

# Calendar of Events

# Memory Care

April 2024  
Senior Star at Wexford Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<ul style="list-style-type: none"> <li> Brain Power</li> <li> Exercise &amp; Movement</li> <li> Inner Strength</li> <li> Nourishment &amp; Health</li> <li> Socialization</li> <li> Spirituality</li> </ul>	<p>10:00  Ball Toss <b>1</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Game Time</p> <p>2:00  Sing A Long</p> <p>6:00  Destination Stations</p>	<p>10:00  Disk Golf <b>2</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Detective Search</p> <p>2:00  <b>Crafty Club: Cherry Blossom Tree Art</b></p> <p>3:00 Images of Cherry Blossom Trees on YouTube</p> <p>6:00  Dakim</p>	<p>10:00  Sit and Be Fit <b>3</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Name the President</p> <p>2:00  Drumming 2 Fitness</p> <p>3:00  Bible Study / Hymns</p> <p>6:00  Destination Stations</p>	<p>10:00  Throw Tic Tac Toe <b>4</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Riddle Me This</p> <p>11:00  Rosary and Communion</p> <p>1:30  Food on the griddle</p> <p>3:00  Prize Bingo</p> <p>6:00  Dakim</p>	<p>10:00  Bean Bag Toss <b>5</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Scattergories</p> <p>2:00  Group Trivia</p> <p>3:00  <b>Sing A Long</b></p> <p>6:00  Destination Stations</p>	<p>10:00  Balloon Volleyball <b>6</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Daily Chronicle</p> <p>12:30  Fancy Fingers</p> <p>2:00  Coffee and Coloring:</p> <p>6:00  Dakim</p>	
<p>10:00  Beach Ball Toss <b>7</b></p> <p>10:30  Infusion Bar</p> <p>2:00  <b>Communion from Platte Woods Methodist [MR]</b></p> <p>2:00  World of Color</p> <p>6:00  Dakim</p>	<p>10:00  Senior Stretching <b>8</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Game Time</p> <p>2:00  Sing A Long</p> <p>6:00  Destination Stations</p>	<p>10:00  Basketball <b>9</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Hangman</p> <p>2:00  High Low</p> <p>3:00  <b>Let's go to Japan</b></p> <p>6:00  Dakim</p>	<p>10:00  Sit and Be Fit <b>10</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Team's Choice Trivia</p> <p>2:00  Drumming 2 Fitness</p> <p>3:00  Bible Study / Hymns</p> <p>6:00  Destination Stations</p>	<p>10:00  Bean Bag Baseball With AL Friends <b>11</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Detective Search</p> <p>11:00  Rosary and Communion</p> <p>2:00  <b>Coffee and Coloring Japan Scenery</b></p> <p>3:00  Prize Bingo</p> <p>6:00  Dakim</p>	<p>10:00  Parachute <b>12</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Nme that Animal</p> <p>2:00  Ice Cream Social</p> <p>3:00  <b>Sing A Long</b></p> <p>6:00  Destination Stations</p>	<p>10:00  Balloon Volleyball <b>13</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Daily Chronicle</p> <p>12:30  Fancy Fingers</p> <p>2:00  Coffee and Coloring:</p> <p>6:00  Dakim</p>	
<p>10:00  Beach Ball Toss <b>14</b></p> <p>10:30  Infusion Bar</p> <p>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></p> <p>2:00  World of Color</p> <p>6:00  Dakim</p>	<p>10:00  Ball Toss <b>15</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Game Time</p> <p>2:00  Sing A Long</p> <p>6:00  Destination Stations</p>	<p>10:00  Bowling <b>16</b></p> <p>10:30  Infusion Bar</p> <p>11:00  The Letter Game</p> <p>2:00  <b>Creative Kitchen: Mochi Japanese Dessert</b></p> <p>3:00  Sing A Long</p> <p>6:00  Dakim</p>	<p>10:00  Sit and Be Fit <b>17</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Name