

Calendar of Events		Assisted Living		August 2026		Senior Star at Elmore Place							
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd 30 ShapeMaster Room Open 8:00 ☀ Church Shuttle: List of Churches at Front Desk [ML] 11:00 🕒 Boredom Buster Packet- Pick up at Front Desk! 2:00 🎯 Shoot Pool with a Friend! 3:00 🎯 Lobby Pals: Meet in the Lobby & Chat! [ML] 3:15 🎯 Sunday Bingo with Jasmine! [ALFR] 6:00 🎯 Movie Night: Meet & Choose the Movie! [TH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 31 9:00 🎯 Target Shopping Trip (RSVP) [ML] 9:45 🕒 Brain Packet of the Week (Complete for a Prize!) [PR] 10:30 🎯 Chair Exercise [3S] 1:00 🎯 Hand & Foot Card Club [3rd N.] 1:00 🕒 Town Hall Meeting with Annette [ALFR] 2:30 🕒 Dominoes with Friends! [PR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		Introducing our Blue Goji Bike, where residents can enjoy a fun, interactive way to stay active, explore scenic virtual rides, and support their health and wellness at their own pace		Location Keys 2nd Floor Puzzle Area 3rd Floor 3rd Floor Card Lounge 3rd Floor Exercise Area 3rd Floor North Assisted Living Dining Room Assisted Living Family Room (2nd Floor) Assisted Living Front Porch Assisted Living Theater (1st Floor) Back Patio Chapel Dining Room Front Desk IL Dining Room Lobby 2 3rd CL 3S 3rd N. ALDR ALFR ALFP ALTH BP CH DR FD ILDR LBV ML		Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality		The ShapeMaster® Equipment Is Available for Use 24 Hours/Day, Seven Days/Week, In the Fitness Center.		ShapeMaster Room Open 1 9:30 🕒 Boredom Buster Packet- Pick up at Front Desk! [FD] 10:00 🕒 Meet Friends for Coffee [PR] 12:30 🕒 Cruising the QC [ML] 1:00 🎯 Resident Led: Walking Club [ML] 3:00 🕒 Puzzles, Puzzles, Puzzles! [2] 6:00 🎯 Movie Night: Resident Pick! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 2 8:00 ☀ Church Shuttle: List of Churches at Front Desk [ML] 11:00 🕒 Boredom Buster Packet- Pick up at Front Desk! 2:00 🎯 Shoot Pool with a Friend! 3:00 🎯 Lobby Pals: Meet in the Lobby & Chat! [ML] 6:00 🎯 Movie Night: Meet & Choose the Movie! [TH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 3 9:00 🎯 Target Shopping Trip (RSVP) [ML] 9:45 🕒 Brain Packet of the Week (Complete for a Prize!) [PR] 10:00 🕒 Therapy Dog Visit [PR] 10:30 🎯 Chair Exercise [3S] 12:00 🕒 Learning all about Iceland Video [ALTH] 1:00 🎯 Hand & Foot Card Club [3rd N.] 2:30 🎯 Balloon Volleyball Tournament! [PR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 4 9:00 🎯 Walgreens Outing (RSVP 24hrs in Advance) 9:45 🎯 Strength Building Class [3S] 10:00 🕒 Library Visit [ML] 10:30 🎯 Light 'N' Lively Exercise [3S] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:00 🕒 Paint-your-own Pottery Class (RSVP at Front Desk) [ALFR] 1:30 🕒 Dessert Demo with Dining Team [ALDR] 3:00 🕒 Brain Boost Activities with Baylee [3S] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 5 9:30 ☀ Bible Study with Pastor Paul [CH] 9:45 🕒 Hy-Vee Outing (RSVP 24 Hours in Advance) [LBV] 10:00 🎯 Giant Slip N Slide & Wheelchair Car Wash 2:00 🎯 Bingo! [ALFR] 3:00 🎯 Shoot Pool with a Friend! 