walk to End Alzheimer's will be held on *Saturday, September 19th 2026* at the Vibrant Arena at the Mark in Moline, IL.

Throughout the year Senior Star at Elmore Place has been participating in numerous fundraising efforts to enable us to reach our goal of raising \$25,000. From numerous raffles, to paint nights, to our most popular event, Comedy for a Cause Night, our community has continued to show up to support and fight back against Alzheimer's disease.

It is through the support of our friends, families, and community that we are able to be so successful in our mission and fundraising.

If you are interested in taking it a step further by sponsoring a table or providing a raffle item at our Comedy for a Cause event or joining our team and walking with us to show your support of all that are affected by Alzheimer's, please contact myself or one of our Front Desk Associates.

Stay Well,
Annette Martinez

August 2026

Senior Star at Elmore Place Newsletter & Calendar of Events



Sweet Summer Time!

Staff Directory

Annette Martinez	Executive Director
Amanda Buchholz	Asst. Executive Director
Teri Brammann	Business Manager
Haley Flenker	Community Relations
Kate Slocum	Program Coordinator
Dan Verbeke	Environmental Service Dir..
Nichol Roberts	Health & Wellness Coord.



Elmore Place - Independent Living
4502 Elmore Ave. | Davenport, IA 52807
563-359-0100 | seniorstar.com/elmoreplace

Summer has certainly kept us busy here at Senior Star at Elmore Place, and we're not quite ready for it to end! As we head into August, we're looking forward to making the most of these sunny days with laughter, friendship, and a few of our favorite summer traditions. On **Wednesday, August 5 at 10:00 a.m.**, we'll be bringing back one of our most anticipated events of the year—our **Annual Slip N' Slide Community Event** on the Assisted Living front lawn! We will have water guns, baby pools to dip your toes, music, refreshments and the thrill of taking a ride down our slip n' slide! This event is always filled with so much laughter and we cannot wait to share it with you! Later in the month, on **Thursday, August 20 at 12:00 p.m.**, we'll take a trip down memory lane as we celebrate one of the Quad Cities' greatest hometown treasures—the **Quad Cities River Bandits**. Together we'll explore the team's history and learn about the rich history of their beautiful ballpark. Whether you're a lifelong baseball fan or just enjoy discovering more about our local community, we hope you'll come join the conversation.

We look forward to seeing you at our upcoming programs & sharing another month of fun together!

