

Calendar of Events

Memory Care

February 2023
Harrison on 5th by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys</p> <p>Activity Room AR Dining Room DR Garden G</p> <p>🌱 Brain Power 🏃 Exercise & Movement 🗣 Expression 💪 Inner Strength 🥗 Nourishment & Health 🍷 Socialization ☀ Spirituality</p>	<p>Laughter IS the Best Medicine! Come join us for Laughter Yoga on the first and third Wednesdays for a fun and energetic way to exercise!</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 1</p> <p>11:00 🗣 Lucynt Puzzles & Games [AR]</p> <p>1:00 ☀ Bible Stories [AR]</p> <p>2:00 🗣 Remember When? [AR]</p> <p>3:30 🗣 Laughter Yoga [AR]</p> <p>4:00 🗣 Music Bingo [AR]</p>	<p>Groundhog Day 2</p> <p>9:00 🏃 Noodle Hockey [AR]</p> <p>10:00 ☀ Power of Prayer [AR]</p> <p>11:30 🗣 Dakim Brain Fitness [AR]</p> <p>1:00 🏃 Zumba Gold Seated Exercise [AR]</p> <p>2:00 🗣 Flower Arranging [AR]</p> <p>3:30 🗣 Blood Pressure Check [AR]</p> <p>6:00 🍷 Andy Griffith Show [AR]</p>	<p>3</p> <p>9:00 🏃 Stretch & Coordination Exercise [AR]</p> <p>10:00 🗣 Harrison Kitchen Band [AR]</p> <p>11:00 🗣 Gourmet Group: Easy Chocolate Truffles [AR]</p> <p>1:00 🗣 Match 3 [AR]</p> <p>2:00 🗣 Show and Share [AR]</p> <p>4:00 🍷 Happy Hour [AR]</p>	<p>4</p> <p>10:00 🏃 Balloon Volleyball [AR]</p> <p>11:00 🗣 Hand Massages [AR]</p> <p>1:00 🗣 Sing-a-Long w/ Jo and Billie [AR]</p> <p>2:00 🗣 Puzzle Club [AR]</p> <p>2:30 🗣 Live Entertainment: Bluegrass by Bob [AR]</p> <p>6:00 🗣 Evening Movie: The Secret Garden [AR]</p>	
<p>10:00 ☀ Streaming: Catholic Mass [AR] 5</p> <p>11:00 🏃 Gentle Stretching [AR]</p> <p>12:30 ☀ Hymn Sing-a-Long [AR]</p> <p>1:00 ☀ Worship Service w/ Pastor Shane [AR]</p> <p>3:00 🍷 Bingo [AR]</p> <p>5:00 🗣 Color Me Calm [AR]</p> <p>6:00 🍷 I Love Lucy Hour [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 6</p> <p>10:00 🍷 Bingo for Prizes [AR]</p> <p>10:30 🗣 Music and Memory [AR]</p> <p>10:45 🏃 Bean Bag Toss [AR]</p> <p>1:00 ☀ Bible Study w/ Lois [AR]</p> <p>2:00 🗣 Frozen Yogurt Bar [DR]</p> <p>3:30 🗣 This Week in History [AR]</p> <p>6:00 🍷 Lawrence Welk Show [AR]</p>	<p>9:00 🏃 Seated Chair Yoga [AR] 7</p> <p>10:00 🍷 Coffee & Doughnuts [AR]</p> <p>11:30 🗣 Memory Lane Trivia [AR]</p> <p>1:00 🗣 Phunny Phrases [AR]</p> <p>2:00 🏃 Drumming Exercise [AR]</p> <p>3:30 🗣 Taste Test Tuesday [DR]</p> <p>6:00 🗣 Western Movie Night: High Noon [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 8</p> <p>10:00 🗣 Arts & Crafts: Citrus Birdfeeders [AR]</p> <p>11:00 🗣 Lucynt Puzzles & Games [AR]</p> <p>1:00 ☀ Bible Stories [AR]</p> <p>2:00 🗣 Remember When? [AR]</p> <p>3:30 ☀ Tea Time: Chai Lattes [DR]</p>	<p>9:00 🏃 Exercise w/ Weights [AR] 9</p> <p>10:00 🏃 Tic-Tac-Toss [AR]</p> <p>11:30 🗣 Dakim Brain Fitness [AR]</p> <p>1:00 🏃 Zumba Gold Seated Exercise [AR]</p> <p>2:00 🗣 Town Hall Meeting [AR]</p> <p>3:30 🗣 Blood Pressure Check [AR]</p> <p>6:00 🍷 Andy Griffith Show [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 10</p> <p>10:00 🗣 Harrison Kitchen Band [AR]</p> <p>1:00 🗣 Baking: Cream Cheese Brownies [DR]</p> <p>2:00 🍷 Visit with Friends from Columbus Zoo and Aquarium [AR]</p> <p>4:00 🍷 Happy Hour [AR]</p>	<p>9:00 🏃 Exercise w/ Scarves [AR] 11</p> <p>10:00 🏃 Balloon Volleyball [AR]</p> <p>11:00 🗣 Hand Massages [AR]</p> <p>2:00 🗣 Puzzle Club [AR]</p> <p>3:30 🏃 Walking Club (Weather Permitting) [G]</p> <p>6:00 🗣 Evening Movie: An Affair to Remember [AR]</p>
<p>10:00 ☀ Streaming: Catholic Mass [AR] 12</p> <p>11:00 🏃 Gentle Stretching [AR]</p> <p>12:30 ☀ Hymn Sing-a-Long [AR]</p> <p>1:00 ☀ Worship Service w/ Pastor Shane [AR]</p> <p>3:00 🍷 Bingo [AR]</p> <p>5:00 🗣 Color Me Calm [AR]</p> <p>6:00 🍷 I Love Lucy Hour [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 13</p> <p>10:00 🗣 Arts & Crafts [AR]</p> <p>1:00 ☀ Bible Study w/ Lois [AR]</p> <p>2:00 🗣 Make and Take: Chocolate-Covered Strawberries [AR]</p> <p>3:30 🗣 This Week in History [AR]</p> <p>4:00 🗣 WordLink Game [AR]</p> <p>6:00 🍷 Lawrence Welk Show [AR]</p>	<p>Valentine's Day 14</p> <p>9:00 🏃 Seated Chair Yoga [AR]</p> <p>10:00 🍷 Coffee & Doughnuts [AR]</p> <p>11:30 🗣 Memory Lane Trivia [AR]</p> <p>1:00 🍷 Valentine's Day Social [AR]</p> <p>2:00 🏃 Drumming Exercise [AR]</p> <p>3:30 🗣 Taste Test Tuesday [DR]</p> <p>6:00 🗣 Comedy Movie Night: The Parent Trap [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 15</p> <p>11:00 🗣 Lucynt Puzzles & Games [AR]</p> <p>1:00 ☀ Bible Stories [AR]</p> <p>2:00 🗣 Remember When? [AR]</p> <p>3:30 🗣 Laughter Yoga [AR]</p> <p>4:00 🗣 Music Bingo [AR]</p>	<p>9:00 🏃 Noodle Hockey [AR] 16</p> <p>10:00 🗣 Dominoes [AR]</p> <p>11:30 🗣 Dakim Brain Fitness [AR]</p> <p>1:00 🏃 Zumba Gold Seated Exercise [AR]</p> <p>2:00 ☀ Power of Prayer [AR]</p> <p>3:30 🗣 Blood Pressure Check [AR]</p> <p>6:00 🍷 Andy Griffith Show [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 17</p> <p>10:00 🗣 Harrison Kitchen Band [AR]</p> <p>1:00 🗣 Match 3 [AR]</p> <p>2:00 🗣 Show and Share [AR]</p> <p>4:00 🍷 Happy Hour [AR]</p>	<p>10:00 🏃 Balloon Volleyball [AR] 18</p> <p>11:00 🗣 Hand Massages [AR]</p> <p>1:00 🗣 Sing-a-Long w/ Jo and Billie [AR]</p> <p>2:00 🗣 Puzzle Club [AR]</p> <p>3:00 🗣 Live Entertainment: David Brown on Piano (1940's-1960's Popular Music) [AR]</p> <p>6:00 🗣 Evening Movie: Sleepless in Seattle [AR]</p>