3:30 🕒 Book Club: Tell us about your book! [ALFR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 6 9:45 🎯 Strength Building Class [3S] 10:30 🎯 Sittercize Exercise [3S] 11:30 🕒 Group Nature Walk with Baylee [ML] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:00 ☀ Catholic Mass (IL) [ILDR] 1:30 🎯 Let's Play Euchre! [PR] 3:00 🎯 Social Happy Hour *No Entertainment* [DR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 7 9:00 🎯 Pool Class *RSVP* be in the lobby 8:45am 9:45 🕒 Coloring Therapy [PR] 10:00 ☀ Catholic Communion [ALFR] 10:15 🕒 Garden Helpers Club [BP] 10:30 🎯 Zumba (Chair Exercise) [3rd] 11:00 🕒 Lunch Outing: Pizza Ranch RSVP REQ'D (\$) [ML] 2:00 🕒 Karaoke with Friends! [ALTH] 3:00 🕒 Trivia in the Popcorn Room! [PR] 6:00 🎯 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 8 9:00 🕒 Read the Newspaper [ML] 10:00 🕒 Meet Friends for Coffee [PR] 12:30 🕒 Cruising the QC [ML] 1:00 🎯 Resident Led: Walking Club [ML] 3:00 🕒 Puzzles, Puzzles, Puzzles! [2] 6:00 🎯 Movie Night: Resident Pick! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 9 8:00 ☀ Church Shuttle: List of Churches at Front Desk [ML] 1:00 ☀ Non-Denominational Service with Pastor Paul 2:00 🎯 Porch Pals: Meet on the Porch & Chat [ALFP] 2:00 🎯 Shoot Pool with a Friend! 6:00 🎯 Movie Night: Meet & Choose the Movie! [TH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 10 9:00 🎯 Target Shopping Trip (RSVP) [ML] 9:45 🕒 Brain Packet of the Week (Complete for a Prize!) [PR] 10:30 🎯 Chair Exercise [3S] 1:00 🎯 Hand & Foot Card Club [3rd N.] 2:30 🕒 Mahjong Game with Friends! [PR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 11 9:15 🕒 Food Forum: Dining Feedback Meeting [ALFR] 9:45 🎯 Strength Building Class [3S] 10:30 🕒 Light 'N' Lively Exercise [3S] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 🕒 Baking Club: Cherry Lush Dessert [PR] 3:00 🎯 Bingo! [ALFR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 12 9:00 🎯 Pool Class *RSVP* be in the lobby 8:45am 10:00 🕒 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:30 🎯 Chair Exercise: Drums Alive! [3S] 1:00 🎯 Play Shuffleboard with a Friend! 3:00 🎯 Walk with a Friend [ML] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 13 9:45 🎯 Strength Building Class [3S] 10:30 🎯 Sittercize Exercise [3S] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 🎯 Resident-Led Euchre! [PR] 3:00 🎯 Happy Hour with Ron Lubbers! *No Bartender* [DR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 14 10:00 ☀ Catholic Communion [ALFR] 12:00 🕒 Read the Newspaper [ML] 3:00 🎯 Porch Pals: Meet on the Porch & Chat [ALFP] 6:00 🎯 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 15 9:30 🕒 Boredom Buster Packet- Pick up at Front Desk! [FD] 10:00 🕒 Meet Friends for Coffee [PR] 12:30 🕒 Cruising the QC [ML] 1:00 🎯 Resident Led: Walking Club [ML] 3:00 🕒 Puzzles, Puzzles, Puzzles! [2] 6:00 🎯 Movie Night: Resident Pick! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 16 8:00 ☀ Church Shuttle: List of Churches at Front Desk [ML] 11:00 🕒 Boredom Buster Packet- Pick up at Front Desk! 2:00 🎯 Shoot Pool with a Friend! 2:15 🎯 Sunday Bingo with Jasmine! [ALFR] 3:00 🎯 Lobby Pals: Meet in the Lobby & Chat! [ML] 6:00 🎯 Movie Night: Meet & Choose the Movie! [TH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 17 9:00 🎯 Target Shopping Trip (RSVP) [ML] 9:45 🕒 Brain Packet of the Week (Complete for a Prize!) [PR] 10:30 🎯 Chair Exercise with Baylee [3S] 1:00 🎯 Hand & Foot Card Club [3rd N.] 2:00 🕒 Bridge Card Game [3rd N.] 3:00 🕒 Alzheimer's / Dementia Care Giver Support Group [ALFR] 3:30 🎯 Penny Pitching for Prizes! [ALFR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 18 9:00 🎯 Walgreens Outing (RSVP 24hrs in Advance) 10:00 🕒 Morning Brews, News & Donuts! [PR] 10:30 🎯 Chair Exercise with Baylee [3S] 12:30 🕒 Life in Pictures Show & Tell: Bring Past Pictures! [PR] 1:30 🕒 Baking Club: Smores Bars [PR] 3:30 🎯 New Resident Meet & Greet Party (All are Welcome!) [ALFR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 19 9:30 ☀ Bible Study with Pastor Paul [CH] 10:00 🕒 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:15 🕒 Garden Helpers Club [BP] 10:30 🕒 Chair Exercise with Baylee [3S] 10:45 🕒 Laughter Yoga & Guided Meditation [3S] 2:00 🎯 Bingo! [ALFR] 3:00 🎯 Shoot Pool with a Friend! 