

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Keys</p> <p>1st Floor Cafe 1st Floor Theatre 2nd Floor Bistro 2nd Floor Buckeye Pub 2nd Floor Courtyard 2nd Floor Dining Room 2nd Floor Group Exercise 3rd Floor Living Room 4th Floor Activity Room 4th Floor Craft Room 4th Floor Learning Lab 4th Floor Living Room 5th Floor Living Room Sky Lounge</p> <p>CAFE 1TH 2BIS PUB 2CY 2DR 2EX 3LR 4AR 4CR 4LL 4LR 5LR 5SKY</p> <p> Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality</p>	<p>Activites in bold require an RSVP with the front desk or via Sagely.</p> <p><i>Independent Activities (Resident-Led and Self-Directed) are shown in italics.</i></p>	<p>Keep up to date with Activities by using our Resident or Family activities app, Sagely. Come to Tuesday's 11am Sage Advice or see Kellie to get signed up and signed in!</p>	<p>1980s TV & Movies</p> <p>9:00 Walking Club - Olentangy River Trail 10:30 Strength & Balance with Kellie [5LR] 1:00 Food & Beverage Update Meeting [2BIS] 2:00 Cardio Drumming with TCT [3LR] 2:00 Giant Eagle Grocery Trip 2:30 Card Club: Poker [4LR] 3:00 Jewelry & Beading with Kellie [4CR] 4:30 Piano Melodies with Harvey [2BIS] 6:00 1980s Movie: "Terms of Endearment" [1TH]</p>	<p>1980s Fads & Pop Culture</p> <p>Beauty Shop Open 8:30-4:00pm 9:00 Walking Club - Olentangy River Trail 10:30 Flex Ability with Kellie [2EX] 1:30 Fun Fact Friday: The 1980s! [PUB] 2:30 1980s Decor & Swag! [PUB] 3:00 1980s Sing-a-Long and Karaoke [PUB] 3:30 1980s Happy Hour: Signature Cocktail - Tequila Sunrise [PUB] 6:30 1980s Movie: "Top Gun" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise: Tai Chi [5LR] 1:15 1980s Movie: "Driving Miss Daisy" [1TH] 1:30 Chess Club [2DR] 2:30 Group Games: Scrabble! [PUB] 3:00 NEW Café Chords with Richard Free [CAFE]</p>	
<p>9:00 Walking Club - Olentangy River Trail 10:00 Group Games: Resident Choice! [4LR] 1:00 Sunday Matinee: "Les Miserables" [1TH] 1:30 Poker [4LR] 3:00 Inspirational Stories and Discussion [4AR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:00 NEW: Mindful Mondays [2EX] 10:30 Arm Strength with Kellie [2EX] 2:00 Jewelry & Beading with Kellie [4CR] 3:30 NEW Fact or Fib: All Things French? [3LR] 4:30 Piano Melodies with Harvey [2BIS] 6:30 Movie Monday Comedies: "The Big Lebowski" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:00 Shopping Trip: Whole Foods/Shops on Lane Ave [5LR] 10:30 Chair Yoga - Meditative [5LR] 11:00 Sage Advice [4LL] 2:00 Total Parkinson's with TCT [2EX] 3:00 A Tour of France: Wine & Cheese Event [CAFE] 3:30 Live Music by Dave Powers [5SKY] 3:30 Rummikub [2DR]</p>	<p>9:00 Outing: Crème de la Crème Bakery & Café 9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise - Resident Choice [5LR] 10:30 Rock Steady Boxing [2EX] 1:00 Shopping Trip: Lennox Town Center 1:30 Bible Study w/ Don [4AR] 2:30 Welcome Committee [4CR] 3:30 Documentary: "80s: The Decade That Made Us: The Revolutionaries" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Strength & Balance with Kellie [2EX] 1:00 Monthly Programming Suggestion & Planning Meeting [2BIS] 2:00 Cardio Drumming with TCT [2EX] 2:00 Kroger Shopping Trip 2:30 Card Club: Poker [4LR] 2:30 Scrabble & Word Games [PUB] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>Beauty Shop Open 8:30-4:00pm 9:00 Walking Club - Olentangy River Trail 10:30 Flex Ability with Kellie [2EX] 1:30 Haute Couture with Clothes Mentor [2BIS] 1:30 Jewelry & More for Sale! [2BIS] 3:00 Mixology: A Bougie Martini [PUB] 3:30 French Bourgeoisie Happy Hour: Haute Couture [PUB] 3:30 NEW: Dance Instruction: Waltz & Tango [PUB]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise: Tai Chi [5LR] 1:30 Chess Club [2DR] 1:30 Creative Colorists [4CR] 2:00 Family-Friendly Popcorn Matinee: "Oklahoma!" [1TH]</p>
<p>9:00 Walking Club - Olentangy River Trail 10:30 Rummikub [4LR] 1:00 Sunday Matinee: "The Shawshank Redemption" [1TH] 1:30 Poker [4LR] 3:00 Devotional Discussions with Don [4AR] 3:30 Color Me Calm [4CR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:15 NEW: Mindful Mondays: Take Ten Techniques [5LR] 10:30 Arm Strength with Kellie [2EX] 1:30 Garden Club [2CY] 3:00 NEW: Bingo! [2BIS] 4:00 Documentary: "Europe from Above: France" [1TH] 6:30 Musical Movie Mondays: "Seven Brides for Seven Brothers" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Yoga - Meditative [5LR] 11:00 Dakim Sign Up & Demos [4LL] 1:00 Parkinson's Support Group! [3LR] 2:00 Total Parkinson's with TCT [2EX] 3:00 Taste Test Tuesday: French Cheeses! [PUB] 3:30 Rummikub [2DR] 4:00 Chicken Soup for the Soul [3LR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise - Resident Choice [5LR] 10:30 Rock Steady Boxing [2EX] 1:30 Bible Study w/ Don [4AR] 2:30 Documentary: "80s: The Decade That Made Us: Masters of the Universe" [1TH] 3:30 Outing: Upper Arlington's Farmer's Market 6:30 Movie Night: "Three Men and a Baby" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:00 Giant Eagle Grocery Trip 10:30 Strength & Balance with Kellie [2EX] 1:00 Food & Beverage Committee Meeting [2BIS] 2:00 Cardio Drumming with TCT [2EX] 2:30 Card Club: Poker [4LR] 3:00 Floral Arrangement Class [4CR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>Beauty Shop Open 8:30-4:00pm 9:00 Walking Club - Olentangy River Trail 10:15 Flex Ability with Kellie [2EX] 11:15 Fun Fact Friday: Olympics! [3LR] 1:30 NEW: Jeopardy - The Olympics [2BIS] 2:30 HFA Olympic Games! [2CY] 3:30 Happy Hour: Gold Medal Cocktails [PUB]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise: Tai Chi [5LR] 11:00 Book Club: BYOB! [5SKY] 1:30 Chess Club [2DR] 2:00 Group Games: Scrabble! [PUB] 3:00 Classic Movie Matinee: "Casablanca" [1TH]</p>
<p>9:00 Walking Club - Olentangy River Trail 10:00 Group Games: Resident Choice! [4LR] 1:00 Sunday Matinee: "The Man in the Iron Mask" [1TH] 1:30 Poker [4LR] 3:00 Inspirational Stories and Discussion [4AR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>Massage Monday with AlignHealth 9:00 Walking Club - Olentangy River Trail 10:00 NEW: Mindful Mondays [2EX] 10:30 Arm Strength with Kellie [2EX] 2:00 Crafting with Kellie [4CR] 3:30 All About... [2BIS] 5:30 August Birthdays Celebration [2BIS] 6:30 Movie Monday Comedies: "Charade" [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Yoga - Meditative [5LR] 11:00 Sage Advice [4LL] 1:00 NEW: Dementia & Alzheimer's Support Group [5LR] 2:00 Total Parkinson's with TCT [2EX] 3:30 NEW: PAINT & SIP FUNDRAISER! [4CR] 3:30 Rummikub [2DR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise - Resident Choice [5LR] 10:30 Rock Steady Boxing [2EX] 11:30 Lunch Outing: Le Chatelaine 1:30 Bible Study w/ Don [4AR] 2:30 Welcome Committee [4CR] 3:00 Voter Address Changes, Registration, & More! [2BIS] 3:30 Documentary: "80s: The Decade That Made Us: Shop 'til You Drop" [1TH] 5:00 \$\$ Outing: Lincoln Theater Jazz Night</p>	<p>9:00 Walking Club - Olentangy River Trail 10:00 Columbus Metropolitan Library @ HFA [CAFE] 10:30 Strength & Balance with Kellie [2EX] 2:00 Cardio Drumming with TCT [2EX] 2:00 Trader Joe's Shopping Trip 2:30 Card Club: Poker [4LR] 2:30 Scrabble & Word Games [PUB] 4:00 Finish the Lyric [3LR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>Beauty Shop Open 8:30-4:00pm 9:00 Walking Club - Olentangy River Trail 10:15 Flex Ability with Kellie [2EX] 1:00 NEW: Bingo! [2BIS] 2:30 New Resident Mixer [PUB] 3:00 Mixology: Blue Hawaii [PUB] 3:30 Happy Hour: Elvis is in the Building! [PUB]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise: Tai Chi [5LR] 1:30 Chess Club [2DR] 1:30 Creative Colorists [4CR] 3:00 Family-Friendly Popcorn Matinee [1TH]</p>
<p>9:00 Walking Club - Olentangy River Trail 10:30 Rummikub [4LR] 1:00 Sunday Matinee: [1TH] 1:30 Poker [4LR] 3:00 Devotional Discussions with Don [4AR] 3:30 Color Me Calm [4CR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:15 NEW: Mindful Mondays: Take Ten Techniques [5LR] 10:30 Arm Strength with Kellie [2EX] 1:30 Garden Club [2CY] 3:30 Documentary & Discussion: America's Hidden Stories [1TH] 4:00 Bada Booze Happy Hour 6:30 Musical Movie Mondays [1TH]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Yoga - Meditative [5LR] 11:00 Dakim Sign Up & Demos [4LL] 1:00 Parkinson's Support Group! [3LR] 2:00 Total Parkinson's with TCT [2EX] 3:00 Taste Test Tuesday: Chevre Medley [PUB] 3:30 Rummikub [2DR] 4:00 Chicken Soup for the Soul [3LR] 4:30 Piano Melodies with Harvey [2BIS]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise - Resident Choice [5LR] 10:30 Rock Steady Boxing [2EX] 1:30 Bible Study w/ Don [4AR] 2:30 Wellness Wednesday [2EX] 3:30 Documentary: "80s: The Decade That Made Us: Tear Down These Walls" [1TH] 4:30 Happy Hour & Dinner Outing: Grandview Cafe</p>	<p>9:00 Walking Club - Olentangy River Trail 10:00 Giant Eagle Grocery Trip 10:30 Strength & Balance with Kellie [2EX] 1:00 Town Hall followed by Food & Beverage Update [2BIS] 2:00 Cardio Drumming with TCT [2EX] 2:30 Card Club: Poker [4LR] 2:30 Scrabble & Word Games [PUB] 3:00 SPECIAL HAPPY HOUR WITH BUCKEYE DON! [PUB]</p>	<p>Beauty Shop Open 8:30-4:00pm 9:00 Walking Club - Olentangy River Trail 10:15 Flex Ability with Kellie [2EX] 11:15 Fun Fact Friday [3LR] 2:30 Outing: Greek Festival 3:30 Happy Hour: Broadway and Theater Songs! [PUB]</p>	<p>9:00 Walking Club - Olentangy River Trail 10:30 Chair Exercise: Tai Chi [5LR] 1:30 Chess Club [2DR] 2:00 Group Games: Scrabble! [PUB] 2:15 Pre-Game Tailgate Party with Bob & Terri [PUB] 3:30 OSU Season Opener: Akron @ OSU [PUB] 6:30 Classic Movie Night: "North by Northwest" [1TH]</p>