


Calendar of Events

Memory Care

February 2023
The Kenwood by Senior Star Memory Care North

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|---|--|---|--|--|
| <p>Location Keys</p> <ul style="list-style-type: none"> AL 3 Common Area 3C AL 4th Floor Theater 4T MCN Common Area MNC MCN Dining Room MND MCN TV Room MNT MCS Dining Room MSD | <p>Location Keys</p> <ul style="list-style-type: none"> AL 3 Common Area 3C AL 4th Floor Theater 4T MCN Common Area MNC MCN Dining Room MND MCN TV Room MNT MCS Dining Room MSD | <p>The Dakim Brain Fitness computer is located near the nurse's station. Playing 3-4 times a week can improve your memory and brain functions!</p> | <p>10:00 Nail Care w/ Taylor [MNC] 1</p> <p>11:00 New! Aqua Painting w/ Ann [MND]</p> <p>11:30 Target Toss* [MNC]</p> <p>1:00 Game Choice w/ Ann [MNC]</p> <p>3:00 Color me calm w/ Taylor - Chocolate Themed [MND]</p> <p>7:30 Movie Night* [MNT]</p> | <p>*Dakim* 2</p> <p>Groundhog Day</p> <p>10:00 Rosary [4T]</p> <p>10:30 Balloon Bash* [MNC]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:30 New! Music & Movement w/ Ann [MNC]</p> <p>2:00 Art Project w/ Tara [MND]</p> <p>3:30 Brain Games w/ Ann [MNC]</p> <p>4:00 Destination Fun* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>3</p> <p>10:30 One to one visits w/ Ann [MNC]</p> <p>11:00 Balloon Bash* [MNC]</p> <p>1:30 Shabbat Services w/ Rabbi Karp [4T]</p> <p>2:30 Nail Care* [MNC]</p> <p>3:00 Game Choice w/ Ann [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>Dakim* 4</p> <p>10:15 Fitness fun w/ Gaynelle [MNC]</p> <p>11:30 Residents Game Choice* [MNC]</p> <p>1:30 Explore the indoors* [MNC]</p> <p>2:30 Noodle Ball* [MNC]</p> <p>3:30 Afternoon Snack & Drinks* [MND]</p> <p>7:30 Movie Night* [MNT]</p> | |
| <p>5</p> <p>10:00 Morning Stretches w/ Tara [MNC]</p> <p>10:30 News Currents w/ associates [MNC]</p> <p>11:30 Puzzle it up* [MNC]</p> <p>1:00 Board Games* [MND]</p> <p>2:30 One to One Visits* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>6</p> <p>10:30 Brain Games w/ Ann [MNT]</p> <p>11:30 Exercise w/ associates* [MNC]</p> <p>3:15 Story Hour w/ Gaynelle [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>7</p> <p>*Dakim*</p> <p>10:30 Lucynt Table w/ Ann [MNC]</p> <p>11:30 Fitness Fun w/ Associates* [MNT]</p> <p>1:30 Noodle Ball w/ associates* [MNC]</p> <p>2:00 Live Music w/ Paula [MSD]</p> <p>3:30 Brain Games w/ associates [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>8</p> <p>11:00 Chocolate Donut Outing</p> <p>11:00 New! Aqua Painting w/ Ann [MND]</p> <p>11:30 Target Toss* [MNC]</p> <p>1:00 Game Choice w/ Ann [MNC]</p> <p>3:00 Color me calm w/ Taylor [MND]</p> <p>7:30 Movie Night* [MNT]</p> | <p>9</p> <p>*Dakim*</p> <p>10:30 Balloon Bash* [MNC]</p> <p>11:30 New! Hand Massages w/ Ann [MNC]</p> <p>2:00 Art Project w/ Tara [MND]</p> <p>3:30 Brain Games w/ Ann [MNC]</p> <p>4:00 Destination Fun* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>10</p> <p>10:30 One to one visits w/ Ann [MNC]</p> <p>11:00 Balloon Bash w/ Taylor [MNC]</p> <p>2:00 Valentine's Day Craft w/ Taylor - Water Color [MND]</p> <p>2:30 Nail Care* [MNC]</p> <p>3:00 Game Choice w/ Gaynelle [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>11</p> <p>Dakim*</p> <p>10:15 Fitness fun w/ Gaynelle [MNC]</p> <p>11:30 Residents Game Choice* [MNC]</p> <p>1:30 Explore the indoors* [MNC]</p> <p>2:30 Noodle Ball* [MNC]</p> <p>3:30 Afternoon Snack & Drinks* [MND]</p> <p>7:30 Movie Night* [MNT]</p> | |
| <p>12</p> <p>10:00 Conversation Cards w/ Ann [MNC]</p> <p>10:30 News Currents w/ associates [MNC]</p> <p>11:30 Puzzle it up* [MNC]</p> <p>1:00 Board Games* [MND]</p> <p>2:30 One to One Visits* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>13</p> <p>10:30 Finishing the Lines w/ Taylor [MNT]</p> <p>11:30 Exercise w/ associates* [MNC]</p> <p>2:00 Live Music W/ Tammy Powelle [3C]</p> <p>3:15 Story Hour w/ Gaynelle [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>14</p> <p>*Dakim*</p> <p>Valentine's Day</p> <p>10:30 Lucynt Table w/ Ann [MNC]</p> <p>11:00 Valentine's Day Craft w/ Taylor - Shaving Cream [MND]</p> <p>11:30 