

Calendar of Events

Assisted Living

January 2022
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>January cont'd 30</p> <p>10:00 Hymn Sing</p> <p>2:00 Afternoon Movie</p> <p>2:00 Afternoon Movie</p> <p>3:00 Dice Games and Cool Drinks with Andrew</p> <p>3:00 NFL Football Playoff Game</p> <p>7:30 Kenwood Cinema</p>	<p>31</p> <p>10:00 Laughter Yoga with Jeanne</p> <p>11:30 Morning Stretch with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Fine Arts Matinee</p> <p>2:00 HS Live Music</p> <p>2:00 Resident Bridge Games</p> <p>2:45 Singing our Memories with Jeanne</p> <p>3:30 Military Monday Movie</p> <p>4:00 Torah Study with Edie</p> <p>7:30 Planet Earth</p>	<p>Brain Power</p> <p>Exercise & Movement</p> <p>Expression</p> <p>Inner Strength</p> <p>Nourishment & Health</p> <p>Socialization</p> <p>Spirituality</p> <p>Laughter Yoga uses breathing and laughing exercises to exercise and provide you with a sense of joy, lower blood pressure, and many more positive health benefits. Come try it on Mondays!</p>	<p>3</p> <p>9:45 Seated Strength Training with Arra Bella (E)</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>11:00 Celebrities and Artists with Diane Shields</p> <p>11:00 NEW! Virtual Dementia Experience with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Canasta Group</p> <p>1:30 NEW! Virtual Dementia Experience with Annette</p> <p>2:00 Creative Writing Group</p> <p>2:00 Late Afternoon Movie</p> <p>2:15 DVD Lecture Series: The World Was Never the Same</p> <p>2:15 Remember When with Andrew</p> <p>3:00 Chess Challenge with Andrew</p> <p>4:15 Social Hour and Cocktails with Annette</p> <p>7:30 Midweek Movie</p>	<p>4</p> <p>10:00 Bible Scripture Study</p> <p>11:00 Holocaust Speaker Series</p> <p>11:15 Zumba Gold with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Jewelry Repair with Annette</p> <p>2:00 Musical Matinee</p> <p>3:00 Basic Fitness Fun with Ginger</p> <p>3:30 Sing A Long with Jeanne</p> <p>4:00 Creative Canvas with Annette</p> <p>7:00 Mid-Week Movie</p> <p>7:30 Western Wednesday</p>	<p>5</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>10:00 Praying the Rosary</p> <p>10:00 World Heritage Sites DVD Lecture Series</p> <p>10:30 Catholic Mass</p> <p>11:15 Sit and Be Fit with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Door to Door Visits with Andrew</p> <p>2:00 Biking the Byways of the USA</p> <p>2:00 NEW! Green Thumb Gardening Group with Andrew</p> <p>3:30 Diane Shields History Lecture</p> <p>7:00 AL Evening Movie (Andrew)</p> <p>7:30 Midweek Movie</p>	<p>6</p> <p>12:00 The Market is Open</p> <p>1:15 Tai Chi with Kristen Dietsch</p> <p>2:00 Bridge Game with Juddy</p> <p>2:00 NEW! Walter Cronkite Remembers</p> <p>2:00 Shabbat Services with Rabbi Karp</p> <p>4:00 Shabbat Service with Edie</p> <p>4:30 Happy Hour with Tammy Powell</p> <p>7:30 Friday Night Flicks</p>	<p>7</p> <p>New Year's Day 1</p> <p>11:00 Sittercise !</p> <p>1:00 Afternoon Stretch AL4</p> <p>2:00 Billiards Group</p> <p>2:00 Matinee</p> <p>3:00 Late Afternoon Movie</p> <p>7:30 Kenwood Cinema</p>