<p>10:00 ☀ Streaming: Catholic Mass [AR] 19</p> <p>11:00 🏃 Gentle Stretching [AR]</p> <p>12:30 ☀ Hymn Sing-a-Long [AR]</p> <p>1:00 ☀ Worship Service w/ Pastor Shane [AR]</p> <p>3:00 🍷 Bingo [AR]</p> <p>5:00 🗣 Color Me Calm [AR]</p> <p>6:00 🍷 I Love Lucy Hour [AR]</p>	<p>Presidents' Day 20</p> <p>9:00 🏃 Stretch & Coordination Exercise [AR]</p> <p>10:00 🗣 Presidential Trivia [AR]</p> <p>10:30 🗣 Music and Memory [AR]</p> <p>1:00 ☀ Bible Study w/ Lois [AR]</p> <p>2:00 🗣 Virtual White House Tour [AR]</p> <p>3:30 🗣 This Week in History [AR]</p> <p>6:00 🍷 Lawrence Welk Show [AR]</p>	<p>9:00 🏃 Seated Chair Yoga [AR] 21</p> <p>10:00 🍷 Coffee & Mardi Gras King Cake [DR]</p> <p>11:30 🗣 Memory Lane Trivia [AR]</p> <p>1:00 🗣 Name That Tune [AR]</p> <p>2:00 🏃 Drumming Exercise [AR]</p> <p>3:30 🗣 Taste Test Tuesday [DR]</p> <p>6:00 🗣 Mystery Movie Night: A Shot in the Dark [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 22</p> <p>10:00 🗣 Live Entertainment: James Brannigan Jazz Trio [AR]</p> <p>11:00 🗣 Lucynt Puzzles & Games [AR]</p> <p>1:00 ☀ Bible Stories [AR]</p> <p>2:00 🗣 Remember When? [AR]</p> <p>3:30 ☀ Tea Time: Matcha [DR]</p>	<p>9:00 🏃 Exercise w/ Weights [AR] 23</p> <p>10:00 🏃 Tic-Tac-Toss [AR]</p> <p>11:30 🗣 Dakim Brain Fitness [AR]</p> <p>1:00 🏃 Zumba Gold Seated Exercise [AR]</p> <p>2:00 🗣 TravelScapes: Paris [AR]</p> <p>3:30 🗣 Blood Pressure Check [AR]</p> <p>6:00 🍷 Andy Griffith Show [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 24</p> <p>10:00 🗣 Harrison Kitchen Band [AR]</p> <p>1:00 🗣 Group Trivia [AR]</p> <p>2:00 🗣 Aromatherapy [AR]</p> <p>4:00 🍷 Happy Hour [AR]</p>	<p>9:00 🏃 Exercise w/ Scarves [AR] 25</p> <p>10:00 🏃 Balloon Volleyball [AR]</p> <p>11:00 🗣 Hand Massages [AR]</p> <p>1:00 🗣 Therapy Dog Group Session [AR]</p> <p>2:00 🗣 Puzzle Club [AR]</p> <p>3:30 🏃 Walking Club (Weather Permitting) [G]</p> <p>6:00 🗣 Evening Movie: Secondhand Lions [AR]</p>
<p>10:00 ☀ Streaming: Catholic Mass [AR] 26</p> <p>11:00 🏃 Gentle Stretching [AR]</p> <p>12:30 ☀ Hymn Sing-a-Long [AR]</p> <p>1:00 ☀ Worship Service w/ Pastor Shane [AR]</p> <p>3:00 🍷 Bingo [AR]</p> <p>5:00 🗣 Color Me Calm [AR]</p> <p>6:00 🍷 I Love Lucy Hour [AR]</p>	<p>9:00 🏃 Stretch & Coordination Exercise [AR] 27</p> <p>10:00 🗣 Arts & Crafts [AR]</p> <p>11:00 🗣 Therapy Dog Group Session [AR]</p> <p>1:00 ☀ Bible Study w/ Lois [AR]</p> <p>2:00 🍷 Hot Cocoa Bar & Social [DR]</p> <p>3:30 🗣 This Week in History [AR]</p> <p>6:00 🍷 Lawrence Welk Show [AR]</p>	<p>9:00 🏃 Seated Chair Yoga [AR] 28</p> <p>10:00 🍷 Coffee & Doughnuts [AR]</p> <p>11:30 🗣 Memory Lane Trivia [AR]</p> <p>2:00 🏃 Drumming Exercise [AR]</p> <p>3:30 🗣 Taste Test Tuesday [DR]</p> <p>6:00 🗣 Comedy Movie Night: Chitty Chitty Bang Bang [AR]</p>	<p>Activity times and locations subject to change. Please pick up a copy of the Daily Calendar at the Front Desk for the most up-to-date information.</p>		<p>Join us for Zumba Gold® seated exercise Thursdays at 1pm for a fun and energetic exercise class!</p>	<p>Looking to Keep Your Brain Sharp? Join us on Thursdays at 11:00am for Dakim Brain Fitness - a fun and engaging way to exercise your brain daily.</p>

