

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Location Keys</b> AL Front Arts & Crafts Room Brain Gym Dining Room Fitness Room Living Room Lobby Meet in the Lobby to Ride the Bus Pool Private Dining Room Stratford Room AL Front ACR BG DR FR LR L L-Bus P PDR SR		🧠 Brain Power 🏃 Exercise & Movement 🗣️ Expression 🧘 Inner Strength 🥗 Nourishment & Health 🎲 Socialization ✨ Spirituality	<b>ShapeMaster machines are located on the third floor in the gym. The gym is open at all times for you to use at your convenience or join us for a Group Session!</b>	<b>The Senso "Think &amp; Move" Training Platform is on the third floor gym! Connect with Evelyn to get your personal training plan set up in Senso today!</b>	9:30 🟢 Blood Pressure Check [LR] 10:00 ☀️ Catholic Rosary followed by Communion 1:00 🎲 Ice Cream in the Soda Shop 2:00 🟢 Free Bingo - w/prizes [SR] 3:00 🟢 Nifty Niners Meeting [LR] 6:00 🏃 Bean Bag Baseball (Double Header) [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🎵 DrumFit 11:00 🎵 Music in the Park- Ragtime music [L] 1:00 🟢 Sequence Card Game [LR] 1:30 🏃 Shopping Outing- Aldi [L-Bus] 2:30 🎲 Happy Hour- Live Music- Chad Taylor [SR] 3:30 🧘 Hand/Neck Massage with Jodi 6:30 🟢 Quarters Bingo [SR]	9:30 ☀️ Bible Study (Resident Led) [PDR] 1:00 🟢 Hand and Foot Card Game [LR] 1:00 🎲 Ice Cream in the Soda Shop 6:00 🟢 Games Group [LR]
8:45 ☀️ Bus service to Gloria Dei Lutheran Church Sign Up [L] 9:30 ☀️ Bus service to St Therese Catholic Church Sign Up [L] 10:00 ☀️ Church Service [SR] 11:00 Brunch 5:30 ☀️ Hymn Sing with Linda [LR] 6:30 🎲 Sunday Night Movie - Charade [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🗣️ Program Planning Committee [LR] 11:15 🟢 Pizza and Trivia [SR] 1:00 🎲 Hand and Foot Card Game [LR] 1:30 🏃 Wii Sports Bowling [SR] 2:30 🎮 Olympic Event - States & Capitals 6:00 🟢 Sequence Card Game [LR]	9:30 🏃 Legacy Water Exercise [P] 10:00 🥊 Rock Steady Boxing 1:00 🎲 Ice Cream in the Soda Shop 2:00 🏃 Balance Class by Legacy [FR] 2:30 🗣️ Primary Mobile Care Presentation [SR] 3:00 🧘 Low Vision Support Group [LR] 6:30 🎲 Quarters Bingo [SR]	8:30 🏃 Group Exercise Class [FR] 9:00 ☀️ Prayer in the chapel resident led 9:30 🟢 Shopping HY VEE, bus sign up [L-Bus] 10:00 🏃 Introduction to the Shape Master [FR] 11:00 🟢 Lunch Bunch - Pizza Ranch [L-Bus] 2:00 🏃 Chair Yoga with Amy [FR] 2:30 🎮 Olympic Event- Ax Throwing [SR] 6:00 🟢 Games Group [LR]	9:30 🟢 Blood Pressure Check [LR] 10:00 ☀️ Catholic Rosary followed by Communion 1:00 🎲 Ice Cream in the Soda Shop 2:00 🟢 Free Bingo - w/prizes [SR] 3:00 🗣️ France Taste Test- Different types of Cheese and Wine/Grape Juice 6:00 🏃 Bean