## Calendar of Activities

## INDEPENDENT LIVING

	DUDLIN KETIREMEN I VILLAGE					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY			SATURDAY
Location Keys1st Floor Lobby1Lobby1st Flr East/West Lobby1East/West2ND Floor Theatre Assisted Living2AL Theatre2nd Floor Arts & Crafts Room2AC2nd Floor Arts & Crafts Room2AL2nd Floor Village Lounge2VL3rd Floor Village Lounge3Lobby3rd Floor Multi Purpose Room3MPAL Chapel-2nd Floor2AL ChapelAssisted Living Fitness Center (3rd Floor)AL FCDining Room1DRFitness CenterFCKeller CourtKCLibrary 3rd FloorL	<ul> <li>Ø Brain Power</li> <li>Exercise &amp; Movement</li> <li>Expression</li> <li>Inner Strength</li> <li>Nourishment &amp; Health</li> <li>Socialization</li> <li>Spirituality</li> </ul>	The <b>Dakim® Brain</b> <b>Fitness</b> System helps to improve your memory and cognitive functioning! Stop at the Front Desk for more information.	Combat Parkinson's with Rock Steady Boxing every Tuesday at 2 pm!	<ul> <li>9:00 ▲ We Got The Beat   Drum Fitness [FC]</li> <li>10:00 ▲ Chair Volleyball [3Lobby]</li> <li>10:00 ◆ Fancy Feet: Time to Pamper [2AC]</li> <li>11:00 ● Refreshments w/ Dionne [1DR]</li> <li>1:00 ⑦ Bridge [L]</li> <li>1:15 ⑦ Bingo [2VL]</li> <li>2:00 ▲ Delay Parkinson's Exercises [FC]</li> <li>3:00 ◆ The Village Voices Choral Ensemble [2AL Chape]]</li> <li>7:00 ⑦ Skat [2AC]</li> </ul>	<ul> <li>9:30 ▲ Chair Exercise Music &amp; Movement [FC]</li> <li>10:30 Hot Brunch [1DR]</li> <li>12:00 M Shopping Shuttles: Tuttle Mall/ Walmart/Sawmill Stores/Banks \$ *RSVP [1Lobby]</li> <li>1:00 Z Caregiver Support Group [2AL Chapel]</li> <li>1:00 Z Light Tech Support [3MP]</li> <li>3:00 M Happy Hour: Featured Drink - French 75 [2VL]</li> <li>6:30 Rummikub [2AC]</li> <li>7:00 Bingo [2VL]</li> </ul>	<ul> <li>10:00 ▲ Chair Volleyball [3Lobby]</li> <li>11:30 ♥ Open Studio [2AC]</li> <li>1:00 ♥ Feature Film: Anne of Green Gables - Part 2 *Passport Stamp [2VL]</li> <li>2:30 M Euchre [2VL]</li> <li>2:30 ▲ Wii Bowling [FC]</li> <li>6:30 ⑦ Rummikub [2AC]</li> <li>7:00 M Feature Film: Charade *Passport Stamp [3MP]</li> </ul>
<ul> <li>8:30 * Church Service Shuttles Begin *RSVP [1Lobby]</li> <li>10:00 * Catholic Mass   Spectrum Channel 13 [1DR]</li> <li>10:00 * Indian Run Methodist Church Church Service (Recorded) [2VL]</li> <li>10:30 * Catholic Communion [3MP]</li> <li>11:00 * Prince of Peace Lutheran (Recorded from Live Stream) [3MP]</li> <li>1:00 m Feature Film: Charade *Passport Stamp [2VL]</li> <li>7:00 * Entertainment   Worthington Civic Band [KC]</li> </ul>	9:00 ▲ Nordic Pole Walking [KC]         9:30 ▲ Chair Workout w/ Summit Home Care [FC]         10:00 ? Tech Trends   AGI & ChatGPT [3MP]         11:00 ? Current Events [3MP]         1:30 ▲ Senior Star Olympics *Passport Stamp [1DR]         2:30 ▲ Wii Bowling [FC]         3:00 * Senior Star Showstoppers Drama Club [2AL Theatre]         6:30 ? Rummikub [2AC]         7:00 m	9:30 ♠ Chair Workout [FC]         10:00 ♠ Chair Volleyball [3Lobby]         11:00 ⑦ NewsCurrents [3MP]         1:00 ⑦ Bridge [L]         2:00 ♠ Rock Steady Boxing [FC]         2:15 m Shopping Trip to Kroger or Giant Eagle \$ *RSVP [1Lobby]         2:30 ♦ Book Discussion: Spirituality of Aging w/ Rev Phyllis Fetzer [3MP]         6:30 m Netflix Series   Good Witch (Resident Request) [3MP]         7:00 ⑦ Shut the Box - Game [2VL]	9:00 ▲ Rock Steady Boxing [AL FC]         9:30 ▲ Chair Workout w/ Summit Home Care [FC]         10:00 ◆ Human