

Calendar of Events

Independent Living

May 2024
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Brain Power</p> <p>Exercise & Movement</p> <p>Expression</p> <p>Inner Strength</p> <p>Nourishment & Health</p> <p>Socialization</p> <p>Spirituality</p>	<p>Location Keys</p> <p>AL 3 Patio Common Area AL 4 Common Area AL 4 Patio Common Area AL 4th Fl AL 4th Floor Theater Art Studio, 6th Fl Fitness Room Library, 1st Fl Main Dining Room, 1st Fl Marquis Theater, 1st Fl Meet in the Lobby, 1st Fl Moonlight Terrace, 16th Fl Music Room, 9th Fl Pool, 1st Floor Queen City Room, 7th Fl Wine Cellar, 1st Floor</p> <p>3P 4C 4P AL4 4T AS FR LI MDR MT L MN MR P QC WC</p>	<p>Always Available M-F: DAKIM, 9th FL</p> <p>The Buckeye Nurse Is In 9am-12pm, 5th Floor</p> <p>Shape Master, 3 FL Gym</p> <p>Sign up for programs in the lobby for items with an (R)!</p>	<p>10:00 Bible Scripture Study [QC]</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Klau Library Program [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Book Club [MR]</p> <p>7:30 FORGIVEN - Heartfelt/inspiring film w/Kevin Sorbo [MT]</p>	<p>10:00 Agua Fresca [LI]</p> <p>10:00 European Tours [MT]</p> <p>10:00 Praying the Rosary [4T]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:30 Derby Days Happy Hour [MN]</p> <p>3:30 Diane Shields: Yellow Fleet [MT]</p> <p>7:30 FREUD'S LAST SESSION drama w/ Anthony Hopkins [MT]</p>	<p>10:00 Jewelry Repair [4C]</p> <p>10:00 Symphony Outing (R) [L]</p> <p>1:15 Tai Chi -Cancelled [MT]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour: Dick Watson [WC]</p> <p>7:30 DARK WATERS (new release) true story thriller w/Tim Robbins & Mark Ruffalo [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie - MY NAME IS VENDETTA (some violence action/adventure [MT])</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>6:30 Kentucky Derby Race [WC]</p> <p>7:30 THE JUDGE (new release) Courtroom Drama w/Robert Downey Jr. & Robert Duvall [MT]</p>
<p>11:00 Hymn Singing [MR]</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Cinco De Mayo Craft [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P]</p> <p>11:00 Chess Match [4C]</p> <p>11:45 Chair Yoga: Cancelled [MT]</p> <p>1:00 Fine Arts Matinee: Mariachi Sol de Mexico [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>7:30 Brian Jorg: Galapagos Islands [MT]</p>	<p>9:45 Seated Strength Class w/ Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Charles Lindberg [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 New Day! Bingo [4C]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC]</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>11:00 Nourishing Minds w/the Rabbi [MR]</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Name That Tune! [WC]</p> <p>4:00 Balance w/Buckeye [FR]</p> <p>7:30 Movie [MT]</p>	<p>10:00 European Tours [MT]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>1:30 Mother's Day Ladies Tea (R) [MN]</p> <p>3:00 Mixology: Margaritas & Guacamole (R) [WC]</p> <p>3:30 Diane Shields: Famous Mothers [MT]</p> <p>7:30 Movie [MT]</p>	<p>9:45 Brunch @ Cafe Alma (R) [L]</p> <p>1:15 Tai Chi -Cancelled [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Brain Games w/Powerback [MT]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:45 Happy Hour w/Denny D. [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L]</p> <p>11:30 Mother's Day Lunch Special [MDR]</p> <p>1:30 Open Gym [FR]</p> <p>2:30 Cincinnati Youth Orchestra Concert [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie [MT]</p>