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 20 10:00 🎯 Balloon Volleyball with Baylee! [3S] 10:30 🎯 Chair Exercise [3S] 12:30 🕒 Water Gun Painting on Back Patio [BP] 1:30 🎯 Let's Play Euchre! [PR] 3:00 🎯 Happy Hour with Jim Ryan [DR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 21 9:00 🕒 Crosswords with a Friend *See Front Desk* [FD] 10:00 ☀ Catholic Communion [ALFR] 12:30 ☀ Relax on the Back Patio [BP] 3:00 🕒 Boredom Packet: Pick up at Front Desk! [FD] 6:00 🎯 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 22 9:00 🕒 Read the Newspaper [ML] 10:00 🕒 Meet Friends for Coffee [PR] 12:30 🕒 Cruising the QC [ML] 1:00 🎯 Resident Led: Walking Club [ML] 3:00 🕒 Puzzles, Puzzles, Puzzles! [2] 6:00 🎯 Movie Night: Resident Pick! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]	
ShapeMaster Room Open 23 8:00 ☀ Church Shuttle: List of Churches at Front Desk [ML] 12:00 🎯 Porch Pals: Meet on the Porch & Chat [ALFP] 2:00 🎯 Shoot Pool with a Friend! 2:15 🎯 Sunday Bingo with Jasmine! [ALFR] 6:00 🎯 Movie Night: Meet & Choose the Movie! [TH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 24 9:00 🎯 Target Shopping Trip (RSVP) [ML] 10:00 🕒 Brain Packet of the Week (Complete for a Prize!) [PR] 10:30 🎯 Chair Exercise [3S] 1:00 🎯 Hand & Foot Card Club [3rd N.] 2:30 🕒 Dominoes with Friends! [PR] 3:30 🎯 Cornhole & Axe Throwing on the Front Porch [ALFP] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 25 9:45 🎯 Strength Building Class [3S] 10:30 🕒 Light 'N' Lively Exercise [3S] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:30 🕒 Baking Club: Carmel Pecan Oatmeal Cookies [PR] 3:00 🕒 Nail Painting with Baylee [PR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 26 9:00 🎯 Pool Class *RSVP* be in the lobby 8:45am 10:00 🕒 Hy-Vee Outing (RSVP 24 Hrs in Advance) [LBV] 10:15 🕒 Garden Helpers Club [BP] 10:30 🎯 Chair Exercise: Drums Alive! [3S] 12:30 🎯 Play Shuffleboard with a Friend! 2:00 🎯 Bingo! [ALFR] 3:30 🕒 Tech Helper: Bring Tech for Help [PR] 4:30 🕒 Iceland Themed Dinner [ALDR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 27 9:45 🎯 Strength Building Class [3S] 10:30 🎯 Sittercize Exercise [3S] 12:00 🕒 Rock Steady Boxing (Parkinson's Specific Class) [3S] 1:00 🕒 Bridge Card Game [CL] 1:30 🎯 Let's Play Euchre! [PR] 3:00 🎯 Happy Hour *Entertainment Pending* [DR] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 28 9:00 🎯 Pool Class *RSVP* be in the lobby 8:45am 10:00 ☀ Catholic Communion [ALFR] 10:30 🎯 Zumba (Chair Exercise) [3rd] 11:00 🕒 Lunch Outing: Celebration Belle RSVP REQ'D (\$) [ML] 2:00 🎯 Ice Cream Floats & Tunes on the Front Porch [ALFP] 3:00 🕒 Trivia in the Popcorn Room! [PR] 6:00 🎯 Movie Night: Meet & Choose the Movie! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]		ShapeMaster Room Open 29 9:30 🕒 Boredom Buster Packet- Pick up at Front Desk! [FD] 10:00 🕒 Meet Friends for Coffee [PR] 12:30 🕒 Cruising the QC [ML] 1:00 🎯 Resident Led: Walking Club [ML] 3:00 🕒 Puzzles, Puzzles, Puzzles! [2] 6:00 🎯 Movie Night: Resident Pick! [ALTH] 6:15 🕒 Card Club: Meet & Play Cards with Friends [CL]	

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