

Calendar of Events

Independent Living

June 2024
Senior Star at Elmore Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>June cont'd 30</p> <p>8:30am - 12pm Open Swim w/ a Buddy! Dakim Brain Fitness Shapemaster</p> <p>8:00a Church Transportation [ML] 1:00 Card Games 2-4 Hand Craft Group [2nd Floor] 2:00 Indiana Fever Basketball Game [B/L] 2:00 Shoot Pool with a Neighbor! 6:00 Kings in the Corner Card Game (Beginner Cards)</p>	<p>Location Keys</p> <p>2nd Floor Table by Rm 210 2nd Floor Bar/Lounge B/L IL Dining Room ILDR Meet in Lobby ML Multipurpose Room (2nd Floor) MR Pool P</p> <p>Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality</p>	<p>Rock Steady Boxing</p> <p>A Parkinson's Specific Exercise class now offered on Tuesday's & Thursday's from 12pm- 1pm in Assisted Living (3rd Floor) <i>Give Parkinson's Disease a good PUNCH and have fun while doing it!</i></p>	<p>Keep Your Mind Sharp! The Dakim® Brain Fitness System is available every day in the Computer Lab located on the 2nd Floor. See Kate to register!!</p>	<p>Resident Birthdays</p> <p>Anita H. 6/5 Richard R. 6/6 Elizabeth K. 6/9 Max S. 6/24</p>	<p>8:30am - 12pm Open Swim w/ a Buddy! Dakim Brain Fitness Shapemaster</p> <p>10:00 Resident Led - One Mile Walking Tape [MR] 12:00 Indiana Fever Basketball Game [B/L] 1:00 Card Games 1:00 Dominoes with Friends! 2:00 Shoot Pool with a Neighbor!</p>	
<p>8:30am - 12pm Open Swim w/ a Buddy! 2 Dakim Brain Fitness Shapemaster</p> <p>8:00a Church Transportation [ML] 1:00 Card Games 2-4 Hand Craft Group [2nd Floor] 2:00 Shoot Pool with a Neighbor! 6:00 Indiana Fever Basketball Game [B/L] 6:00 Kings in the Corner Card Game (Beginner Cards)</p>	<p>3</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:00 Target Trip (RSVP) [ML] 9:45 Sit & Be Fit [MR] 11:00 Therapy Dog Visit [MR] 12:30 Movie Matinee & Popcorn: Chitty Chitty Bang Bang (HBO Max) [B/L] 2:00 Beginner Tai Chi [MR] 2:00 Cruising the QC - Bus Ride [ML] 2:15 Advanced Tai Chi [MR]</p>	<p>4</p> <p>9:00 Drums Alive [MR] 9:30 Visit from the Library [B/L] 9:45 Light & Lively [MR] 10:30 Rosary [MR] 11:00 Open Swim (with a Buddy) [P] 1:00 RL Tai Chi, Chair Yoga or Wii Games! [MR] 2:00 Balance Improv. Class [MR] 2:45 Music on the Porch ♪ [B/L] 6:00 Card Games</p>	<p>5</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Exercises + Balloon Volleyball [MR] 10:00 Hy-Vee Outing (RSVP) [ML] 10:45 Bible Study with Paul [MR] 12:30 Jeopardy [B/L] 2:00 Dividat Senso Sessions - RSVP Front Desk 2:00 Wii Bowling [MR] 3:00 Food Forum [ILDR] 6:00 Card Games</p>	<p>6</p> <p>8:45 Ageless Grace [ILDR] 9:45 Small Ball Exercises [MR] 11:00 Devotionals [B/L] 11:00 Open Swim (with a Buddy) [P] 1:00 Catholic Mass (IL) [ILDR] 2:00 25 Cent Bingo [ILDR] 2-4 Hand Craft Group [2nd Floor] 3:00 Wordscapes [B/L] 6:00 Shoot Pool with a Neighbor</p>	<p>7</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Sit & Be Fit [MR] 11:30 Lunch Outing: The Family Restaurant (RSVP Req'd) [ML] 2:00 Happy Hour with Darlene Breuwet! [ML] 6:00 Movie Night: My Big Fat Greek Wedding (HBO Max) [B/L]</p>	<p>8:30am - 12pm Open Swim w/ a Buddy! 8 Dakim Brain Fitness Shapemaster</p> <p>10:00 Resident Led - One Mile Walking Tape [MR] 1:00 Card Games 1:00 Dominoes with Friends! 2:00 Shoot Pool with a Neighbor!</p>
