

Calendar of Events

Assisted Living

September 2022
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Brain Power</p> <p>Exercise</p> <p>Expression</p> <p>Inner Strength</p> <p>Nourishment & Health</p> <p>Socialization</p> <p>Spirituality</p>	<p>Location Keys</p> <p>AL 3 Patio Common Area AL 4 Common Area AL 4 Patio Common Area AL 4th Fl AL 4th Floor Theater AL Theater, 4th Fl Art Studio, 6th Fl Marquis Theater, 1st Fl Music Room, 9th Fl Queen City Room, 7th Fl Red Stocking Pub, 8th Fl Wine Cellar, 1st Floor</p> <p>3P 4C 4P 4T ALT AS MT MR QC RS WC</p>	<p>The Music & Memory Program uses favorite music from throughout the years on a personal playlist for reminiscing and to improve your mood. Join us this month!</p>	<p>NewsCurrents is a weekly current events discussion group that meets to discuss relevant news from across the globe. Stop by to learn what is happening in the world!</p>	<p>10:00 ☀️ Rosary Service [4T] 1</p> <p>10:30 ☀️ Mass Services [4T]</p> <p>11:15 ↔️ Sit & Be Fit w/ Jackie [MT]</p> <p>12:30 🎲 Mahjong Group [AS]</p> <p>2:00 🍌 Banana Split Social with Ann [4C]</p> <p>3:00 🎲 Bingo w/ Taylor [4C]</p> <p>3:30 🎲 Diane Shields: Battle of Antietam [MT]</p> <p>6:40 🏈 Reds Game</p>	<p>11:00 🧐 Nail Care with Associates 2</p> <p>1:15 🧘 Tai Chi with Kristen Dietsch [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:00 🎲 News Currents with Ann [4C]</p> <p>2:00 ☀️ Shabbat Services with Rabbi Karp</p> <p>3:00 ↔️ NEW! Walking Club with Ann [4C]</p> <p>4:15 🍷 Happy Hour with Gaynelle and Associates [3P]</p> <p>6:30 🎲 Early Evening Movie Night Dances with Wolves [ALT]</p> <p>6:40 🏈 Reds Game</p>	<p>10:00 🎧 Daily News Chronicle 3</p> <p>2:00 🎲 Movie - BARBRA [MT]</p> <p>3:00 🧘 Classical Music Review with Gaynelle [ALT]</p> <p>6:40 🏈 Reds Game</p>
<p>10:00 🎧 Daily News Chronicle 4</p> <p>10:30 🧐 Nail Care with Associates</p> <p>11:00 ☀️ Hymn Singing [MR]</p> <p>11:00 🧘 Presbyterian Service Streamed [MT]</p> <p>1:00 🏈 Bengals Game On [WC]</p> <p>1:30 🎲 Afternoon Movie [4T]</p> <p>1:40 🏈 Reds Game</p> <p>2:00 ↔️ Shape Master with Taylor</p>	<p>Labor Day 5</p> <p>10:00 ↔️ Morning Stretches with Taylor [4C]</p> <p>11:30 ↔️ Morning Stretch Video: Sherry Zac Morris [MT]</p> <p>1:00 🎲 Fine Arts Matinee [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>3:30 🎲 Military Monday Movie [4T]</p> <p>4:00 ☀️ Rosary Prayer Group [MR]</p>	<p>9:45 ↔️ Seated Strength Class w/ Summit [MT] 6</p> <p>11:00 🎲 Diane Shields: Winston Churchill [MT]</p> <p>11:00 🍷 Lunch out to Bob Evens with Tara</p> <p>1:30 🎲 Canasta Group [AS]</p> <p>2:00 🧵 A Stitch in Time Group with Ruth [QC]</p> <p>2:00 🧠 Creative Writing Group [MR]</p> <p>2:15 🎲 DVD Lecture Series [MT]</p> <p>4:15 🍷 Happy Hour