August 2026
Senior Star at Elmore Place

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd													
30		31		Location Keys		Brain Power		Rock Steady Boxing		Dividat Senso is a cognitive-		1	
8:00a ☀ Church Transportation [ML]		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:00 🍋 Target Trip (RSVP 24 hours in Advance) [ML] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:30 🍋 Cooking with Kate: Cowboy Salsa & Chips [ILDR]		2nd Floor Card Room CR 2nd Floor Table by Rm 210 2nd Floor Assisted Living Family Room (2nd Floor) ALFR Bar/Lounge B/L Fitness Room FR 2nd IL Dining Room ILDR Meet in Lobby ML Multipurpose Room (2nd Floor) MR Pool P Pool Table PT Puzzle Lounge (By Rm 115) PL		🍷 Exercise & Movement 🍋 Expression 🍋 Inner Strength 🍋 Nourishment & Health 🍷 Socialization ☀ Spirituality		A Parkinson's Specific Exercise class now offered on Tuesday's & Thursday's from 12pm- 1pm in Assisted Living (3rd Floor) Give Parkinson's Disease a good PUNCH and have fun while doing it!		motor training program that is suitable for everyone who wants to strengthen physical-cognitive interplay! It is used for prevention, as well as in therapy & rehabilitation! Sign up today & find the joy in play, with benefits for your whole body!		10:00 🍷 Resident Led Balloon Volleyball [MR] 11:00 🍷 Walking Club [ML] 12:30 🍷 Cruising the QCA Bus Ride - RSVP at the desk! [ML] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:30 🍷 Coffee & Conversation [B/L] 6:00 🍷 Movie Night: Rudy (Netflix) [B/L]	
2		3		4		5		6		7		8	
8:00a ☀ Church Transportation [ML] 10:30 🍋 Color Me Calm [B/L] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:00 🍋 Jigsaw Puzzles [PL] 3:15 🍷 Walk with a Neighbor! [ML]		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:00 🍋 Target Trip (RSVP 24 hours in Advance) [ML] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:00 🍋 Therapy Dog Visit [B/L] 11:30 🍋 Cooking with Kate: Chocolate Zucchini Muffins [ILDR] 1:15 🍷 Advanced Tai Chi with Nichol [MR] 1:45 Beginner Tai Chi [MR] 2:30 🍋 Nordic Cafe Social Hour & Games [B/L]		8:30 🍋 Word Search, Sudoku, & Crosswords Puzzles [B/L] 9:00 🍷 Drums Alive [MR] 9:30 🍋 Visit from the Library [B/L] 9:45 🍷 Light & Lively [MR] 10:30 ☀ Rosary [MR] 11:00 🍷 Open Swim w/ a Buddy [P] 12:00 🍋 25 Cent Double Card Bingo! [ILDR] 1:00 🍋 Food Forum - Dining Room Feedback Meeting [ILDR] 2:00 🍷 Balance Improv. Class [MR] 2:30 🍷 Beginner Line Dancing with Kate [MR] 6:00 🍋 Game Night!		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 8:30 🍋 Wordscapes & Coffee with Kate [B/L] 9:45 🍷 Resident Led Balloon Volleyball [MR] 10:00 🍷 Annual Senior Star Slip-N-Slide! 10:00 🍋 Hy-Vee Outing (RSVP 24 hours in Advance) [ML] 10:45 ☀ Bible Study with Paul [ILDR] 12:30 🍋 Jeopardy [B/L] 1:00 Let's Play Cards: Poker for Beginners 2:00 🍋 Mobility & Motion - Stretching Class [ILDR] 2:30 🍋 'Not your typical' Current Events with Kate [B/L]		8:30 🍋 Morning Brain Games with Kate [B/L] 9:45 🍷 Small Ball Exercises [MR] 11:00 ☀ Devotionals - 'It's a God Thing' [B/L] 11:00 🍷 Open Swim w/ a Buddy [P] 1:00 ☀ Catholic Mass (IL) [ILDR] 2:00 🍷 25 Cent Bingo [ILDR] 3:00 🍋 Hand Craft Group (Quilting, Crocheting, Knitting, etc.) [2nd Floor] 6:00 🍷 Game Night!		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:00 🍋 Brain & Body Boost *NEW CLASS* [MR] 11:15 🍷 Lunch Outing: Pizza Ranch (RSVP Req'd) [ML] 12:00 🍋 Let's play Cards: Euchre for Beginners [CR] 2:00 🍷 Happy Hour with Entertainment by Don Gustofsen [ML] 6:00 🍋 Kings in the Corner Card Game (Beginner Cards)		10:00 🍷 Resident Led Balloon Volleyball [MR] 11:00 🍷 Walking Club [ML] 12:30 🍷 Cruising the QCA Bus Ride - RSVP at the desk! [ML] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:30 🍷 Coffee & Conversation [B/L] 6:00 🍷 Movie Night: 80 for Brady (Netflix) [B/L]	
