

Calendar of Events

Memory Care

January 2022
The Kenwood - Memory Care South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 30 9:30 🗣️ Headlines with Associates* 11:00 🎈 Balloon Bash with Associates 2:00 🎵 NEW! We've Got Rhythm with Andrew 3:00 🍎 Afternoon Snack and Conversation 4:00 🗣️ NEW! National Geographic Review with Andrew 7:00 🎬 Resident Movie Choice	31 9:30 🗣️ Headlines with Associates* 10:15 🎈 Parachute Fitness Fun with Gaynelle 11:00 🎵 Top 20 with Gaynelle 2:00 🎵 NEW! Poppit Dice Game with Gaynelle 3:15 🗣️ Recapping Diane's Presentations with Gaynelle 7:00 🎬 Resident Movie Choice	32 🗣️ Brain Power 🎈 Exercise & Movement 🎵 Expression 🎵 Inner Strength 🍎 Nourishment & Health 🎬 Socialization 🌟 Spirituality	NewsCurrents is a current events program offered monthly in this area to discuss what's happening around the world. Topics are chosen that are timely and interesting! Join us!	Zumba Gold is a Latin-dance based exercise class. It is offered both standing and seated and everyone can participate. Join Annette on Wednesdays!	BikeAround is a stationary bike that is paired with a three dimensional screen to projects scenes from Google street view to allow residents to bike anywhere virtually.	New Year's Day 1 9:30 🗣️ Headlines with Associates* 10:15 🎵 Reminiscing 11:00 🗣️ Gaynelle Game Choice 2:00 🎈 Fitness Fun 3:30 🍎 Afternoon Snack and Conversation 7:00 🎬 Resident Movie Choice
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