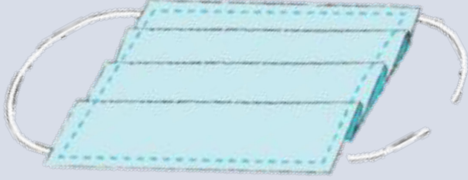


<p>CLOTH MASK INFORMATION</p>	
<p>WHO WEARS IT AND WHEN:</p>	<p>Non-symptomatic residents may wear cloth masks.</p>
<p>WHEN TO REPLACE:</p>	<p>When the mask becomes moist/wet from wear.</p>
<p>USE LIMITATIONS:</p>	<p>Reusable. The cloth mask should be washed daily.</p>
<p>WHILE WEARING A MASK:</p>	<ul style="list-style-type: none"> • Prior to eating or drinking, wash/sanitize hands, remove mask (using How to Remove a Facemask steps outlined below) and place on a paper towel with the exterior face DOWN and strings/bands/elastic not touching the interior side of the mask to avoid contamination. • Prior to putting the mask back on, wash/sanitize hands and inspect for damage. If the mask is visibly soiled or torn, replace with a clean mask. • Clean hands with soap and water or an alcohol-based hand sanitizer before and after touching or adjusting the mask/respirator (if necessary for comfort or to maintain fit). • Avoid touching the inside of the mask/respirator. If inadvertent contact is made with the inside of the mask/respirator, discard the mask/respirator and perform proper hand hygiene.

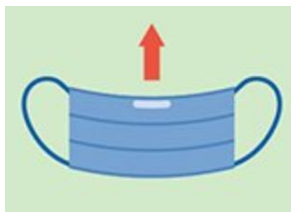
How to Put On a Facemask



1. Clean your hands with soap and water or hand sanitizer before touching the mask.



2. Check to make sure there are no obvious tears or holes in either side of the mask.



3. Determine which side of the mask is the top. The side of the mask that has a stiff bendable edge is the top and is meant to mold to the shape of your nose.



4. Determine which side of the mask is the front. The colored side of the mask is usually the front and should face away from you, while the white side touches your face.



5. Follow the instructions below for the type of mask you are using.

- **Face Mask with Ear loops:** Hold the mask by the ear loops. Place a loop around each ear.
- **Face Mask with Ties:** Bring the mask to your nose level and place the ties over the crown of your head and secure with a bow.
- **Face Mask with Bands:** Hold the mask in your hand with the nosepiece or top of the mask at fingertips, allowing the headbands to hang freely below hands. Bring the mask to your nose level and pull the top strap over your head so that it rests over the crown of your head. Pull the bottom strap over your head so that it rests at the nape of your neck.



6. Mold or pinch the stiff edge to the shape of your nose.
 - a. If using a **Face Mask with Ties**: Then take the bottom ties, one in each hand, and secure with a bow at the nape of your neck.



7. Pull the bottom of the mask over your mouth and chin.



8. Clean your hands with soap and water or hand sanitizer after putting on the mask.

How to Remove a Facemask



1. Clean your hands with soap and water or hand sanitizer before touching the mask.

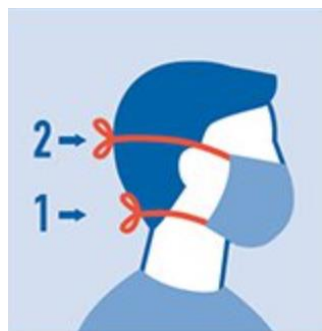


2. DO NOT TOUCH the front of the mask. The front of the mask is contaminated. Only touch the ear loops/ties/band.

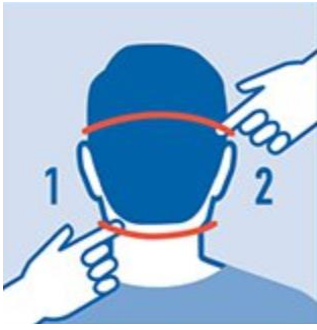
3. Follow the instructions below for the type of mask you are using.



- **Face Mask with Ear loops:** Hold both of the ear loops and gently lift and remove the mask.



- **Face Mask with Ties:** Untie the bottom bow first then untie the top bow and pull the mask away from you as the ties are loosened.



- **Face Mask with Bands:** Lift the bottom strap over your head first then pull the top strap over your head.



4. IF surgical mask, place exterior side down in paper bag on paper towel.

IF reusable cloth mask, wash daily with your personal laundry.



5. Clean your hands with soap and water or hand sanitizer.