with Tara and Associates [3P]</p> <p>7:40 🏈 Reds Game</p>	<p>10:00 ☀️ Bible Scripture Study [QC] 7</p> <p>10:15 ↔️ Rock Steady Boxing for Parkinson's</p> <p>11:00 🧘 Holocaust Speaker Series [RS]</p> <p>11:30 ↔️ Chair Yoga with Tara [4P]</p> <p>1:30 🎲 Jewelry Making with Tara (Bracelet) [AL4]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:15 🎲 Afternoon Movie: [4T]</p> <p>3:00 ↔️ Basic Fitness w/ Ginger [4P]</p> <p>4:00 🧵 Creative Canvas with Tara [4C]</p> <p>7:40 🏈 Reds Game</p>	<p>11:15 ↔️ Sit & Be Fit w/ Jackie [MT] 8</p> <p>12:30 🎲 Mahjong Group [AS]</p> <p>2:00 ☀️ Word of Faith with Ann [4T]</p> <p>2:20 🏈 Reds Game</p> <p>3:00 🎲 Bingo w/ Taylor [4C]</p> <p>3:30 🎲 Diane Shields: Alexander Hamilton [MT]</p>	<p>Wear Your Bengals Gear! 9</p> <p>11:00 🎲 Interesting Moments in US History w/Dr. Fortin</p> <p>11:00 🧐 Nail Care with Associates</p> <p>1:15 🧘 Tai Chi with Kristen Dietsch [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:00 🎲 News Currents with Ann [4C]</p> <p>3:00 ↔️ NEW! Walking Club with Ann [4C]</p> <p>4:15 🍷 Happy Hour with Gaynelle and Associates [3P]</p> <p>6:30 🎲 Early Evening Movie Night [ALT]</p> <p>8:10 🏈 Reds Game</p>	<p>10:00 🎧 Daily News Chronicle 10</p> <p>2:00 🎲 Movie [MT]</p> <p>3:00 🧘 Classical Music Review with Gaynelle [ALT]</p> <p>7:15 🏈 Reds Game</p>
<p>10:00 🎧 Daily News Chronicle 11</p> <p>10:30 🧐 Nail Care with Associates</p> <p>11:00 ☀️ Hymn Singing [MR]</p> <p>11:00 🧘 Presbyterian Service Streamed [MT]</p> <p>1:00 🏈 Bengals Game On [WC]</p> <p>1:30 🎲 Afternoon Movie [4T]</p> <p>2:00 ↔️ Shape Master with Ann</p> <p>2:10 🏈 Reds Game</p>	<p>9:00 📖 Library Book Delivery</p> <p>10:00 ↔️ Morning Stretches with Tara [4C] 12</p> <p>11:00 🎲 Chess Match with Gaynelle [4C]</p> <p>11:30 ↔️ Morning Stretch Video: Sherry Zac Morris [MT]</p> <p>1:00 🎲 Fine Arts Matinee [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:00 🎲 Celebrating National Assisted living Week with Tammy Powelle</p> <p>3:00 🧠 Brain Games with Ann [4C]</p> <p>3:30 🎲 Military Monday Movie [4T]</p> <p>4:00 ☀️ Rosary Prayer Group [MR]</p> <p>6:40 🏈 Reds Game</p>	<p>Wear Reds Gear 13</p> <p>9:45 ↔️ Seated Strength Class w/ Summit [MT]</p> <p>11:00 🎲 Diane Shields: Boys of Summer: Baby Ruth [MT]</p> <p>11:00 🍷 Off to Reds Lobster</p> <p>12:35 🏈 Reds Game</p> <p>1:30 🎲 Canasta Group [AS]</p> <p>2:00 🧵 A Stitch in Time Group with Ruth [QC]</p> <p>2:15 🎲 DVD Lecture Series [MT]</p> <p>4:15 🍷 Happy Hour with Tara and Associates [3P]</p> <p>6:40 🏈 Reds Game</p>	<p>10:00 ☀️ Bible Scripture Study [QC] 14</p> <p>10:15 ↔️ Rock Steady Boxing for Parkinson's</p> <p>11:00 🧘 Holocaust Speaker Series [RS]</p> <p>11:30 ↔️ Chair Yoga with Tara [4P]</p> <p>1:30 🎲 Jewelry Making