Fitness Fun w/ Associates* [MNT]</p> <p>1:30 Noodle Ball w/ associates* [MNC]</p> <p>3:30 Songs by Heart [MSD]</p> <p>7:30 Movie Night* [MNT]</p> | <p>15</p> <p>10:00 Nail Care w/ Taylor [MNC]</p> <p>11:00 New! Aqua Painting w/ Ann [MND]</p> <p>11:30 Target Toss* [MNC]</p> <p>12:30 Carry-In - Skyline [MND]</p> <p>1:00 Game Choice w/ Ann [MNC]</p> <p>3:00 Color me calm w/ Taylor [MND]</p> <p>7:30 Movie Night* [MNT]</p> | <p>16</p> <p>*Dakim*</p> <p>10:00 Rosary [4T]</p> <p>10:30 Balloon Bash* [MNC]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:30 New! Music & Movement w/ Ann [MNC]</p> <p>2:00 Art Project w/ Tara [MND]</p> <p>3:30 Brain Games w/ Ann [MNC]</p> <p>4:00 Destination Fun* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>17</p> <p>10:30 One to one visits w/ Ann [MNC]</p> <p>11:00 Balloon Bash w/ Taylor [MNC]</p> <p>1:30 Shabbat Services w/ Rabbi Karp [4T]</p> <p>2:00 Craft w/ Taylor - Chocolate Play-Doh [MND]</p> <p>2:30 Nail Care* [MNC]</p> <p>3:00 Game Choice w/ Ann [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>18</p> <p>Dakim*</p> <p>10:15 Fitness fun w/ Gaynelle [MNC]</p> <p>11:30 Residents Game Choice* [MNC]</p> <p>1:30 Explore the indoors* [MNC]</p> <p>2:30 Noodle Ball* [MNC]</p> <p>3:30 Afternoon Snack & Drinks* [MND]</p> <p>7:30 Movie Night* [MNT]</p> | |
| <p>19</p> <p>10:00 One to One Visits w/ Taylor [MNC]</p> <p>10:30 News Currents w/ associates [MNC]</p> <p>11:30 Puzzle it up* [MNC]</p> <p>1:00 Board Games* [MND]</p> <p>2:30 One to One Visits* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>20</p> <p>Presidents' Day</p> <p>10:30 Brain Games w/ Ann [MNT]</p> <p>11:30 Exercise w/ associates* [MNC]</p> <p>2:00 Art Project w/ Tara [MNC]</p> <p>3:15 Story Hour w/ Gaynelle [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>21</p> <p>*Dakim*</p> <p>10:30 Lucynt Table w/ Ann [MNC]</p> <p>11:30 Fitness Fun w/ Associates* [MNT]</p> <p>1:30 Noodle Ball w/ associates* [MNC]</p> <p>2:00 Live Music w/ Paula [MSD]</p> <p>3:30 Brain Games w/ associates [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>22</p> <p>10:00 Nail Care w/ Taylor [MNC]</p> <p>11:00 New! Aqua Painting w/ Ann [MND]</p> <p>11:30 Target Toss* [MNC]</p> <p>1:00 Game Choice w/ Ann [MNC]</p> <p>2:00 Monthly Birthday Party [MSD]</p> <p>3:00 Color me calm w/ Taylor [MND]</p> <p>7:30 Movie Night* [MNT]</p> | <p>23</p> <p>*Dakim*</p> <p>10:30 Balloon Bash* [MNC]</p> <p>11:30 New! Hand Massages w/ Ann [MNC]</p> <p>2:00 Art Project w/ Tara [MND]</p> <p>3:30 Brain Games w/ Ann [MNC]</p> <p>4:00 Destination Fun* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>24</p> <p>10:30 One to one visits w/ Ann [MNC]</p> <p>11:00 Balloon Bash w/ Taylor [MNC]</p> <p>2:30 Nail Care* [MNC]</p> <p>3:00 Game Choice w/ Gaynelle [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>25</p> <p>Dakim*</p> <p>10:15 Fitness fun w/ Gaynelle [MNC]</p> <p>11:30 Residents Game Choice* [MNC]</p> <p>1:30 Explore the indoors* [MNC]</p> <p>2:30 Noodle Ball* [MNC]</p> <p>3:30 Afternoon Snack & Drinks* [MND]</p> <p>7:30 Movie Night* [MNT]</p> | |
| <p>26</p> <p>10:00 Nail Care w/ Gaynelle [MNC]</p> <p>10:30 News Currents w/ associates [MNC]</p> <p>11:30 Puzzle it up* [MNC]</p> <p>1:00 Board Games* [MND]</p> <p>2:30 One to One Visits* [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>27</p> <p>10:30 Finishing the Lines w/ Ann [MNT]</p> <p>11:30 Exercise w/ associates* [MNC]</p> <p>2:00 Art Project w/ Tara [MNC]</p> <p>7:30 Movie Night* [MNT]</p> | <p>28</p> <p>*Dakim*</p> <p>10:30 Lucynt Table w/ Ann [MNC]</p> <p>11:30 Fitness Fun w/ Associates* [MNT]</p> <p>1:30 Noodle Ball w/ associates* [MNC]</p> <p>3:30 Songs by Heart [MSD]</p> <p>7:30 Movie Night* [MNT]</p> | <p>* = associate led</p> <p>NewsCurrents is a current events program offered monthly in this area to discuss what's happening around the world. Topics are chosen that are timely and interesting! Join us!</p> <p>ShapeMaster Fitness ShapeMaster Fitness equipment is designed for a gentle and less stressful workout using isometrics to increase range of motion and flexibility. Give it a try!</p> | | |  | |