

Calendar of Events

Memory Care

March 2024
Senior Star at Wexford Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>Easter</p> <p>10:00 🏖️ Beach Ball Toss 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🎨 World of Color 6:00 🕒 Dakim</p>	<p>🌱 Brain Power</p> <p>🏃 Exercise & Movement</p> <p>🗣️ Expression</p> <p>💪 Inner Strength</p> <p>🥗 Nourishment & Health</p> <p>🗨️ Socialization</p> <p>☀️ Spirituality</p>	<p>Senior Star Superfood of the Month: Beets!</p> <p>Enjoy a variety of Beets-based snacks throughout the month of March, along with endless health benefits!</p>	<p>Laughter Yoga is an aerobic exercise helping bring more oxygen to the brain, reduce stress, and strengthens your immune system. So, it's true what they say, "Laughter is the best medicine."</p>	<p>Lucynt has been proven to enrich the lives of those living with Alzheimer's by appealing to natural curiosity, to calm down the overactive and even engage the distant.</p> <p>Make sure to check out the Lucynt Table in the Paprika neighborhood!</p>	<p>10:00 🏖️ Senior Stretch 1 10:30 🍏 Infusion Bar 11:00 🕒 Jingle Jumble 2:00 🍫 Hot Chocolate Bar with Ascend Hospice 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Balloon Volleyball 2 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🎨 Coffee and Coloring: 6:00 🕒 Dakim</p>
<p>10:00 🏖️ Beach Ball Toss 3 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🎨 World of Color 6:00 🕒 Dakim</p>	<p>9:30 🏖️ Aqua Toss 4 10:30 🕒 Family Game Time 11:00 🍏 Infusion Bar 2:00 🎨 Office Life Station 3:00 🗨️ Monday Movie 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Ball Toss 5 10:30 🍏 Infusion Bar 11:00 🕒 Finish The Phrase Game 2:00 🎨 Creative Kitchen: Morning Meditation Juice with Beets 3:00 🗨️ Sing A Long 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Sit and Be Fit 6 10:30 🍏 Infusion Bar 11:00 🕒 Higher or Lower 2:00 🎨 Drumming 2 Fitness 3:00 🗨️ Bible Study / Hymns 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Bean Bag Baseball With AL Friends 7 10:30 🏖️ Infusion Bar 11:00 ☀️ Rosary and Communion 11:00 🕒 Word Storm 1:30 🗨️ Prize Bingo 3:00 🗨️ Bob Cohen Performs 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Washer Toss 8 10:30 🏖️ Infusion Bar 11:00 🕒 Hangman 2:00 🎨 Hanging Shamrock Wishes 3:00 🗨️ Sing A Long 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Balloon Volleyball 9 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🎨 Fancy Fingers 2:00 🗨️ Coffee and Coloring: 6:00 🕒 Dakim</p>
<p>Daylight Saving Time Begins 10</p> <p>10:00 🏖️ Beach Ball Toss 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🎨 World of Color 6:00 🕒 Dakim</p>	<p>9:30 🏖️ Irish Chair Dance 11 10:30 🕒 Family Game Time 11:00 🏖️ Infusion Bar 2:00 🎨 Pinch Pot Pottery 3:00 🗨️ Monday Movie 4:00 🗨️ Manicure Madness 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Garry Kirkland Performs 12 10:30 🏖️ Infusion Bar 11:00 🕒 Brainstorming 2:30 🎨 Celebration of Life ; with Ascend Hospice 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Sit and Be Fit 13 10:30 🏖️ Infusion Bar 11:00 🕒 MindStart Puzzling 2:00 🎨 Drumming 2 Fitness 3:00 