<p>2</p> <p>10:00 Hymn Sing</p> <p>2:00 Afternoon Movie</p> <p>2:00 Afternoon Movie</p> <p>2:00 Matinee</p> <p>3:00 Dice Games and Cool Drinks with Andrew</p> <p>7:30 Kenwood Cinema</p>	<p>3</p> <p>11:30 Morning Stretch with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Fine Arts Matinee</p> <p>2:00 HS Live Music</p> <p>2:00 Resident Bridge Games</p> <p>3:30 Military Monday Movie</p> <p>4:00 Torah Study with Edie</p> <p>7:30 Brian Jorg Photo Travel Lecture</p>	<p>4</p> <p>9:45 Seated Strength Training with Arra Bella (E)</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>11:00 Celebrities and Artists with Diane Shields</p> <p>11:00 NEW! Virtual Dementia Experience with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Canasta Group</p> <p>1:30 NEW! Virtual Dementia Experience with Annette</p> <p>2:00 Late Afternoon Movie</p> <p>2:15 DVD Lecture Series: The World Was Never the Same</p> <p>2:15 Remember When with Andrew</p> <p>3:00 Chess Challenge with Andrew</p> <p>4:15 Social Hour and Cocktails with Annette</p> <p>7:30 Midweek Movie</p>	<p>5</p> <p>9:00 Men's Breakfast with the ED</p> <p>10:00 Bible Scripture Study</p> <p>11:00 Holocaust Speaker Series</p> <p>11:15 Zumba Gold with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Jewelry Making with Annette</p> <p>2:00 Musical Matinee</p> <p>2:30 Ladies Tea with the ED</p> <p>3:00 Basic Fitness Fun with Ginger</p> <p>3:30 Sing A Long with Jeanne</p> <p>4:00 Creative Canvas with Annette</p> <p>7:00 Mid-Week Movie</p> <p>7:30 Western Wednesday</p>	<p>6</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>10:00 World Heritage Sites DVD Lecture Series</p> <p>11:15 Sit and Be Fit with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Door to Door Visits with Andrew</p> <p>2:00 Biking the Byways of the USA</p> <p>2:00 NEW! Green Thumb Gardening Group with Andrew</p> <p>3:30 Diane Shields History Lecture</p> <p>7:00 AL Evening Movie (Andrew)</p> <p>7:30 Midweek Movie</p>	<p>7</p> <p>11:00 Floral Arranging with Annette</p> <p>12:00 The Market is Open</p> <p>1:15 Tai Chi with Kristen Dietsch</p> <p>2:00 Bridge Game with Juddy</p> <p>2:00 NEW! Walter Cronkite Remembers</p> <p>3:00 New! Exploring Space with NASA and Annette</p> <p>4:00 Shabbat Service with Edie</p> <p>4:30 Happy Hour with Jeanne Bilyeu</p> <p>7:30 Friday Night Flicks</p>	<p>8</p> <p>11:00 Sittercise !</p> <p>1:00 Afternoon Stretch AL4</p> <p>2:00 Billiards Group</p> <p>2:00 Matinee</p> <p>3:00 Late Afternoon Movie</p> <p>7:30 Kenwood Cinema</p>	
<p>9</p> <p>10:00 Hymn Sing</p> <p>2:00 Afternoon Movie</p> <p>2:00 Afternoon Movie</p> <p>2:00 Matinee</p> <p>3:00 Dice Games and Cool Drinks with Andrew</p> <p>7:30 Kenwood Cinema</p>	<p>10</p> <p>9:00 Library Books to Your Door</p> <p>11:30 Morning Stretch with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Fine Arts Matinee</p> <p>2:00 HS Live Music</p> <p>2:00 Resident Bridge Games</p> <p>2:45 Singing our Memories with Jeanne</p> <p>3:30 Military Monday Movie</p> <p>4:00 Torah Study with Edie</p> <p>7:30 Planet Earth</p>	<p>11</p> <p>9:45 Seated Strength Training with Arra Bella (E)</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>11:00 Celebrities and Artists with Diane Shields</p> <p>11:00 NEW! Virtual Dementia Experience with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Canasta Group</p> <p>1:30 NEW! Virtual Dementia Experience with Annette</p> <p>2:00 Late Afternoon Movie</p> <p>2:15 DVD Lecture Series: The World Was Never the Same</p> <p>2:15 Remember When with Andrew</p> <p>3:00 Chess Challenge with Andrew</p> <p>4:15 Social Hour and