

Calendar of Events

Assisted Living

August 2026
Senior Star at Wexford Place

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd													
30		31		Rock Steady Boxing is a supportive non-contact exercise program helping those with Parkinson's build strength, balance, coordination, and confidence.		Location Keys Arts & Crafts Room ACR Beauty Salon BS Cafe C Dining Room DR Fitness Room FR Library LIB Media Room MR Patio PT Private Dining Room PDR		Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality		Our Senior Star "All Aboard" Adventures 2026 takes us to Reykjavik, Iceland. We will enjoy Blueberries & Barley as our Superfoods of the month.		1	
10:00 Gospel Hymns [C] 11:00 Online Worship with UM Church of the Resurrection Channel 8 KMCI [C] 2:00 Ice Cream Floats (2-3pm) [C]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:30 Music and Memory [C] 1:00 Reading of the Daily Chronicle [C] 2:00 Balance Class led by Legacy Therapy [FR] 3:00 Coffee and Chat [C]		9:30 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Bean Bag Baseball [FR] 11:00 Pampered Hands [ACR] 1:00 Reading of the Daily Chronicle [C] 2:00 Puffin Watching in Iceland [C] 3:00 Seasoned Choral Group [FR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:30 Tell Me 'Bout the Good Ol' Days [C] 1:00 Reading of the Daily Chronicle [C] 2:00 Shockingly Good Eats with Shock! [C] 3:00 Bingo [C]		10:00 Rock Steady Boxing for Parkinson's [C] 10:30 Match That Set! [C] 11:00 Cafe Ole Seren Soundscapes [C] 11:00 Rosary and Communion [PDR] 1:00 Reading of the Daily Chronicle [C] 2:15 Johnny Cash - Walk the Line [C]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Aldi (sign up at the front desk) 1:00 Reading of the Daily Chronicle [C] 1:15 Katie Hurcomb Performs [C] 3:00 Chair Dance Classic with Sherry Zak Morris (love to ol timers) [FR]		9:00 Daily Chronicles [C] 9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 2:00 Bingo [C] 6:00 Sudoku - Pick up in the Arts & Crafts Room [ACR]	
9:00 Daily Chronicle - Pick up in the Cafe [C] 9:00 Sudoku Sunday - pick up in the Cafe [C] 10:00 Gospel Hymns [C] 11:00 Online Worship with UM Church of the Resurrection Channel 8 KMCI [C] 2:00 Communion from Platte Woods Methodist [MR] 2:00 Ice Cream Floats (2-3pm) [C]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:15 Stronger Senior Core Fitness [FR] 1:00 Reading of the Daily Chronicle [C] 2:00 Balance Class led by Legacy Therapy [FR] 3:00 Welcome to Iceland Scavenger Hunt [C] 6:00 Game Night - Resident Led [LIB]		9:30 Sit & Be Fit Chair Exercises - Resident Led [FR] 1:00 Reading of the Daily Chronicle [C] 1:15 Menu Talk with Food & Beverage [LIB] 2:00 Elvis Fever with Love X 2 [DR] 3:00 Seasoned Choral Group [FR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:15 Stronger Senior Core Fitness [FR] 1:00 Reading of the Daily Chronicle [C] 2:00 Iceland: Fire Meets Ice [C] 3:00 Bingo [C]		10:00 Rock Steady Boxing for Parkinson's [C] 10:30 Positive Affirmations [C] 11:00 Rosary and Communion [PDR] 11:15 Happiness with Joyce Meyer [C] 1:00 Reading of the Daily Chronicle [C] 2:00 Colored Ball Match Game [C] 3:00 Thirsty Thursday with Grant Greenlee [LIB]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Ride with Me - Sign up at the front desk 1:00 Reading of the Daily Chronicle [C] 1:15 Dollar Tree (pre-sign up at the front desk) 2:00 Iceland Snowball Fight with Memory Care - Din Rm 3:00 Sam the Guitar Man [C] 6:00 Spaghetti Bingo 6-8 at IL (sign up at front desk)		9:00 Daily Chronicles [C] 9:30 Crossword Puzzles - Pick up in the Cafe [C] 9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 11:30 Sing - a - long [C] 2:00 Bingo [C] 6:00 Tissue Paper Craft/Self Led - Pick up Supplies in Art Room [ACR]	
