Calendar of Events		Independent Living			March 2024 The Kenwood by Senior Star	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 1:30 Open Gym [FR] 2:00 Afternoon Movie [MT] 2:30 Independent Card/Board Games [AS] 7:30 M Movie [MT]	 	Location Keys	Always Available M-F: DAKIM, 9th FL The Summit Nurse Is In 9am-12pm, 5th Floor Shape Master, 3 FL Gym Sign up for programs in the lobby for items with an (R)!	The Dakim Brain Fitness System is always available for use on the 9th floor! See the front desk or Programs staff for a form to sign up!	10:30 Floral Arranging (R) [MT] 12:30 OMNIMAX Outing- Volcanoes (R) [L] 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 Poker Party [MN] 3:00 Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:45 Happy Hour w/Denny D. [WC] 7:30 THE WAR MACHINE military comedy w/Brad Pitt [MT]	10:30 ¶ SHOPPING TRIP TO WAL-MART [L] 1:30 ➡ Open Gym [FR] 2:00 28 DAYS - comedy w/ Sandra Bullock [MT] 2:30 ♠ Independent Card/Board Games [AS] 7:30 ★ THE FOUR SEASONS - Comedy w/Alan Alda & Carol Burnett [MT]
11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 1:30 Open Gym [FR] 2:00 Afternoon Movie [MT] 2:00 Zumba Gold [4C] 2:30 Independent Card/Board Games [AS] 7:30 Movie [MT]	10:00 Water Aerobics w/ Alice [P] 11:45 Chair Yoga with Becky [MT] 1:30 Shopping - Downtown Madeira [L] 2:00 Poker Party [MN] 2:00 Whiz Kids Volunteer Presentation [MT] 4:00 Chair Exercise w/ Power Back [3P] 4:00 Rosary Prayer Group [MR] 7:30 Double Play Concert [MT]	9:45 → Seated Strength Class w/Summit [MT] 11:00 Diane Shields Lecture [MT] 1:30 Canasta Group [AS] 2:00 Stitch Together w/Ruth [QC] 2:15 America's Founding Fathers [MT] 3:30 → Biking the Byways [MT] 7:30 Evening Movie [MT]	10:15 ← Rock Steady Boxing for Parkinson's 10:30 Klau Library Program: Exploring Esther [MT]	10:00 European Tours [MT] 10:00 Praying the Rosary [4T] 10:30 Catholic Mass [4T] 11:00 Anointing of the Sick [4T] 11:15 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Bingo [4C] 3:30 Diane Shields Lecture [MT] 4:30 Red Velvet Cupcakes [WC] 7:30 Movie [MT]	9:30 National Exemplar Outing (R) [L] 11:00 Irish Craft [4C] 1:15 Tai Chi-CANCELLED [MT] 2:00 Poker Party [MN] 3:00 Brain Games w/Powerback [MT] 4:00 Shabbat Service: Dara Wood [AS] 4:30 Happy Hour: Mr. Chris [WC] 7:30 New Release Movie [MT]	10:30 SHOPPING TRIP TO WAL- MART [L] 1:30 Open Gym [FR] 2:30 Cincinnati Youth Orchestra Concert [MT] 2:30 Independent Card/ Board Games [AS] 7:30 Evening Movie [MT]
Daylight Saving Time Begins 11:00 ★ Hymn Singing [MR] 11:00 ♣ Presbyterian Service Streamed [MT] 1:30 ♣ Open Gym [FR] 2:00 ♠ Afternoon Movie [MT] 2:30 ♠ Independent Card/Board Games [AS] 7:30 ★ Movie [MT]	10:00 → Water Aerobics w/ Alice [P] 11:00 ♣ Intro to Meditation with Becky [MT] 11:45 → Chair Yoga with Becky [MT] 1:30 M Oppenheimer Movie [MT] 1:30 Shopping - Downtown Madeira [L] 2:00 M Poker Party [MN] 4:00 → Chair Exercise w/ Power Back [3P] 4:00 ♣ Rosary Prayer Group [MR] 4:30 M Outing to PF Changs (R) [L] 7:30 Brian Jorg Travel Lecture [MT]	9:30 ♣ News Currents [MT] 9:45 ♣ Seated Strength Class w/Summit [MT] 10:30 ♣ Memorable Melodies [LI] 11:00 ♠ Diane Shields Lecture [MT] 1:30 ★ Canasta Group [AS] 2:00 ♣ Stitch Together w/Ruth [QC] 2:15 ♠ America's Founding Fathers [MT] 3:30 ♣ Biking the Byways [MT] 7:00 ♣ Card Making w/Brenda (R) [MR] 7:30 ★ Evening Movie [MT]	10:00 * Bible Scripture Study [QC] 10:00 * Water Aerobics w/Alice [P] 10:15 * Rock Steady Boxing for Parkinson's 11:00 * Nourishing Minds w/the Rabbi [MR] 1:30 * Jewelry Making [AL4] 1:30 * Rummikub [WC] 2:00 * Basic Fitness w/ Summit [4P] 2:00 * Poker Party [MN] 3:30 * Name That Tune! [WC] 4:00 * Balance w/Powerback [FR] 6:30 * Minds Bingo [4C] 7:30 * Movie [MT]	10:00 European Tours [MT] 11:15 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 1:00 Plum Street Temple Outing (R) [L] 3:00 Mixology: Featuring Beets! (R) [WC] 3:30 Diane Shields Lecture [MT] 7:30 Movie [MT]	10:45	10:30 ¶ SHOPPING TRIP TO WAL- MART [L] 1:30 ➡ Open Gym [FR] 2:00 Afternoon Movie [MT] 2:30 ☐ Independent Card/ Board Games [AS] 7:30 M Evening Movie [MT]