9		10		11		12		13		14		15	
8:00a ☀ Church Transportation [ML] 10:30 🍋 Color Me Calm [B/L] 1:00 ☀ Non-Denominational Church Service with Pastor Paul - IL [MR] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:00 🍋 Jigsaw Puzzles [PL] 3:15 🍷 Walk with a Neighbor! [ML]		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/ Buddy) [P] 9:00 🍋 Target Trip (RSVP 24 hours in Advance) [ML] 9:45 🍷 Resident Led Sit & Be Fit [MR] 1:15 🍷 Advanced Tai Chi with Nichol [MR] 1:45 🍷 Beginner Tai Chi [MR] 2:30 🍋 Monday Social Hour & Games: Arnold Palmers [B/L]		9:00 🍷 Drums Alive [MR] 9:45 🍷 Light & Lively [MR] 10:30 ☀ Rosary [MR] 11:00 🍷 Open Swim w/ a Buddy [P] 11:00 🍋 Walgreen's Outing (RSVP 24hrs in Advance) [ML] 11:30 🍋 Cooking with Kate: Pepperoni & Sausage Pizza Rollups [ILDR] 1:00 🍋 Crafty Creations: Lighthouses & Q-tip Paintings [MR] 2:00 🍷 Balance Improv. Class [MR] 2:30 🍋 'Not your typical' Current Events with Kate [B/L] 6:00 🍋 Game Night!		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:45 RL Exercises + Balloon Volleyball [MR] 10:00 🍋 Hy-Vee Outing (RSVP 24 hours in Advance) [ML] 11:00 🍷 Mobility & Motion - Stretching Class [ILDR] 12:00 🍷 Movie Matinee + Popcorn: Instant Family (Prime) [B/L] 1:00 🍋 Let's Play Cards: Poker for Beginners 2:00 🍋 Food Demo with F&B Team [ILDR] 3:00 🍋 Resident Led Games: Rack-O [B/L]		8:30 🍋 Morning Brain Games with Kate [B/L] 9:45 🍷 Small Ball Exercises [MR] 11:00 🍷 Open Swim w/ a Buddy [P] 11:30 🍷 25 Cent Bingo [ILDR] 1:15 🍋 Happy Hour with Entertainment by Ron Lubbers [ILDR] 2:30 🍋 Wordscapes with Kate [B/L] 3:00 🍋 Hand Craft Group (Quilting, Crocheting, Knitting, etc.) [2nd Floor] 6:00 🍷 Game Night!		8:00 Resident Led Pool Class 8:30 🍷 Open Swim (w/Buddy) [P] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 10:30 🍋 Dividat Senso Demonstration [FR 2nd] 12:00 🍋 Let's play Cards: Euchre for Beginners [CR] 12:00 🍋 Picnic on the Patio - Lunch Pick-up : Panera (Order with Kate) [B/L] 2:00 🍷 Happy Hour & Yard Games [ML] 6:00 🍋 Kings in the Corner Card Game (Beginner Cards)		10:00 🍷 Resident Led Balloon Volleyball [MR] 11:00 🍷 Walking Club [ML] 12:30 🍷 Cruising the QCA Bus Ride - RSVP at the desk! [ML] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:30 🍷 Coffee & Conversation [B/L] 6:00 🍷 Movie Night: A League of their Own (Netflix) [B/L]	
16		17		18		19		20		21		22	
8:00a ☀ Church Transportation [ML] 10:30 🍋 Color Me Calm [B/L] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:00 🍋 Jigsaw Puzzles [PL] 3:15 🍷 Walk with a Neighbor! [ML]		8:00 Resident Led Pool Class 8:30 🍷 Open Swim (w/Buddy) [P] 9:00 🍋 Target Trip (RSVP 24 hours in Advance) [ML] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:30 🍋 Cooking with Kate: Cucumber & Dill Pinwheels [ILDR] 12:45 Icelandic & Viking History Travelogue [B/L] 2:30 🍋 Monday Social Hour & Games: Blackberry Bourbon Smash [B/L] 3:00 🍋 Alzheimer's / Dementia Support Group [ALFR]		8:30 🍋 Word Search, Sudoku, & Crosswords Puzzles [B/L] 9:45 🍷 Light & Lively [MR] 10:30 ☀ Rosary [MR] 11:00 🍷 Open Swim w/ a Buddy [P] 12:00 🍋 25 Cent Double Card Bingo! [ILDR] 1:00 🍋 Wordscapes with Kate [B/L] 1:45 🍋 Program Suggestions & Ambassador Meeting - All are Welcome! [B/L] 2:30 🍷 Beginner Line Dancing with Kate [MR] 6:00 🍋 Game Night!		