that Sound</p> <p>2:00  Drumming 2 Fitness</p> <p>3:00  Bible Study / Hymns</p> <p>6:00  Destination Stations</p>	<p>10:00  Volleyball <b>18</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Opposites</p> <p>11:00  Rosary and Communion</p> <p>2:00  Let's Build a Sandcastle</p> <p>3:00  Prize Bingo</p> <p>6:00  Dakim</p>	<p>10:00  Washer Toss <b>19</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Map it Out</p> <p>2:00  Group Trivia</p> <p>3:00  <b>Greg Mancuso Performs</b></p> <p>6:00  Destination Stations</p>	<p>10:00  Balloon Volleyball <b>20</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Daily Chronicle</p> <p>12:30  Fancy Fingers</p> <p>2:00  Coffee and Coloring:</p> <p>6:00  Dakim</p>	
<p>10:00  Beach Ball Toss <b>21</b></p> <p>10:30  Infusion Bar</p> <p>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></p> <p>2:00  World of Color</p> <p>6:00  Dakim</p>	<p>10:00  Senior Stretching <b>22</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Game Time</p> <p>2:00  Sing A Long</p> <p>6:00  Destination Stations</p>	<p>10:00  Bean Bag Toss <b>23</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Name That Tune</p> <p>2:00  <b>Creative Kitchen: Sampling Green Tea</b></p> <p>3:00  Sing A Long</p> <p>6:00  Dakim</p>	<p>10:00  Sit and Be Fit <b>24</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Feud</p> <p>2:00  Drumming 2 Fitness</p> <p>3:00  Bible Study / Hymns</p> <p>6:00  Destination Stations</p>	<p>10:00  Tic Tac Toss <b>25</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Rosary and Communion</p> <p>11:00  Tongue Twisters</p> <p>2:00  <b>Crafty Class: Painting Japanese Ball Lantern Lamps</b></p> <p>3:00  Prize Bingo</p> <p>6:00  Dakim</p>	<p>10:00  <b>Rob McHenry Performs</b> <b>26</b></p> <p>10:30  Infusion Bar</p> <p>2:00  Ice Cream Social in the Memory Garden</p> <p>6:00  Destination Stations</p>	<p>10:00  Balloon Volleyball <b>27</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Daily Chronicle</p> <p>12:30  Fancy Fingers</p> <p>2:00  Coffee and Coloring:</p> <p>6:00  Dakim</p>	
<p>10:00  Beach Ball Toss <b>28</b></p> <p>10:30  Infusion Bar</p> <p>11:00  <b>Virtual Worship with UM Church of the Resurrection Channel 8 KMCI</b></p> <p>2:00  World of Color</p> <p>6:00  Dakim</p>	<p>10:00  Ball Toss <b>29</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Family Game Time</p> <p>2:00  Sing A Long</p> <p>6:00  Destination Stations</p>	<p>10:00  Basketball <b>30</b></p> <p>10:30  Infusion Bar</p> <p>11:00  Name That Job</p> <p>2:00  <b>Birthday Bash</b></p> <p>3:00  Group Trivia</p> <p>6:00  Dakim</p>	<p><b>Senior Star Superfood of the Month: Matcha Green Tea</b> Enjoy a variety of Japanese based snacks throughout the month of April, along with endless health benefits!</p>		<p><b>Laughter Yoga</b> is an aerobic exercise helping bring more oxygen to the brain, reduce stress, and strengthens your immune system. So, it's true what they say, <b>"Laughter is the best medicine."</b></p>	<p><b>Lucynt</b> has been proven to enrich the lives of those living with Alzheimer's by appealing to natural curiosity, to calm down the overactive and even engage the distant. Make sure to check out the <b>Lucynt Table</b> in the Paprika neighborhood!</p>	<p><b>Dakim:</b> Dakim has been clinically proven to significantly improve cognitive performance in the two most important areas, memory and language. These abilities strengthen attention, focus, and concentration!</p>