Cocktails with Annette</p> <p>7:30 Midweek Movie</p>	<p>12</p> <p>10:00 Bible Scripture Study</p> <p>11:00 Holocaust Speaker Series</p> <p>11:15 Zumba Gold with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Jewelry Making with Annette</p> <p>2:00 Musical Matinee</p> <p>2:30 Ladies Tea with the ED</p> <p>3:00 Basic Fitness Fun with Ginger</p> <p>3:30 Sing A Long with Jeanne</p> <p>4:00 Creative Canvas with Annette</p> <p>7:00 Mid-Week Movie</p> <p>7:30 Western Wednesday</p>	<p>13</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>10:00 World Heritage Sites DVD Lecture Series</p> <p>11:15 Sit and Be Fit with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Door to Door Visits with Andrew</p> <p>2:00 Biking the Byways of the USA</p> <p>2:00 NEW! Green Thumb Gardening Group with Andrew</p> <p>3:30 Diane Shields History Lecture</p> <p>7:00 AL Evening Movie (Andrew)</p> <p>7:30 Midweek Movie</p>	<p>14</p> <p>11:00 Floral Arranging with Annette</p> <p>12:00 The Market is Open</p> <p>1:15 Tai Chi with Kristen Dietsch</p> <p>2:00 Bridge Game with Juddy</p> <p>2:00 NEW! Walter Cronkite Remembers</p> <p>3:00 New! Exploring Space with NASA and Annette</p> <p>4:00 Shabbat Service with Edie</p> <p>4:30 Happy Hour with Jeanne Bilyeu</p> <p>7:30 Friday Night Flicks</p>	<p>15</p> <p>11:00 Sittercise !</p> <p>1:00 Afternoon Stretch AL4</p> <p>2:00 Billiards Group</p> <p>2:00 Matinee</p> <p>3:00 Late Afternoon Movie</p> <p>7:30 Kenwood Cinema</p>	
<p>16</p> <p>10:00 Hymn Sing</p> <p>2:00 Afternoon Movie</p> <p>2:00 Afternoon Movie</p> <p>2:00 Matinee</p> <p>3:00 Dice Games and Cool Drinks with Andrew</p> <p>8:00 NFL Football Playoff Game</p>	<p>17</p> <p>Martin Luther King, Jr. Day</p> <p>10:00 Laughter Yoga with Jeanne</p> <p>11:30 Morning Stretch with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Fine Arts Matinee</p> <p>1:30 Resident Town Hall</p> <p>2:00 HS Live Music</p> <p>2:00 Resident Bridge Games</p> <p>2:45 Singing our Memories with Jeanne</p> <p>3:30 Military Monday Movie</p> <p>4:00 Torah Study with Edie</p> <p>7:30 Planet Earth</p>	<p>18</p> <p>9:45 Seated Strength Training with Arra Bella (E)</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>11:00 Celebrities and Artists with Diane Shields</p> <p>11:00 NEW! Virtual Dementia Experience with Annette</p> <p>11:00 Resident Town Hall</p> <p>12:00 The Market is Open</p> <p>1:30 Canasta Group</p> <p>1:30 NEW! Virtual Dementia Experience with Annette</p> <p>2:00 Creative Writing Group</p> <p>2:00 Late Afternoon Movie</p> <p>2:15 DVD Lecture Series: The World Was Never the Same</p> <p>2:15 Remember When with Andrew</p> <p>3:00 Chess Challenge with Andrew</p> <p>4:15 Social Hour and Cocktails with Annette</p> <p>7:30 Midweek Movie</p>	<p>19</p> <p>10:00 Bible Scripture Study</p> <p>11:00 Holocaust Speaker Series</p> <p>11:15 Zumba Gold with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Jewelry Making with Annette</p> <p>2:00 Town Hall Meeting</p> <p>3:00 Basic Fitness Fun with Ginger</p> <p>3:30 Sing A Long with Jeanne</p> <p>3:30 Universal Yums with Annette</p> <p>4:00 Creative Canvas with Annette</p> <p>7:00 Mid-Week Movie</p> <p>7:30 Western Wednesday</p>	<p>20</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>10:00 Praying the Rosary</p> <p>10:00 World Heritage Sites DVD Lecture