Bag Baseball (Double Header) [SR]	8:00 🟢 Men's Complimentary Breakfast [DR] 8:30 🏃 Group Exercise Class [FR] 10:00 🎵 DrumFit [LR] 12:00 🗣️ Nelson-Atkins Museum Outing 1:00 🟢 Sequence Card Game [LR] 2:30 🎲 Happy Hour- Live Music- Dan Sturdevant [SR] 6:30 🟢 Quarters Bingo [SR]	9:30 ☀️ Bible Study (Resident Led) [PDR] 1:00 🟢 Hand and Foot Card Game [LR] 1:00 🎲 Ice Cream in the Soda Shop 6:00 🟢 Games Group [LR]	
8:45 ☀️ Bus service to Gloria Dei Lutheran Church Sign Up [L] 9:30 ☀️ Bus service to St Therese Catholic Church Sign Up [L] 10:00 ☀️ Church Service - John & Rachel [SR] 11:00 Brunch 6:30 🎲 Sunday Night Movie - 9 to 5 [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🗣️ Food Committee [DR] 11:15 🟢 Pizza and Trivia [SR] 1:00 🎲 Hand and Foot Card Game [LR] 1:30 🏃 Wii Sports Bowling [SR] 3:30 🎮 Olympic Event - Cornhole 6:00 🟢 Sequence Card Game [LR]	9:30 🏃 Legacy Water Exercise [P] 10:00 🥊 Rock Steady Boxing 1:00 🎲 Ice Cream in the Soda Shop 2:00 🏃 Balance Class by Legacy [FR] 3:00 🎮 Olympics Closing Ceremony 6:30 🎲 Quarters Bingo [SR]	8:30 🏃 Group Exercise Class [FR] 9:00 ☀️ Prayer in the chapel resident led 9:30 🟢 Shopping Price Chopper, bus sign up [L-Bus] 10:00 🗣️ Arm Chair Travel to France [SR] 11:00 🟢 Lunch Bunch - Lutfi's Fried Fish [L-Bus] 1:30 🗣️ Parkville Library Outing [L] 2:00 🗣️ Moving with Mandy 6:00 🟢 Games Group [LR]	9:30 🟢 Blood Pressure Check [LR] 10:00 ☀️ Catholic Confession & Mass 10:30 🎲 Donuts and Neighbors Meet and Greet [SR] 11:00 🗣️ 4 pillars of Brain Longevity Lunch & Learn [SR] 1:00 🎲 Ice Cream in the Soda Shop 2:00 🟢 Free Bingo - w/prizes [SR] 3:00 🗣️ Watercolor Experience [ACR] 6:00 🏃 Bean Bag Baseball (Double Header) [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🎵 DrumFit 11:30 🟢 New Resident Lunch [DR] 1:00 🟢 Sequence Card Game [LR] 1:30 🏃 Shopping Outing- Target [L-Bus] 2:30 🎲 Happy Hour- Live Music- Kevin Coon [SR] 6:30 🟢 Quarters Bingo [SR]	9:30 ☀️ Bible Study (Resident Led) [PDR] 1:00 🟢 Hand and Foot Card Game [LR] 1:00 🎲 Ice Cream in the Soda Shop 6:00 🟢 Games Group [LR]	
8:45 ☀️ Bus service to Gloria Dei Lutheran Church Sign Up [L] 9:30 ☀️ Bus service to St Therese Catholic Church Sign Up [L] 10:00 ☀️ Church Service - John & Rachel [SR] 11:00 Brunch 5:30 ☀️ Hymn Sing with Linda [LR] 6:30 🎲 Sunday Night Movie- An American in Paris [SR]	8:30 🏃 Group Exercise Class [FR] 11:15 🟢 Pizza and Trivia [SR] 1:00 🎲 Hand and Foot Card Game [LR] 1:30 🏃 Wii Sports Bowling [SR] 2:00 🗣️ Men's Group w/ Mark [LR] 6:00 🟢 Sequence Card Game [LR]	9:30 🏃 Legacy Water Exercise [P] 10:00 🥊 Rock Steady Boxing 1:00 🗣️ Town Hall Meeting [SR] 2:00 🏃 Balance Class by