



Memory Care & Support

**SAMPLE BREAKFAST MENU**

SeniorStar.com/HarrisonOn5th

Monday

Tuesday

Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal
Gourmet Mini Egg Bites	Biscuits with
Bacon	Sausage Gravy
Hash Brown Patty	Breakfast Potatoes
Fresh Cut Fruit	Fresh Cut Fruit
Milk/Beverage/Assorted Juice	Milk/Beverage/Assorted Juice

Wednesday

Thursday

Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal
Brioche French Toast	Cheese Omelet
with syrup	Bacon
Sausage Patty	Toast
Fresh Fruit Cup	Fresh Fruit Cup
Milk/Beverage/Assorted Juice	Milk/Beverage/Assorted Juice

Friday

Saturday

Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal
Honey Butter Biscuit	Cinnamon Toast
Sausage Link	Fried Egg
Hash Browns	Bacon
Fresh Fruit Cup	Fresh Fruit Cup
Milk/Beverage/Assorted Juice	Milk/Beverage/Assorted Juice

Sunday

Choice of Hot or Cold Cereal
Oatmeal
Scrambled Eggs, Sausage Patty
Donut
Fresh Fruit Cup
Milk/Beverage/Assorted Juice





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**SAMPLE LUNCH MENU**

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Monday

Tuesday

French Onion Soup	Chicken & Wild Rice Soup
Breaded Chicken Tenders	Cheeseburger Sliders
Coleslaw, Fruit Cup	Onion Rings, Fruit Cup
*****Dessert*****	*****Dessert*****
Assorted Dessert	Assorted Dessert

Wednesday

Thursday

Minestrone Soup	Broccoli Cheese Soup
Grilled Ham & Cheese Sandwich	Tuna Melt on Wheat
Potato Chips, Buttered Peas	Onion Rings, Fruit Cup
*****Dessert*****	*****Dessert*****
Fruit Parfait	Assorted Dessert

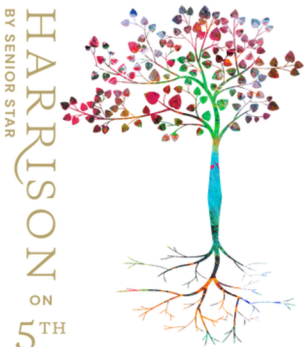
Friday

Saturday

Italian Wedding Soup	Tomato Soup
Egg Salad Croissant	Grilled Ham & Cheese
Potato Chips, Buttered Peas	Buttered Peas, Fruit Cup
*****Dessert*****	*****Dessert*****
Assorted Cookies	Assorted Dessert

Sunday

Chicken Noodle Soup
BBQ Pulled Pork Sliders
Potato Salad, Fruit Cup
*****Dessert*****
Assorted Dessert







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## SAMPLE DINNER MENU

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Monday

Tuesday

House Salad	Cream of Mushroom Soup
Chicken & Dumplings	Garlic Pork Loin Medallions
Fresh Green Beans, Fruit Cocktail, Dinner Roll	Potato Wedges, Broccoli, Fresh Blueberries, Dinner Roll
*****Dessert*****	*****Dessert*****
Goopy Butter Bar	Cherry Pie

Wednesday

Thursday

Chicken Noodle Soup	Caesar Salad
Roast Beef	Chicken & Vegetable Lasagna
Mashed Potatoes & Gravy, Broccoli, Pineapple Tidbits	Buttered Couscous, Roasted Brussel Sprouts, Fresh Strawberries
*****Dessert*****	*****Dessert*****
Red Velvet Cake	Carrot Cake with Frosting

Friday

Saturday

Broccoli Cheese Soup	House Salad
Fried Seafood Platter	Grilled Chicken Burrito
Rice Pilaf, Mixed Vegetables, Sweet Peaches	Spanish Rice, Mexican Corn, Fruit Medley
*****Dessert*****	*****Dessert*****
Pie of the Day	Strawberry Cobbler

Sunday

	Stuffed Pepper Soup	
	Chicken Parmesan	
	Fettuccini Noodles, Roasted Zucchini, Squash & Tomatoes, Dinner Roll	
	*****Dessert*****	
	Double Chocolate Cake	

