

Calendar of Events

Nursing Care

January 2022
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January cont'd 30</p> <p>10:15 Manicures and Nail Care with Associates</p> <p>11:00 NEW! National Geographic Review with Andrew</p> <p>2:00 2-4 pm Afternoon Snack and Beverages</p> <p>7:00 Movie Time-Resident Netflix Choice</p>	<p>31</p> <p>11:00 Headlines with Tara</p> <p>2:00 2-4 pm Afternoon Snack and Beverages</p> <p>4:00 New! Exploring Space with NASA and Annette</p> <p>7:00 Associate Choice*</p>	<p> Brain Power</p> <p> Exercise & Movement</p> <p> Expression</p> <p> Inner Strength</p> <p> Nourishment & Health</p> <p> Socialization</p> <p> Spirituality</p>	<p>NewsCurrents is a current events program offered monthly in this area to discuss what's happening around the world. Topics are chosen that are timely and interesting! Join us!</p>	<p>Zumba Gold is a Latin-dance based exercise class. It is offered both standing and seated and everyone can participate. Join Annette on Wednesdays!</p>	<p>BikeAround is a stationary bike that is paired with a three dimensional screen to projects scenes from Google street view to allow residents to bike anywhere virtually.</p>	<p>New Year's Day 1</p> <p>2:00 2-4 pm Afternoon Snack and Beverages</p> <p>4:00 Games with Gaynelle</p> <p>7:00 Movie Time-Resident Netflix Choice</p>
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