8:00 Resident Led Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 8:30 🍋 Wordscapes & Coffee with Kate [B/L] 9:45 🍷 Exercises + Balloon Volleyball [MR] 10:00 🍋 Hy-Vee Outing (RSVP 24 hours in Advance) [ML] 10:45 ☀ Bible Study with Paul [ILDR] 12:30 🍋 Jeopardy [B/L] 1:00 🍋 Let's Play Cards: Poker for Beginners 2:30 🍋 'Not your typical' Current Events with Kate [B/L]		8:30 🍋 Morning Brain Games with Kate [B/L] 9:00 🍋 Wright Foot Left - Foot Clinic (RSVP Req'd) [FR 2nd] 9:45 🍷 Small Ball Exercises [MR] 11:00 ☀ Devotionals - 'It's a God Thing' [B/L] 11:00 🍷 Open Swim w/ a Buddy [P] 12:00 🍋 Quad Cities River Bandits Presentation [ILDR] 2:00 🍷 25 Cent Bingo [ILDR] 3:00 🍋 Hand Craft Group (Quilting, Crocheting, Knitting, etc.) [2nd Floor] 6:00 🍷 Game Night!		8:00 Resident Led Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 10:30 🍋 Dividat Senso Demonstration [FR 2nd] 11:30 🍋 Universal Yum Box: India [B/L] 12:00 🍋 Let's play Cards: Euchre for Beginners [CR] 2:00 🍷 Birthday Party + Happy Hour with Entertainment by Jordan Danielsen [ML] 6:00 🍋 Kings in the Corner Card Game (Beginner Cards)		10:00 Resident Led Balloon Volleyball [MR] 11:00 🍷 Walking Club [ML] 12:30 🍷 Cruising the QCA Bus Ride - RSVP at the desk! [ML] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:30 🍷 Coffee & Conversation [B/L] 6:00 🍷 Movie Night: The Devil Wears Prada (Disney) [B/L]	
23		24		25		26		27		28		29	
8:00a ☀ Church Transportation [ML] 10:30 🍋 Color Me Calm [B/L] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:00 🍋 Jigsaw Puzzles [PL] 3:15 🍷 Walk with a Neighbor! [ML]		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:00 🍋 Target Trip (RSVP 24 hours in Advance) [ML] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:30 🍋 Cooking with Kate: Blueberry Streusel Muffins [ILDR] 1:15 🍷 Advanced Tai Chi with Nichol [MR] 1:45 Beginner Tai Chi [MR] 2:30 🍋 Monday Social Hour & Games: Watermelon Mint Summer Spritzer [B/L]		8:00 🍋 Chinese Checkers & Memory Game [B/L] 9:00 🍷 Drums Alive [MR] 9:45 🍷 Light & Lively [MR] 10:30 ☀ Rosary [MR] 11:00 🍷 Open Swim w/ a Buddy [P] 11:00 🍋 Walgreen's Outing (RSVP 24hrs in Advance) [ML] 12:30 🍋 Crafty Creations: Book Marks [MR] 2:00 🍷 Balance Improv. Class [MR] 2:30 🍷 Beginner Line Dancing with Kate [MR] 6:00 🍋 Game Night!		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 8:30 🍋 Wordscapes & Coffee with Kate [B/L] 9:45 🍷 Exercises + Balloon Volleyball [MR] 10:00 🍋 Hy-Vee Outing (RSVP 24 hours in Advance) [ML] 12:30 🍋 Jeopardy [B/L] 1:00 🍋 Let's Play Cards: Poker for Beginners 2:00 🍷 Mobility & Motion - Stretching Class [ILDR] 2:30 🍋 Book Club Book Discussion: 'When the stars go dark' [B/L]		8:30 🍋 Morning Brain Games with Kate [B/L] 9:45 🍷 Small Ball Exercises [MR] 11:00 ☀ Devotionals - 'It's a God Thing' [B/L] 11:00 🍷 Open Swim w/ a Buddy [P] 12:00 🍋 Icelandic Spa & Relaxation Hour [B/L] 2:00 🍷 25 Cent Bingo [ILDR] 3:00 🍋 Hand Craft Group (Quilting, Crocheting, Knitting, etc.) [2nd Floor] 6:00 🍷 Game Night!		8:00 🍷 Pool Class [P] 8:30 🍷 Open Swim (w/Buddy) [P] 9:45 🍷 Sit & Be Fit [MR] 10:15 🍋 Mindful Meditation [MR] 11:00 🍋 Brain & Body Boost *NEW CLASS* [MR] 11:15 🍷 Outing: Celebration Belle Narrated Lunch River Cruise (RSVP Req'd) [ML] 12:00 🍋 Let's play Cards: Euchre for Beginners [CR] 2:00 🍷 Happy Hour [ML] 6:00 🍋 Kings in the Corner Card Game (Beginner Cards)		10:00 Resident Led Balloon Volleyball [MR] 11:00 🍷 Walking Club [ML] 12:30 🍷 Cruising the QCA Bus Ride - RSVP at the desk! [ML] 1:00 🍋 Resident Led Card Games [CR] 2:00 🍷 Shoot Pool with a Neighbor! [PT] 3:30 🍷 Coffee & Conversation [B/L] 6:00 🍷 Movie Night: Big (Disney) [B/L]	
Continued at top													