Figure Drawing Series [2AC]         11:00 ◆ Vital Check with the Health Care Concierge [3Lobby]         11:30 ⑦ Docuseries: Animal: Season 2: Episode 3: Bears [2VL]         2:00 ▲ Delay Parkinson's Exercises [FC]         2:00 ⑦ Rich's History Class   American Trials [3MP]         3:00 m Happy Hour [2VL]         6:30 ⑦ Rummikub [2AC]         7:00 ◆ Summer Concert Series   Craig Ridgeway [KC]	9:00 ♠ We Got The Beat   Drum Fitness [FC]         10:00 ♠ Chair Volleyball [3Lobby]         10:00 ♠ Fancy Feet: Time to Pamper [2AC]         11:00 @ OSU Extension Presentation with Loretta Sweeney [3MP]         1:00 @ Bridge [L]         1:15 @ Bingo [2VL]         2:00 ♠ Summit   Delay Parkinson's Exercises [FC]         4:00 m Summerfest: Family Carnival & Picnic [KC]         7:00 @ Skat [2AC]	<ul> <li>9:30 ▲ Chair Exercise Music &amp; Movement [FC]</li> <li>10:30  → Hot Brunch [1DR]</li> <li>12:00  m Shopping Shuttles: Tuttle Mall/ Walmart/Sawmill Stores/Banks \$ *RSVP [1Lobby]</li> <li>1:00  = Caregiver Support Group [2AL Chapel]</li> <li>1:00  = Light Tech Support [3MP]</li> <li>3:00  m Happy Hour: Featured Drink - Sidecar [2VL]</li> <li>6:30  @ Rummikub [2AC]</li> <li>7:00  @ Bingo [2VL]</li> </ul>	9:30 9:30 Chair Volleyball [3Lobby] 11:00 You Tube   The Rise of Emperor Napoleon Bonaparte - Timeline World History Documentaries *Passport Stamp [3MP] 11:30 Open Studio [2AC] 2:30 Euchre [2VL] 2:30 Wii Bowling [FC] 6:30 Rummikub [2AC] 7:00 Heature Film: An American in Paris *Passport Stamp [3MP]
<ul> <li>8:30 Church Service Shuttles Begin *RSVP [1Lobby]</li> <li>10:00 Catholic Mass   Spectrum Channel 13 [1DR]</li> <li>10:00 Indian Run Methodist Church Church Service (Recorded) [2VL]</li> <li>10:30 Catholic Communion [3MP]</li> <li>11:00 Prince of Peace Lutheran (Recorded from Live Stream) [3MP]</li> <li>1:00 Feature Film: An American in Paris *Passport Stamp [2VL]</li> </ul>	9:00 ▲ Nordic Pole Walking [KC]         9:30 ▲ Chair Workout w/ Summit Home Care [FC]         10:00 Z Coffee & Chai: Resident Activity Planning [1DR]         11:00 @ Current Events [3MP]         1:30 @ Senior Star Olympics * Passport Stamp [1DR]         2:30 ▲ Wii Bowling [FC]         3:00 * Senior Star Showstoppers Drama Club [2AL Theatre]         6:30 @ Rummikub [2AC]         7:00 # Euchre [2VL]	9:30        Schair Workout [FC]         10:00        Chair Volleyball [3Lobby]         11:00        Armchair Travels   France * Passport Stamp [3MP]         11:30 m       Lunch Outing   PF Chang's Restaurant * RSVP \$ [1Lobby]         1:00        Bridge [L]         2:00        Rock Steady Boxing [FC]         2:15 m       Shopping Trip to Kroger or Giant Eagle \$ *RSVP [1Lobby]         6:30 m       Netflix Series   Good Witch (Resident Request) [3MP]         7:00        Shut the Box - Game [2VL]	9:00       A Rock Steady Boxing [AL FC]         9:30       A Chair Workout w/ Summit Home Care [FC]         10:00       Human Figure Drawing Series [2AC]         11:30       Docuseries: [2VL]         11:30       Docuseries: [2VL]         11:30       Docuseries: [2VL]         11:30       Docuseries: [Animal: Season 2: Episode 4: Dolphins [2VL]         1:00       Birthday Celebration & Entertainment   Curtis Chamberlain [1DR]         1:00       Columbus Metropolitan Library   Lobby Service [1Lobby]         2:00       Rich's History Class   American Trials [3MP]         3:00       Happy Hour [2VL]         6:30       Ravkle [2VL]         6:30       Rummikub [2AC]	10:30 A Residents vs Staff Chair Volleyball	<ul> <li>9:30</li></ul>	<ul> <li>10:00 ♣ Chair Volleyball [3Lobby]</li> <li>11:00 ⑦ YouTube   Behind the Art: The Louvre's Hidden Engineering Secrets by Get.Factual *Passport Stamp [3MP]</li> <li>11:30 ♣ Open Studio [2AC]</li> <li>2:30 m Euchre [2VL]</li> <li>2:30 ♣ Wii Bowling [FC]</li> <li>6:30 ⑦ Rummikub [2AC]</li> <li>7:00 m Feature Film: Boys in the Boat (Amazon) *Resident Request [3MP]</li> </ul>
