



Independent Living

SAMPLE DINNER MENU

SeniorStar.com/HarrisonOn5th

Monday

Tuesday

Soup of the Day	Caesar Salad
Baked Dijon Salmon ***** OR *****	Chicken Marsala ***** OR *****
Oven Roasted Turkey	Kielbasa w/ Peppers & Onions
Mashed Potatoes & Gravy, Baked Sweet Potato, Buttered Cauliflower, Mixed Vegetables, Roll	Red Skin Potatoes, Broccoli, Mashed Potatoes, Zucchini & Tomatoes, Roll
*****Dessert***** Carrot Cake Cream Cheese Frosting	*****Dessert***** Cherry Pie Assorted Ice Cream

Wednesday

Thursday

House Salad	Soup of the Day
Shrimp in Garlic butter ***** OR *****	Oven Roasted Turkey with Gravy ***** OR *****
Maple Glazed Ham	Chicken Fricassee
Veggie Fried Rice, Buttered Asparagus, Mac-n-Cheese, Veggie Spring Roll, Dinner Roll	Au Gratin Potatoes, Green Beans, Baked Potato, Steamed Spinach
*****Dessert***** Apple Pie	*****Dessert***** Double Chocolate Cake Assorted Ice Cream

Friday

Saturday

Caesar Salad	Blueberry Walnut Salad
Herb Crusted Cod ***** OR *****	Beef Pot Roast ***** OR *****
Maple Cranberry Glazed Chicken	Cheese Enchiladas
Wild Rice Blend, Mixed Vegetables, Roasted Potatoes, Roll	Pinto Beans, Fiesta Corn, Candied Carrots, Mashed Potatoes, Dinner Roll
*****Dessert***** Blueberry Cheesecake Lemon Bar	*****Dessert***** Triple Berry Crisp Red Velvet Cake

Sunday

Soup of the Day	Spaghetti with Italian Meat Sauce ***** OR *****	Fried Seafood Platter
Rice Pilaf, Mixed Vegetables, Garlic Bread	*****Dessert***** Assorted Desserts	