9:00 Daily Chronicle -Pick up in the Cafe [C] 10:00 Gospel Hymns [C] 11:00 Online Worship with UM Church of the Resurrection Channel 8 KMCI [C] 2:00 Ice Cream Sundaes (2-3pm) [C]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Eva - Hair Salon 10-5 (Pre-scheduled appt's) [BS] 11:30 Program Planning Meeting [LIB] 1:00 Reading of the Daily Chronicle [C] 2:00 Balance Class led by Legacy Therapy [FR] 3:00 Dress the Outdoors (Craft) [C]		9:30 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Bean Bag Baseball [FR] 11:00 Pampered Hands [ACR] 1:00 Reading of the Daily Chronicle [C] 2:00 Paint Iceland Rowan Trees [C] 3:00 Seasoned Choral Group [FR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:15 Wheelchair/Walker Tune-ups [C] 1:00 Reading of the Daily Chronicle [C] 1:30 Bible Study with Julian, Ascend Chaplain [PDR] 2:00 Master Gardening with Sheila [C] 3:00 Bingo - Guest Callers [C]		10:00 Laughter Yoga [C] 10:00 Rock Steady Boxing for Parkinson's [C] 11:00 Chew Crew [PDR] 11:00 Confession and Mass in Media Room [MR] 1:00 Reading of the Daily Chronicle [C] 2:00 Resident Town Hall [C] 3:00 Super Bingo [MR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Walmart (pre-sign up at the front desk) 1:00 Reading of the Daily Chronicle [C] 2:30 Happy Hour - Northern Lights with MC		9:00 Crossword Puzzles -Pick up in the Cafe [C] 9:00 Daily Chronicles [C] 9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 12:00 PLC Pet Power Furry Friends [LIB] 2:00 Bingo [C]	
9:00 Daily Chronicle - Pick up in the Cafe [C] 10:00 Gospel Hymns [C] 11:00 Online Worship with UM Church of the Resurrection Channel 8 KMCI [C] 2:00 Ice Cream Floats (2-3pm) [C]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:30 Name that Smell [C] 1:00 Reading of the Daily Chronicle [C] 2:00 Balance Class led by Legacy Therapy [FR] 2:45 10 Detective Mysteries That Will Trick Your Brain [C] 3:15 Who Cheated During the Race? [C] 3:30 Guess the Phrase [C] 6:00 Game Night - Resident Led [LIB]		9:30 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Bean Bag Baseball [FR] 11:00 Pampered Hands [ACR] 1:00 Reading of the Daily Chronicle [C] 2:00 Paint Iceland Rowan Trees [C] 3:00 Seasoned Choral Group [FR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 11:00 Beats 'n Bites (Drumming to fitness w/lunch) [C] 1:00 Reading of the Daily Chronicle [C] 1:45 Explore Iceland with Dessert [C] 3:00 Bingo [C]		9:30 "Wash & Roll" - Wheelchair and Walker Wash [PT] 10:00 Rock Steady Boxing for Parkinson's [C] 11:00 Rosary and Communion [PDR] 1:00 Reading of the Daily Chronicle [C] 2:00 Parkinson's Support Group [MR] 2:00 Puffin Waddle Races with Memory Care 5:00 Candlelight Dinner [DR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 11:00 Adventure Awaits - Sign up at Front Desk 1:00 Reading of the Daily Chronicle [C] 2:00 Creative Story Telling [C] 2:30 Story Cubes [C] 3:00 Move and Groove with Patrick [C]		9:00 Daily Chronicles [C] 9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 11:30 Sing - a - long [C] 2:00 Bingo [C]	
9:00 Daily Chronicle - Pick up in the Cafe [C] 9:00 Sudoku Sunday - pick up in the Cafe [C] 10:00 Gospel Hymns [C] 11:00 Online Worship with UM Church of the Resurrection Channel 8 KMCI [C] 2:00 Ice Cream Sundaes (2-3pm) [C] 3:30 Church Service with John Klammer [MR]		9:45 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Eva - Hair Salon 10-5 (Pre-scheduled appt's) [BS] 10:15 Stronger Senior Core Fitness [FR] 1:00 Reading of the Daily Chronicle [C] 2:00 Balance Class led by Legacy Therapy [FR] 3:00 Summer Craft [C]		9:30 Sit & Be Fit Chair Exercises - Resident Led [FR] 10:00 Bean Bag Baseball [FR] 10:30 "Health Talk" with Legacy Therapy [C] 1:00 Reading of the Daily Chronicle [C] 2:00 August Suncatchers [C] 3:00 Seasoned Choral Group [FR]								Continued at top	