<ul> <li>8:30 * Church Service Shuttles Begin *RSVP [1Lobby]</li> <li>10:00 * Catholic Mass   Spectrum Channel 13 [1DR]</li> <li>10:00 * Indian Run Methodist Church Church Service (Recorded) [2VL]</li> <li>10:30 * Catholic Communion [3MP]</li> <li>11:00 * Prince of Peace Lutheran (Recorded from Live Stream) [3MP]</li> <li>1:00 III Feature Film: The Boys in the Boat (Amazon) *Resident Request [2VL]</li> <li>7:00 * Special Music w/ Cathi Aldrich [2PL]</li> </ul>	9:00        Nordic Pole Walking [KC]         9:30        Chair Workout w/ Summit Home Care [FC]         10:00        Resident Ambassador Meeting [3MP]         11:00        Current Events [3MP]         1:30        Senior Star Olympics *Passport Stamp [1DR]         2:30        Wii Bowling [FC]         3:00        Senior Star Showstoppers Drama Club [2AL Theatre]         6:30        Rummikub [2AC]         7:00 m       Euchre [2VL]	9:30 ▲ Chair Workout [FC]         10:00 ▲ Chair Volleyball [3Lobby]         11:00 @ NewsCurrents [3MP]         12:00 Z Summit   Senso: Benefits of Assessments [FC]         1:00 @ Bridge [L]         2:00 ▲ Rock Steady Boxing [FC]         2:15 m Shopping Trip to Kroger or Giant Eagle \$ *RSVP [1Lobby]         2:30 * Book Discussion: Spirituality of Aging w/ Rev Phyllis Fetzer [3MP]         6:30 m Netflix Series   Good Witch (Resident Request) [3MP]         7:00 @ Shut the Box - Game [2VL]	9:00       A Rock Steady Boxing [AL FC]         9:30       Chair Workout w/ Summit Home Care [FC]         10:00       Human Figure Drawing Series [2AC]         10:00       Men's Breakfast Social *RSVP [1DR]         11:00       DRV Food Committee Meeting [1DR]         11:00       Utal Check with the Health Care Concierge [3Lobby]         11:30       Documentary   Horizon [2VL]         2:00       A Delay Parkinson's Exercises [FC]         2:00       Rich's History Class   American Trials [3MP]         3:00       Happy Hour   Benefits of Cheese * Passport Stamp [2VL]         6:30       Farkle [2VL]         6:30       Rummikub [2AC]         7:00       Summer Concert Series: Arch City Big Band [KC]	9:00	9:30        A       Chair Exercise Music & Movement [FC]         10:30        Hot Brunch [1DR]         12:00 m       Shopping Shuttles: Tuttle Mall/Walmart/Sawmill Stores/Banks \$ *RSVP [1Lobby]         1:00        Caregiver Support Group [2AL Chapel]         1:00        Light Tech Support [3MP]         3:00 m       Happy Hour: Featured Drink - Frozen Margarita [2VL]         6:30        Rummikub [2AC]         7:00        Bingo [2VL]	<ul> <li>9:30 S Chair Yoga w/Michelle [FC]</li> <li>10:00  Chair Volleyball [3Lobby]</li> <li>11:30 ♥ Open Studio [2AC]</li> <li>1:00 Feature Film: Killers of the Flower Moon (Resident Request on Amazon) [3MP]</li> <li>2:30 m Euchre [2VL]</li> <li>2:30 Wii Bowling [FC]</li> <li>6:30 ♥ Rummikub [2AC]</li> <li>7:00 m Feature Film: Julie &amp; Julia * Passport Stamp [3MP]</li> </ul>
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