<p>Mother's Day</p> <p>11:00 Hymn Singing [MR]</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>11:30 Mother's Day Lunch Special [MDR]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Zumba Gold [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:30 Programs Planning Meeting [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>4:15 Outing to Mi Cozumels (R) [L]</p> <p>7:30 Documentary [MT]</p>	<p>9:30 News Currents [MT]</p> <p>9:45 Seated Strength Class w/Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Orkney Islands [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Jewelry Making [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 New Day! Bingo [4C]</p> <p>7:00 Card Making w/Brenda (R) [MR]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC]</p> <p>10:00 Water Aerobics-CANCELLED [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>2:00 Town Hall Meeting [MT]</p> <p>3:30 Name That Tune! [WC]</p> <p>7:30 Movie [MT]</p>	<p>10:00 European Tours [MT]</p> <p>10:00 Praying the Rosary [4T]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Bingo [4C]</p> <p>3:30 Diane Babcock: Sculptor Hiram Powers [MT]</p> <p>7:30 Nick Greenberg Trio Concert [MT]</p>	<p>9:45 Outing to Covington Basilica (R) [L]</p> <p>10:30 May Craft [4C]</p> <p>1:15 Tai Chi -Cancelled [MT]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour w/ Jim Kelly [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie [MT]</p>
<p>11:00 Hymn Singing [MR]</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Bingo [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P]</p> <p>11:00 Chess Match [4C]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Buckeye Health Matters: Low Back Pain [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:15 Fine Arts Class (R) [AS]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>6:30 Bingo with Encompass [AL4]</p> <p>7:30 Jazz Train Concert [MT]</p>	<p>9:45 Seated Strength Class w/ Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Rommel! [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>2:30 JFS Ice Cream Social [AS]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 New Day! Bingo [4C]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC]</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Men's Discussion Group [MR]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Name That Tune! [WC]</p> <p>4:00 Balance w/Buckeye [FR]</p> <p>7:30 Movie [MT]</p>	<p>Library Book Delivery</p> <p>10:00 European Tours [MT]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Adventures to Mexico! [MT]</p> <p>3:30 Diane Shields: Arlington Nat'l Cemetery [MT]</p> <p>7:30 Spittin' Image Concert [MT]</p>	<p>10:00 Shopping at Monroe Outlets (R) [L]</p> <p>11:00 Jewelry Making [4C]</p> <p>1:15 Tai Chi -Cancelled [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Brain Games w/Powerback [MT]</p> <p>3:00 Technology Class (R) [QC]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour w/ Phil DeGreg [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L]</p> <p>12:00 Kenwood Family Buffet [MDR]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie [MT]</p>
<p>11:00 Hymn Singing [MR]</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>Memorial Day</p> <p>10:00 Water Aerobics-CANCELED [P]</p> <p>11:00 Chess Match [4C]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:00 Fine Arts Matinee: Don Quixote Ballet [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>5:00 Kenwood Smokehouse & Patriotic Cocktail [MDR]</p> <p>7:30 Documentary [MT]</p>	<p>9:30 News Currents [MT]</p> <p>9:45 Seated Strength Class w/ Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Catherine the Great [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Jewelry Making [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 New Day! Bingo [4C]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC]</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>12:00 Reds Game Outing (R) [L]</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Name That Tune! [WC]</p> <p>7:30 Music with Ricky Nye [MT]</p>	<p>10:00 European Tours [MT]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Bingo [4C]</p> <p>3:30 Diane Shields: Civil War-Cincy 9th Regiment [MT]</p> <p>7:30 Movie [MT]</p>	<p>11:30 Outing to the Omni Max : Deep Sky (R) [L]</p> <p>1:15 Tai Chi -Cancelled [MT]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour w/Tammy Powell [WC]</p> <p>5:30 Burrito Bar Dinner Night! [MDR]</p> <p>7:30 New Release Movie [MT]</p>	<p>The Dakim Brain Fitness System is always available for use on the 9th floor! See the front desk or Programs staff for a form to sign up!</p>