🗨️ Bible Study / Hymns 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Disk Golf 14 10:30 🏖️ Infusion Bar 11:00 🏖️ Family Feud 11:00 ☀️ Rosary and Communion 2:00 🗨️ Prize Bingo 3:00 🗨️ Dan Bliss Performs 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Bowling 15 10:30 🏖️ Infusion Bar 11:00 🕒 Name that Animal 2:00 🗨️ 'Today Everybody's Irish' St. Patrick's Day Party w/Greg Mancuso 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Balloon Volleyball 16 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 ☀️ Fancy Fingers 2:00 🎨 Coffee and Coloring: 6:00 🕒 Dakim</p>
<p>St. Patrick's Day 17</p> <p>10:00 🏖️ Beach Ball Toss 10:00 🏖️ Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🎨 World of Color 6:00 🕒 Dakim</p>	<p>9:30 🏖️ Mimicked stretching 18 10:30 🕒 Family Game Time 10:30 🏖️ Infusion Bar 2:00 🎨 Crafty Club: Newspaper Florals 3:00 🗨️ Monday Movie 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Senior Stretching 19 10:30 🏖️ Infusion Bar 11:00 🕒 Scattergories 2:00 🎨 We're going to Ireland, and sampling Beet Chips 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Sit and Be Fit 20 10:30 🏖️ Infusion Bar 11:00 🕒 Word Search 2:00 🎨 Drumming 2 Fitness 3:00 🗨️ Bible Study with Chaplain Julian 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Bean Bag Baseball With AL Friends 21 10:30 🏖️ Infusion Bar 11:00 🕒 Opposites 11:00 ☀️ Rosary and Communion 1:30 🎨 Let's Stuff Ester Eggs 3:00 🗨️ Prize Bingo</p>	<p>10:00 🏖️ Bowling 22 10:00 🏖️ Infusion Bar 11:00 🕒 Detective Search 1:30 🎨 Ice Cream Social 3:00 🗨️ Sam the Guitar Man Performs [C] 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Balloon Volleyball 23 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:00 🏖️ Annual Easter Egg Hunt - Starring Peter Cottontail! Ages 0 to 5 y/o 12:30 🍏 Fancy Fingers 1:00 🏖️ Easter Egg Hunt - Staring Peter Cottontail Ages 6-12 y/o 2:00 🎨 Coffee and Coloring: 6:00 🕒 Dakim</p>
<p>10:00 🏖️ Beach Ball Toss 24 10:30 🍏 Infusion Bar 11:00 ☀️ Virtual Worship with UM Church of the Resurrection Channel 8 KMCI 2:00 🎨 World of Color 6:00 🕒 Dakim</p>	<p>9:30 🏖️ Shaker Dancing 25 10:30 🕒 Family Game Time 11:00 🏖️ Infusion Bar 2:00 🎨 Get Crafty Welcome Sign 3:00 🗨️ Monday Movie 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Basketball 26 10:30 🏖️ Infusion Bar 11:00 🕒 Map it Out 1:30 🎨 Creative Kitchen: Baking Soda Bread 6:00 🕒 Dakim</p>	<p>10:00 🏖️ Sit and Be Fit 27 10:30 🏖️ Infusion Bar 11:00 🕒 Riddle Me This 2:00 🎨 Drumming 2 Fitness 3:00 🗨️ Bible Study / Hymns 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Seated Soccer / "Football" 28 10:30 🏖️ Infusion Bar 11:00 🕒 Finishing the Line 11:00 ☀️ Rosary and Communion 1:30 🎨 Birthday Bash 3:00 🗨️ Martin Thompson Performs 6:00 🕒 Dakim</p>	<p>10:00 🏖️ TacTic Toss 29 10:30 🏖️ Infusion Bar 11:00 🕒 Easter Trivia 1:30 🎨 Coffee and Coloring: Eater Pictures 3:00 🗨️ Sing A Long 6:00 🎨 Destination Stations</p>	<p>10:00 🏖️ Balloon Volleyball 30 10:30 🍏 Infusion Bar 11:00 🕒 Daily Chronicle 12:30 🍏 Fancy Fingers 2:00 🎨 Puzzle Club 6:00 🕒 Dakim</p>

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