Series</p> <p>10:30 Catholic Mass</p> <p>11:15 Sit and Be Fit with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Door to Door Visits with Andrew</p> <p>2:00 NEW! Green Thumb Gardening Group with Andrew</p> <p>3:30 Diane Shields History Lecture</p> <p>7:00 AL Evening Movie (Andrew)</p> <p>7:30 Midweek Movie</p>	<p>21</p> <p>12:00 The Market is Open</p> <p>1:15 Tai Chi with Kristen Dietsch</p> <p>2:00 Bridge Game with Juddy</p> <p>2:00 NEW! Walter Cronkite Remembers</p> <p>2:00 Shabbat Services with Rabbi Karp</p> <p>3:00 New! Exploring Space with NASA and Annette</p> <p>4:00 Shabbat Service with Edie</p> <p>4:30 Happy Hour with Dick Watson</p> <p>7:30 Friday Night Flicks</p>	<p>22</p> <p>11:00 Sittercise !</p> <p>1:00 Afternoon Stretch AL4</p> <p>2:00 Billiards Group</p> <p>2:00 Matinee</p> <p>3:00 Late Afternoon Movie</p> <p>7:30 Kenwood Cinema</p>	
<p>23</p> <p>10:00 Hymn Sing</p> <p>2:00 Afternoon Movie</p> <p>2:00 Afternoon Movie</p> <p>2:00 Matinee</p> <p>3:00 Dice Games and Cool Drinks with Andrew</p> <p>8:00 NFL Playoff Game</p>	<p>24</p> <p>11:30 Morning Stretch with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Fine Arts Matinee</p> <p>2:00 HS Live Music</p> <p>2:00 Resident Bridge Games</p> <p>3:30 Military Monday Movie</p> <p>4:00 Torah Study with Edie</p> <p>7:30 Planet Earth</p>	<p>25</p> <p>9:45 Seated Strength Training with Arra Bella (E)</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>11:00 Celebrities and Artists with Diane Shields</p> <p>11:00 NEW! Virtual Dementia Experience with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Canasta Group</p> <p>1:30 NEW! Virtual Dementia Experience with Annette</p> <p>2:00 Late Afternoon Movie</p> <p>2:15 DVD Lecture Series: The World Was Never the Same</p> <p>2:15 Remember When with Andrew</p> <p>3:00 Chess Challenge with Andrew</p> <p>4:15 Social Hour and Cocktails with Annette</p> <p>7:30 Live Music with John Dickey's River City Bluegrass Band</p>	<p>26</p> <p>10:00 Bible Scripture Study</p> <p>11:00 Holocaust Speaker Series</p> <p>11:15 Zumba Gold with Annette</p> <p>12:00 The Market is Open</p> <p>1:30 Jewelry Making with Annette</p> <p>2:00 Musical Matinee</p> <p>3:00 Basic Fitness Fun with Ginger</p> <p>3:00 Sips with Shannon</p> <p>3:30 Sing A Long with Jeanne</p> <p>4:00 Creative Canvas with Annette</p> <p>7:00 Mid-Week Movie</p> <p>7:30 Western Wednesday</p>	<p>27</p> <p>10:00 News Currents and Headlines with Andrew</p> <p>10:00 World Heritage Sites DVD Lecture Series</p> <p>11:15 Sit and Be Fit with Arra Bella (E)</p> <p>12:00 The Market is Open</p> <p>1:00 Door to Door Visits with Andrew</p> <p>2:00 NEW! Green Thumb Gardening Group with Andrew</p> <p>3:30 Diane Shields History Lecture</p> <p>7:00 AL Evening Movie (Andrew)</p> <p>7:30 Midweek Movie</p>	<p>28</p> <p>12:00 The Market is Open</p> <p>1:15 Tai Chi with Kristen Dietsch</p> <p>2:00 Bridge Game with Juddy</p> <p>2:00 NEW! Walter Cronkite Remembers</p> <p>3:00 New! Exploring Space with NASA and Annette</p> <p>4:00 Shabbat Service with Edie</p> <p>4:30 Happy Hour</p> <p>7:30 Friday Night Flicks</p>	<p>29</p> <p>11:00 Sittercise !</p> <p>1:00 Afternoon Stretch AL4</p> <p>2:00 Billiards Group</p> <p>2:00 Matinee</p> <p>3:00 Late Afternoon Movie</p> <p>7:30 Kenwood Cinema</p>	

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