Legacy [FR] 2:00 🎲 Ice Cream in the Soda Shop 2:30 🗣️ Knowledge Unlimited 4:00 🟢 France Candle Light Dinner [DR] 6:30 🎲 Quarters Bingo [SR]	8:30 🏃 Group Exercise Class [FR] 9:00 ☀️ Prayer in the chapel resident led 9:30 🟢 Shopping HY VEE, bus sign up [L-Bus] 10:00 🗣️ Senso Training 11:00 🟢 Lunch Bunch - Cracker Barrel [L-Bus] 2:00 🏃 Chair Yoga with Amy [FR] 6:00 🟢 Games Group [LR]	9:30 🟢 Blood Pressure Check [LR] 10:00 ☀️ Catholic Rosary followed by Communion 11:30 🟢 Birthday Lunch in Dining room [DR] 1:00 🎲 Ice Cream in the Soda Shop 2:00 🟢 Free Bingo - w/prizes [SR] 2:00 🗣️ Parkinson's Support Group [AL Front] 6:00 🏃 Bean Bag Baseball (Double Header) [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🎵 DrumFit [LR] 11:00 🎵 Music in the Park- New Red Onion Jazz Babies [L] 1:00 🟢 Sequence Card Game [LR] 1:30 🏃 Shopping Outing- Walmart [L-Bus] 2:30 🎲 Happy Hour- Live Music- Bob Cohen 6:30 🟢 Quarters Bingo [SR]	9:30 ☀️ Bible Study (Resident Led) [PDR] 1:00 🟢 Hand and Foot Card Game [LR] 1:00 🎲 Ice Cream in the Soda Shop 6:00 🟢 Games Group [LR]	
8:45 ☀️ Bus service to Gloria Dei Lutheran Church Sign Up [L] 9:30 ☀️ Bus service to St Therese Catholic Church Sign Up [L] 10:00 ☀️ Church Service [SR] 11:00 Brunch 6:30 🎲 Sunday Night Movie- The Pursuite of Happiness [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🗣️ Resident Advisory Committee [SR] 11:15 🟢 Pizza and Trivia [SR] 1:00 🎲 Hand and Foot Card Game [LR] 1:30 🏃 Wii Sports Bowling [SR] 2:30 🗣️ Knowledge Unlimited [SR] 6:00 🟢 Sequence Card Game [LR]	9:30 🏃 Legacy Water Exercise [P] 10:00 🥊 Rock Steady Boxing 1:00 🎲 Ice Cream in the Soda Shop 1:00 🎲 New Resident Orientation [SR] 2:00 🏃 Balance Class by Legacy [FR] 3:00 🗣️ French Craft- Eifel Tower Art [ACR] 6:30 🎲 Quarters Bingo [SR]	8:30 🏃 Group Exercise Class [FR] 9:00 ☀️ Prayer in the chapel resident led 9:30 🟢 Shopping Price Chopper, bus sign up [L-Bus] 10:00 🟢 Intro to Dakim Brain Health [BG] 10:30 🎲 Casino Outing: Argosy 1:30 🗣️ Green Hills Library Outing [L] 2:00 🗣️ Moving with Mandy 6:00 🟢 Games Group [LR]	9:30 🟢 Blood Pressure Check [LR] 10:00 ☀️ Catholic Rosary followed by Communion 1:00 🎲 Ice Cream in the Soda Shop 2:00 🟢 Free Bingo - w/prizes [SR] 3:00 🗣️ Watercolor Experience [ACR] 6:00 🏃 Bean Bag Baseball (Double Header) [SR]	8:30 🏃 Group Exercise Class [FR] 10:00 🎵 DrumFit 1:00 🟢 Sequence Card Game [LR] 1:30 🏃 Shopping Outing- Hillcrest/ Dollar Tree [L-Bus] 2:30 🎲 Happy Hour- Live Music- Joseph Toma [SR] 6:30 🟢 Quarters Bingo [SR]	9:30 ☀️ Bible Study (Resident Led) [PDR] 1:00 🟢 Hand and Foot Card Game [LR] 1:00 🎲 Ice Cream in the Soda Shop 6:00 🟢 Games Group [LR]	