with Tara (Earrings) [AL4]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:15 🎲 Afternoon Movie: [4T]</p> <p>3:00 ↔️ Basic Fitness w/ Ginger [4P]</p> <p>4:00 🧵 Creative Canvas with Tara [4C]</p>	<p>10:00 ☀️ Rosary Service [4T] 15</p> <p>10:30 ☀️ Mass Services [4T]</p> <p>11:15 ↔️ NEW! Volley Ball with Tara [4P]</p> <p>11:15 ↔️ Sit & Be Fit w/Jackie [MT]</p> <p>12:30 🎲 Mahjong Group [AS]</p> <p>2:00 🍷 Culinary Class with Ann [4C]</p> <p>3:00 🎲 Bingo w/ Taylor [4C]</p> <p>3:30 🎲 Diane Shields: The Ironclads [MT]</p> <p>6:40 🏈 Reds Game</p>	<p>11:00 🧐 Nail Care with Associates 16</p> <p>1:15 🧘 Tai Chi with Kristen Dietsch [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:00 ☀️ Shabbat Services with Rabbi Karp</p> <p>2:30 🎲 News Currents with Gaynelle [4C]</p> <p>4:15 🍷 Happy Hour with Gaynelle and Associates [3P]</p> <p>6:30 🎲 Early Evening Movie Night [ALT]</p> <p>8:15 🏈 Reds Game</p>	<p>10:00 🎧 Daily News Chronicle 17</p> <p>12:35 🏈 Reds Game</p> <p>2:00 🎲 Movie [MT]</p> <p>3:00 🧘 Classical Music Review with Gaynelle [ALT]</p> <p>7:15 🏈 Reds Game</p>
<p>10:00 🎧 Daily News Chronicle 18</p> <p>10:30 🧐 Nail Care with Associates</p> <p>11:00 ☀️ Hymn Singing [MR]</p> <p>11:00 🧘 Presbyterian Service Streamed [MT]</p> <p>1:00 🏈 Bengals Game On [WC]</p> <p>1:30 🎲 Afternoon Movie [4T]</p> <p>2:00 ↔️ Afternoon Stretch with Gaynelle</p> <p>2:15 🏈 Reds Game</p>	<p>10:00 ↔️ Morning Stretches with Tara [4C] 19</p> <p>11:00 🎲 Chess Match with Gaynelle [4C]</p> <p>11:30 ↔️ Morning Stretch Video: Sherry Zac Morris [MT]</p> <p>1:00 🎲 Fine Arts Matinee [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>3:00 🧠 Brain Games with Tara [4C]</p> <p>3:30 🎲 Military Monday Movie [4T]</p> <p>4:00 ☀️ Rosary Prayer Group [MR]</p>	<p>9:45 ↔️ Seated Strength Class w/ Summit [MT] 20</p> <p>11:00 🎲 Diane Shields: Prime Minister B. Disraeli [MT]</p> <p>12:00 🍷 Mio's Pizzeria Carry in Lunch [4C]</p> <p>1:30 🎲 Canasta Group [AS]</p> <p>1:30 🏠 Town Hall [4T]</p> <p>2:00 🧵 A Stitch in Time Group with Ruth [QC]</p> <p>2:00 🧠 Creative Writing Group [MR]</p> <p>2:15 🎲 DVD Lecture Series [MT]</p> <p>4:15 🍷 Happy Hour with Tara and Associates [3P]</p> <p>6:40 🏈 Reds Game</p>	<p>10:00 ☀️ Bible Scripture Study [QC] 21</p> <p>10:15 ↔️ Rock Steady Boxing for Parkinson's</p> <p>11:00 🧘 Holocaust Speaker Series [RS]</p> <p>11:30 ↔️ Chair Yoga with Tara [4P]</p> <p>1:30 🍷 Mr. Softy Social</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:15 🎲 Afternoon Movie: [4T]</p> <p>3:00 ↔️ Basic Fitness w/ Ginger [4P]</p> <p>4:00 🧵 Creative Canvas with Tara [4C]</p> <p>6:40 🏈 Reds Game</p>	<p>11:15 ↔️ NEW! Volley Ball with Tara [4P] 22</p> <p>11:15 ↔️ Sit & Be Fit w/Jackie [MT]</p> <p>12:30 🎲 Mahjong Group [AS]</p> <p>3:00 🎲 Bingo w/ Taylor [4C]</p> <p>3:30 🎲 Diane Shields: Morgan's Raiders [MT]</p> <p>6:40 🏈 Reds Game</p>	<p>11:00 🍷 NEW! Manicures and Nail Care with Tara [4C] 23</p> <p>1:15 🧘 Tai Chi with Kristen Dietsch [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:00 🎲 News Currents with Gaynelle [4C]</p> <p>4:15 🍷 September Birthday themed Happy Hour with Tara and Gaynelle [3P]</p> <p>6:30 🎲 Early Evening Movie Night [ALT]</p> <p>6:40 🏈 Reds Game</p>	<p>10:00 🎧 Daily News Chronicle 24</p> <p>2:00 🎲 Movie [MT]</p> <p>3:00 🧘 Classical Music Review with Gaynelle [ALT]</p> <p>6:40 🏈 Reds Game</p>
<p>10:00 🎧 Daily News Chronicle 25</p> <p>10:30 🧐 Nail Care with Associates</p> <p>11:00 ☀️ Hymn Singing [MR]</p> <p>11:00 🧘 Presbyterian Service Streamed [MT]</p> <p>1:00 🏈 Bengals Game On [WC]</p> <p>1:30 🎲 Afternoon Movie [4T]</p> <p>1:40 🏈 Reds Game</p> <p>2:00 ↔️ Shape Master with Tara</p> <p>7:30 ☀️ Rosh Hashanah begins</p>	<p>11:00 🎲 Chess Match with Gaynelle [4C] 26</p> <p>11:30 ↔️ Morning Stretch Video: Sherry Zac Morris [MT]</p> <p>1:00 🎲 Fine Arts Matinee [MT]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>3:00 🎲 Military Monday Movie [4T]</p> <p>4:00 ☀️ Rosary Prayer Group [MR]</p> <p>6:35 🏈 Reds Game</p> <p>7:30 ☀️ Rosh Hashanah ends</p>	<p>9:45 ↔️ Seated Strength Class w/Summit [MT] 27</p> <p>11:00 🎲 Diane Shields: Masada [MT]</p> <p>1:30 🎲 Canasta Group [AS]</p> <p>2:00 🧵 A Stitch in Time Group with Ruth [QC]</p> <p>2:00 🌸 Floral Arranging [4C]</p> <p>2:15 🎲 DVD Lecture Series [MT]</p> <p>4:15 🍷 Happy Hour with Tara and Associates [3P]</p> <p>6:35 🏈 Reds Game</p>	<p>10:00 ☀️ Bible Scripture Study [QC] 28</p> <p>10:15 ↔️ Rock Steady Boxing for Parkinson's</p> <p>11:00 🧘 Holocaust Speaker Series [RS]</p> <p>11:30 ↔️ Chair Yoga with Tara [4P]</p> <p>12:35 🏈 Reds Game</p> <p>1:30 🎲 Jewelry Repair with Tara [AL4]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:15 🎲 Afternoon Movie: [4T]</p> <p>3:00 ↔️ Basic Fitness w/ Ginger [4P]</p> <p>4:00 🧵 Creative Canvas with Tara [4C]</p>	<p>11:15 ↔️ NEW! Volley Ball with Tara [4P] 29</p> <p>11:15 ↔️ Sit & Be Fit w/Jackie [MT]</p> <p>12:30 🎲 Mahjong Group [AS]</p> <p>3:00 🎲 Bingo w/ Taylor [4C]</p> <p>3:30 🎲 Diane Shields Lecture [MT]</p>	<p>11:00 🧐 Nail Care with Associates 30</p> <p>1:15 🧘 Tai Chi with Kristen Dietsch [MT]</p> <p>1:30 🎲 News Currents with Gaynelle [4C]</p> <p>1:30 🎲 Resident Bridge Group [4C]</p> <p>2:20 🏈 Reds Game</p> <p>4:15 🍷 Happy Hour with Gaynelle and Associates [3P]</p> <p>6:30 🎲 Early Evening Movie Night [ALT]</p>	<p>Dakim Brain Fitness The Dakim Brain Fitness computer is available anytime and offers fun cognitive games to stimulate your brain. See Tara to get signed up to play!</p>