

Calendar of Events

Assisted Living

April 2024
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality 	<p>11:00 Chess Match [4C] 1</p> <p>11:00 Intro to Meditation with Becky [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:50 Military Monday Movie Sand Castle (N) [4T]</p> <p>3:30 Brain Games [4C]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p>	<p>9:45 Seated Strength Class w/Buckeye [MT] 2</p> <p>11:00 Diane Shields-Northern Ireland [MT]</p> <p>11:00 Lunch Outing to Capital Grill</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 A Stitch in Time Group [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>4:15 Happy Hour [3P]</p>	<p>10:00 Bible Scripture Study [QC] 3</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Origami Class [4C]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:15 Afternoon Movie: My Big Fat Greek Wedding 2 (N) [4T]</p> <p>4:00 Creative Canvas [4C]</p> <p>6:30 Bingo [4C]</p>	<p>10:00 Rosary Service [4T] 4</p> <p>10:30 Mass Services [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Bingo [4C]</p> <p>3:30 Diane Shields- The Cincy Observatory [MT]</p> <p>4:30 A taste of Japan: Green Tea [WC]</p> <p>4:30 Wine Social w/Buckeye Rehab [WC]</p>	<p>11:00 Flower Arranging [4C] 5</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00 News Currents [4P]</p> <p>3:00 Chair Exercises [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:15 Happy Hour [3C]</p> <p>6:30 Early Evening Movie Night: Babe: Pig in the City [ALT]</p>	<p>3:00 Classical Music Review [ALT] 6</p> <p>6:30 Saturday Night Movie Guarding Tess [4T]</p>
<p>10:30 Passover Bingo w/JFS [AS] 7</p> <p>11:00 Hymn Singing [MR]</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>2:00 April Craft [4C]</p> <p>2:00 Concert w/ James Loughery [MT]</p>	<p>10:00 Dog Visits</p> <p>11:00 Chess Match [4C] 8</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:50 Military Monday Movie [4T]</p> <p>1:52 Solar Eclipse Starts (Peak 3:09PM)</p> <p>2:00 Eclipse Party with Tammy Powell</p> <p>3:30 Brain Games [4C]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p>	<p>9:45 Seated Strength Class w/Buckeye [MT] 9</p> <p>11:00 Diane Shields-U.S. Grant: Military Years [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 A Stitch in Time Group [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>4:15 Happy Hour [3P]</p>	<p>10:00 Bible Scripture Study [QC] 10</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>11:00 Nourishing Minds w/the Rabbi [MR]</p> <p>1:30 Jewelry Making [AL4]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Klau Library: Jewish Printing History [MT]</p> <p>2:15 Afternoon Movie: [4T]</p> <p>4:00 Creative Canvas [4C]</p> <p>6:30 Bingo [4C]</p>	<p>11:15 Sit & Be Fit [MT] 11</p> <p>12:30 Magic Wok Carry In (3rd floor Only)</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Culinary Class [4C]</p> <p>3:30 Diane Shields-U.S. Grant: Presidential Yrs. [MT]</p>	<p>1:15 Tai Chi w/ Kristen Dietsch [MT] 12</p> <p>2:00 News Currents [4P]</p> <p>3:00 Brain Games w/Powerback [MT]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:15 Signature Drink and Trivia [3P]</p> <p>6:30 Early Evening Movie Night [ALT]</p>	<p>2:30 Cincinnati Youth Orchestra Concert [MT] 13</p> <p>6:30 Saturday Night Movie [4T]</p>
<p>11:00 Hymn Singing [MR] 14</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Music with Jackie [4P]</p>	<p>10:00 Dog Visits</p> <p>11:00 Chess Match [4C] 15</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:50 Military Monday Movie [4T]</p> <p>2:00 Bananagram [4C]</p> <p>3:30 Brain Games [4C]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>6:30 Bingo with Encompass [AL4]</p>	<p>9:45 Seated Strength Class w/Buckeye [MT] 16</p> <p>11:00 Diane Shields- Battle of Midway [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Town Hall [4T]</p> <p>2:00 A Stitch in Time Group [QC]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>4:15 Happy Hour [3P]</p> <p>5:00 Kenwood Theme Dinner Night! [MDR]</p>	<p>10:00 Bible Scripture Study [QC] 17</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>11:15 