

# Calendar of Activities

# MEMORY CARE & SUPPORT



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li> Brain Power</li> <li> Exercise &amp; Movement</li> <li> Expression</li> <li> Inner Strength</li> <li> Nourishment &amp; Health</li> <li> Socialization</li> <li> Spirituality</li> </ul>		<p><b>Laughter Yoga</b> is an aerobic exercise helping bring more oxygen to the brain, reduce stress, and strengthens your immune system. So, it's true what they say, <b>"Laughter is the best medicine."</b></p>	<p><b>Lucynt</b> has been proven to enrich the lives of those living with Alzheimer's by appealing to natural curiosity, to calm down the overactive and even engage the distant.</p> <p>Make sure to check out the <b>Lucynt Table</b> in the Paprika neighborhood!</p>	<ul style="list-style-type: none"> <li>10:00  Bean Bag Baseball With AL Friends</li> <li>10:30  Infusion Bar</li> <li>11:00  Brainstorming</li> <li>11:00  Rosary and Communion</li> <li>2:00  <b>France Movie: Midnight in Paris</b></li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Disc Golf</li> <li>10:30  Infusion Bar</li> <li>11:00  Name that Animal</li> <li>2:00  <b>Crafty Club: Coloring Mona Lisa Pictures</b></li> <li>3:00  Sam the Guitar Man Performs</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Balloon Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Daily Chronicle</li> <li>12:30  Fancy Fingers</li> <li>2:00  Coffee and Coloring-Associate Lead</li> <li>3:00  Favorite Song-Sing-A-Long</li> <li>6:00  Dakim</li> </ul>
<ul style="list-style-type: none"> <li>10:00  Beach Ball Toss - Associate Lead</li> <li>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></li> <li>2:00  <b>Communion from Platte Woods Methodist [MR]</b></li> <li>2:00  World of Color - Associate Lead</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Bowling</li> <li>10:30  Infusion Bar</li> <li>11:00  Picture Search with Friends</li> <li>2:00  Sing A Long</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Tic Tac Toss</li> <li>10:30  Infusion Bar</li> <li>11:00  Higher or Lower</li> <li>2:00  <b>Sampling: Madeleines cookies</b></li> <li>3:00  <b>Let's Travel to France</b></li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Sit and Be Fit</li> <li>10:30  Infusion Bar</li> <li>11:00  Four Word Phrases</li> <li>2:00  Drumming 2 Fitness</li> <li>3:00  Bible Trivia / Hymns</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Bean Bag Baseball With AL Friends</li> <li>10:30  Infusion Bar</li> <li>11:00  Rosary and Communion</li> <li>11:00  Vegetables from A-Z</li> <li>1:30  <b>Crafty Class: Kindness Rocks for the Memory Garden</b></li> <li>3:00  Prize Bingo</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Riddles and Giggles</li> <li>2:00  Ice Cream Social</li> <li>3:00  <b>Sam the Guitar Man Performs</b></li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Balloon Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Daily Chronicle</li> <li>12:30  Fancy Fingers</li> <li>2:00  Coffee and Coloring-Associate Lead</li> <li>3:00  Favorite Song-Sing-A-Long</li> <li>6:00  Dakim</li> </ul>
<ul style="list-style-type: none"> <li>10:00  Beach Ball Toss - Associate Lead</li> <li>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></li> <li>2:00  World of Color - Associate Lead</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Chair Yoga</li> <li>10:30  Infusion Bar</li> <li>11:00  Detective Search</li> <li>2:00  Sing A Long</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Bean Bag Toss</li> <li>10:00  Infusion Bar</li> <li>11:00  Team Puzzling</li> <li>2:00  <b>Creativity Kitchen: Sampling Soft Cheeses</b></li> <li>3:00  Let's Enjoy Some Piano Music with Annie</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Sit and Be Fit</li> <li>10:30  Infusion Bar</li> <li>11:00  Name That Job</li> <li>2:00  Drumming 2 Fitness</li> <li>3:00  Bible Trivia / Hymns</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Basketball</li> <li>10:30  Infusion Bar</li> <li>11:00  Name the President</li> <li>11:00  Rosary and Communion</li> <li>2:00  <b>Crafty Class: Painting the Eiffel Tower</b></li> <li>3:00  Prize Bingo</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Grocery Game</li> <li>2:00  Lucynt Table</li> <li>3:00  <b>Greg Mancuso Performs</b></li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Balloon Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Daily Chronicle</li> <li>12:30  Fancy Fingers</li> <li>2:00  Coffee and Coloring-Associate Lead</li> <li>3:00  Favorite Song-Sing-A-Long</li> <li>6:00  Dakim</li> </ul>
<ul style="list-style-type: none"> <li>10:00  Beach Ball Toss - Associate Lead</li> <li>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></li> <li>2:00  World of Color - Associate Lead</li> <li>4:00  Green Thumb Gardeners</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Senior Stretch</li> <li>10:30  Infusion Bar</li> <li>11:00  Famous Duos</li> <li>2:00  Sing A Long</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Family Feud</li> <li>1:30  <b>Cooking on the Griddle</b></li> <li>3:00  Let's Enjoy Some Piano Music with Annie</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Sit and Be Fit</li> <li>10:30  Infusion Bar</li> <li>11:00  Opposites</li> <li>2:00  Drumming 2 Fitness</li> <li>3:00  Bible Trivia / Hymns</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Bean Bag Baseball With AL Friends</li> <li>10:30  Infusion Bar</li> <li>11:00  Rosary and Communion</li> <li>3:00  Prize Bingo</li> <li>6:00  Dakim</li> </ul>	<ul style="list-style-type: none"> <li>10:00  <b>Rob McHenry Performs</b></li> <li>1:30  Painting in Paris</li> <li>3:00  Live Music with Katie</li> <li>6:00  Destination Stations</li> </ul>	<ul style="list-style-type: none"> <li>10:00  Balloon Volleyball</li> <li>10:30  Infusion Bar</li> <li>11:00  Daily Chronicle</li> <li>12:30  Fancy Fingers</li> <li>2:00  Coffee and Coloring-Associate Lead</li> <li>3:00  Favorite Song-Sing-A-Long</li> <li>6:00  Dakim</li> </ul>
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