St. Patrick's Day 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 1:30 Open Gym [FR] 2:00 Afternoon Movie [MT] 2:00 Hyde Park Piano Studio Recital [MT] 2:30 Independent Card/Board Games [AS] 7:30 Movie [MT]	10:00 Water Aerobics w/ Alice [P] 11:00 Intro to Meditation with Becky [MT] 11:45 Chair Yoga with Becky [MT] 1:30 Elder Justice Forum [MT] 1:30 Shopping - Downtown Madeira [L] 2:00 Poker Party [MN] 3:00 Programs Planning Meeting [MT] 3:15 Fine Arts Class (R) [AS] 4:00 Chair Exercise w/ Power Back [3P] 4:00 Rosary Prayer Group [MR] 6:30 Bingo with Encompass [AL4] 7:30 Jazz Train Concert [MT]	9:45 → Seated Strength Class w/Summit [MT] 10:30	[P] 10:15 Hock Steady Boxing for Parkinson's	10:00 European Tours [MT] 10:00 Praying the Rosary [4T] 10:30 Catholic Mass [4T] 11:15 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 1:15 JFS Class: Making Hamentaschen(R) [AS] 2:15 Adventure to Ireland [MT] 3:30 Diane Shields Lecture [MT] 7:30 Movie [MT]	Wear Reds Gear 9:45 Outing to Pompeii Exhibit CMC (R) [L] 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 Poker Party [MN] 2:30 Reds Traveling Show [MT] 4:00 Shabbat Service: Dara Wood [AS] 4:30 Happy Hour w/ Phil DeGreg [WC] 7:30 New Release Movie [MT]	10:30 ¶ SHOPPING TRIP TO WAL- MART [L] 1:30 → Open Gym [FR] 2:00 Afternoon Movie [MT] 2:30 ☐ Independent Card/ Board Games [AS] 7:30 M Evening Movie [MT]
11:00 ★ Hymn Singing [MR] 11:00 ➤ Presbyterian Service Streamed [MT] 1:30 → Open Gym [FR] 2:00 → Afternoon Movie [MT] 2:30 → Independent Card/Board Games [AS] 7:30 ★ Movie [MT]	10:00 → Water Aerobics w/ Alice [P] 11:00 ♣ Intro to Meditation with Becky [MT] 11:45 → Chair Yoga with Becky [MT] 1:00 M Fine Arts Matinee [MT] 1:30 ♣ Shopping - Blue Ash Kroger [L] 2:00 M Poker Party [MN] 3:00 Power Back Health Matters [MT] 4:00 → Chair Exercise w/ Power Back [3P] 4:00 ♠ Rosary Prayer Group [MR] 7:30 Documentary [MT]	9:30 News Currents [MT] 9:45 Seated Strength Class w/ Summit [MT] 10:30 Memorable Melodies [LI] 11:00 Diane Shields Lecture [MT] 1:30 Canasta Group [AS] 2:00 Stitch Together w/Ruth [QC] 2:15 America's Founding Fathers [MT] 4:00 Power Back Health Screening (R) [MT] 6:30 Power Back Euchre Night (R) [MT] 7:30 Evening Movie [MT]	10:00 ★ Bible Scripture Study [QC] 10:00 ★ Water Aerobics w/Alice [P] 10:15 ★ Rock Steady Boxing for Parkinson's 1:30 ★ Jewelry Making [AL4] 1:30 ♠ Rummikub [WC] 2:00 ★ Basic Fitness w/ Summit [4P] 2:00 ★ Poker Party [MN] 3:30 ★ Name That Tune! [WC] 4:00 ★ Balance w/Powerback [FR] 6:30 ★ Bingo [4C] 7:30 ♠ River City Bluegrass Band- Mail Man John! [MT]	Library Book Delivery Reds Opening Day 10:00 © European Tours [MT] 11:15 ↔ Sit & Be Fit [MT] 12:30 ② Mahjong Group [AS] 1:30 ¶ Ladies Tea (R) [AS] 3:30 ② Diane Shields Lecture [MT] 4:00 M Reds Game and Happy Hour [WC] 7:30 M Movie [MT]	10:00 Symphony Outing (R) [L] 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 MP Poker Party [MN] 3:00 Town Zumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:30 MP Happy Hour w/Dick Watson [WC] 7:30 MP New Release Movie [MT]	10:30 ¶ SHOPPING TRIP TO WAL-MART [L] 11:30 ¶ Kenwood Family Buffet- Spring Fling! [MDR] 1:30 ↔ Open Gym [FR] 2:00 Afternoon Movie [MT] 2:30 ☐ Independent Card/Board Games [AS] 7:30 ☐ Evening Movie [MT]

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