Lunch Outing to Genki Ramen and Izakaya (Japanese)</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:15 Afternoon Movie: [4T]</p> <p>3:00 Meet n Greet w/ Buckeye Rehab [MT]</p> <p>4:00 Creative Canvas [4C]</p> <p>6:30 Bingo [4C]</p>	<p>10:00 Rosary Service [4T] 18</p> <p>10:30 Mass Services [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Adventures: Japan [MT]</p> <p>2:00 Japanese Kit Kat Tasting [4C]</p> <p>3:30 Diane Shields- Abe Lincoln's Children [MT]</p>	<p>1:15 Tai Chi w/ Kristen Dietsch [MT] 19</p> <p>2:00 News Currents [4P]</p> <p>3:00 Chair Exercises [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:15 April Birthday Theme Happy Hour [3P]</p> <p>6:30 Early Evening Movie Night [ALT]</p>	<p>3:00 Classical Music Review [ALT] 20</p> <p>6:30 Saturday Night Movie [4T]</p>
<p>11:00 Hymn Singing [MR] 21</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Zumba Gold [4P]</p>	<p>Spirit Week! Wear Purple</p> <p>10:00 Dog Visits 22</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:50 Military Monday Movie [4T]</p> <p>2:00 Live Music with Dick Watson [LC]</p> <p>3:30 Brain Games [4C]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p>	<p>Spirit Week-Wear Crazy Socks</p> <p>9:45 Seated Strength Class w/Buckeye [MT] 23</p> <p>11:00 Diane Shields- Cincy Germans: WWI [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 A Stitch in Time Group [QC]</p> <p>2:00 Seder Meal with JFS (R) [MN]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>4:15 Happy Hour [3P]</p>	<p>Spirit Week- Wear Tropical Attire</p> <p>10:00 Bible Scripture Study [QC] 24</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Jewelry Making [AL4]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:15 Afternoon Movie: [4T]</p> <p>4:00 Creative Canvas [4C]</p> <p>6:30 Bingo [4C]</p>	<p>Library Book Delivery</p> <p>Spirit Week-Wear Reds 25</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Bingo [4C]</p> <p>3:30 Diane Shields Lecture-TBA [MT]</p>	<p>Spirit Week-Wear a Crazy Hat</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT] 26</p> <p>2:00 Afternoon Japanese Tea and Dessert [4T]</p> <p>2:00 News Currents [4P]</p> <p>3:00 Brain Games w/Powerback [MT]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:15 Crazy Hat Themed Happy Hour [3P]</p> <p>6:30 Early Evening Movie Night [ALT]</p>	<p>12:00 Kenwood Family Buffet [MDR] 27</p> <p>3:00 Classical Music Review [ALT]</p> <p>6:30 Saturday Night Movie [4T]</p>
<p>11:00 Hymn Singing [MR] 28</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Shape Master [4C]</p>	<p>10:00 Dog Visits</p> <p>11:00 Chess Match [4C] 29</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:50 Military Monday Movie [4T]</p> <p>2:00 Bananagram [4C]</p> <p>3:30 Brain Games [4C]</p> <p>4:00 Chair Exercise w/ Buckeye [3P]</p> <p>4:00 Rosary Prayer Group [MR]</p>	<p>9:45 Seated Strength Class w/Buckeye [MT] 30</p> <p>11:00 Diane Shields-Hollywood: Yul Brynner [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>2:00 A Stitch in Time Group [QC]</p> <p>2:00 Dog Visits with Apollo [4C]</p> <p>2:15 THE VIKINGS by Professor Kenneth Harl [MT]</p> <p>4:15 Happy Hour [3P]</p>	<p>Location Keys</p> <ul style="list-style-type: none"> AL 3 Common Area AL 3 Patio Common Area AL 4 Common Area AL 4 Patio Common Area AL 4th Fl AL 4th Floor Theater AL Theater, 4th Fl Art Studio, 6th Fl LTN Common Area Main Dining Room, 1st Fl Marquis Theater, 1st Fl Moonlight Terrace, 16th Fl Music Room, 9th Fl Queen City Room, 7th Fl Wine Cellar, 1st Floor 	<p>The Music & Memory Program uses favorite music from throughout the years on a personal playlist for reminiscing and to improve your mood. Join us this month!</p>	<p>* Programs are subject to change. Please check your weekly calendar for up to date events .</p> <p>The Daily Chronicle is available at the nurses station every Sat. and Sun after 10:00AM. Feel free to pick one up!</p>	<p>Dakim Brain Fitness</p> <p>The Dakim Brain Fitness computer is available anytime and offers fun cognitive games to stimulate your brain. See Tara to get signed up to play!</p>