<p>8:30am - 12pm Open Swim w/ a Buddy! 9 Dakim Brain Fitness Shapemaster</p> <p>8:00a Church Transportation [ML] 1:00 Card Games 2-4 Hand Craft Group [2nd Floor] 2:00 Shoot Pool with a Neighbor! 6:00 Kings in the Corner Card Game (Beginner Cards)</p>	<p>10</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:00 Target Trip (RSVP) [ML] 9:45 Sit & Be Fit [MR] 10:30 French with Jeannine [B/L] 11:30 Cooking with Kate: Mediterranean Quesadillas [ILDR] 2:00 Beginner Tai Chi [MR] 2:00 Cruising the QC - Bus Ride [ML] 2:15 Advanced Tai Chi [MR] 2:45 Monday Mixers Social Hour: Campfire Sangria [B/L]</p>	<p>11</p> <p>9:00 Drums Alive [MR] 9:45 Light & Lively [MR] 10:30 Rosary [MR] 11:00 Open Swim (with a Buddy) [P] 11:00 Walgreen's Outing (RSVP) [ML] 1:00 RL Tai Chi, Chair Yoga or Wii Games! [MR] 2:00 Balance Improv. Class [MR] 2:30 Story & Picture Sharing Hour : Becoming a Parent [B/L] 2:45 Music on the Porch ♪ [B/L] 6:00 Card Games</p>	<p>12</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Exercises + Balloon Volleyball [MR] 10:00 Hy-Vee Outing (RSVP) [ML] 11:00 Laughter Yoga & Meditation [MR] 12:30 Jeopardy [B/L] 2:00 Dividat Senso Sessions - RSVP Front Desk 2:00 Wii Bowling [MR] 6:00 Card Games</p>	<p>13</p> <p>8:45 Ageless Grace [ILDR] 9:45 Small Ball Exercises [MR] 11:00 25 Cent Bingo [ILDR] 11:00 Open Swim (with a Buddy) [P] 1:30 Greek Themed Happy Hour with Ron Lubbers! [ILDR] 2-4 Hand Craft Group [2nd Floor] 3:00 Wordscapes [B/L] 6:00 Shoot Pool with a Neighbor</p>	<p>14</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Sit & Be Fit [MR] 10:30 Oral Health Presentation & FREE Oral Screenings! [ILDR] 11:30 Lunch Outing: The Tangledwood (RSVP Req'd) [ML] 2:00 Happy Hour & Cornhole Game! [ML] 6:00 Movie Night: The Devil Wears Prada (Meryl Streep) (HBO Max) [B/L]</p>	<p>8:30am - 12pm Open Swim w/ a Buddy! 15 Dakim Brain Fitness Shapemaster</p> <p>10:00 Resident Led - One Mile Walking Tape [MR] 1:00 Card Games 1:00 Dominoes with Friends! 2:00 Shoot Pool with a Neighbor!</p>
<p>8:30am - 12pm Open Swim w/ a Buddy! 16 Dakim Brain Fitness Father's Day Shapemaster</p> <p>8:00a Church Transportation [ML] 11:00 Indiana Fever Basketball Game [MR] 11:30 Father's Day Buffet [ILDR] 1:00 Card Games 2-4 Hand Craft Group [2nd Floor] 2:00 Shoot Pool with a Neighbor! 6:00 Kings in the Corner Card Game (Beginner Cards)</p>	<p>17</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:00 Target Trip (RSVP) [ML] 9:45 Sit & Be Fit [MR] 11:30 Cooking with Kate: Greek Bruchetta [ILDR] 2:00 Beginner Tai Chi [MR] 2:00 Cruising the QC - Bus Ride [ML] 2:15 Advanced Tai Chi [MR] 2:45 Monday Mixers Social Hour [B/L] 3:00 Alzheimer's / Dementia Support Group</p>	<p>18</p> <p>8:30 Donut Social & Program Suggestion / Ambassador Meeting [B/L] 9:00 Drums Alive [MR] 9:45 Light & Lively [MR] 10:30 Rosary [MR] 11:00 Open Swim (with a Buddy) [P] 12:30 Wallace's Garden Center Outing ☀ [ML] 1:00 RL Tai Chi, Chair Yoga or Wii Games! [MR] 2:45 Music on the Porch ♪ [B/L] 6:00 Card Games</p>	<p>19</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Exercises + Balloon Volleyball [MR] 10:00 Hy-Vee Outing (RSVP) [ML] 10:45 Bible Study with Paul [MR] 12:30 Jeopardy [B/L] 2:00 Dividat Senso Sessions - RSVP Front Desk 2:00 Wii Bowling [MR] 6:00 Card Games</p>	<p>20</p> <p>The Longest Day - Field Day! ♡ Wear Purple! 8:45 Ageless Grace [ILDR] 9:45 Small Ball Exercises [MR] 11:00 Devotionals [B/L] 11:00 Open Swim (with a Buddy) [P] 1:00 Catholic Mass (AL) 2:00 25 Cent Bingo [ILDR] 2-4 Hand Craft Group [2nd Floor] 3:00 Wordscapes [B/L] 6:00 Shoot Pool with a Neighbor</p>	<p>21</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Sit & Be Fit [MR] 11:30 Lunch Outing: Olive Garden (RSVP Req'd) [ML] 2:00 June Birthday Party + Happy Hour with Jordan Daniels! [ML] 6:00 Movie Night: It Could Happen To You (Netflix) [B/L]</p>	<p>8:30am - 12pm Open Swim w/ a Buddy! 22 Dakim Brain Fitness Shapemaster</p> <p>10:00 Resident Led - One Mile Walking Tape [MR] 1:00 Card Games 1:00 Dominoes with Friends! 2:00 Shoot Pool with a Neighbor!</p>
<p>8:30am - 12pm Open Swim w/ a Buddy! 23 Dakim Brain Fitness Shapemaster</p> <p>8:00a Church Transportation [ML] 1:00 Card Games 2-4 Hand Craft Group [2nd Floor] 2:00 Shoot Pool with a Neighbor! 5:00 Indiana Fever Basketball Game [B/L] 6:00 Kings in the Corner Card Game (Beginner Cards)</p>	<p>24</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:00 Target Trip (RSVP) [ML] 9:45 Sit & Be Fit [MR] 10:30 French with Jeannine [B/L] 11:30 International Taste & Travelogue: Greece [ILDR] 2:00 Town Hall Meeting [ILDR] 2:45 Monday Mixers Social Hour: Limoncello Mojito [B/L]</p>	<p>25</p> <p>9:00 Drums Alive [MR] 9:45 Light & Lively [MR] 10:30 Rosary [MR] 11:00 Open Swim (with a Buddy) [P] 11:00 Walgreen's Outing (RSVP) [ML] 12:00 25 Cent Bingo [ILDR] 1:00 RL Tai Chi, Chair Yoga or Wii Games! [MR] 2:00 Balance Improv. Class [MR] 2:45 Music on the Porch ♪ [B/L] 6:00 Card Games</p>	<p>26</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Exercises + Balloon Volleyball [MR] 10:00 Hy-Vee Outing (RSVP) [ML] 11:00 Laughter Yoga & Meditation [MR] 12:30 Jeopardy [B/L] 2:00 Dividat Senso Sessions - RSVP Front Desk 2:00 Wii Bowling [MR] 6:00 Card Games</p>	<p>27</p> <p>Wear Your Patriotic Colors! 9:45 Small Ball Exercises [MR] 11:00 Open Swim (with a Buddy) [P] 2-4 Hand Craft Group [2nd Floor] 4:00 Independence Day Picnic! (Free) 6:00 Shoot Pool with a Neighbor</p>	<p>28</p> <p>8:00 Pool Class [P] 8:30 Open Swim (with a Buddy) [P] 9:45 Sit & Be Fit [MR] 11:30 Lunch Outing: L & B Gyros (RSVP Req'd) [ML] 2:00 Happy Hour [ML] 6:00 Movie Night: Smokey & The Bandit (Netflix) [B/L]</p>	<p>8:30am - 12pm Open Swim w/ a Buddy! 29 Dakim Brain Fitness Shapemaster</p> <p>10:00 Resident Led - One Mile Walking Tape [MR] 1:00 Card Games 1:00 Dominoes with Friends! 2:00 Shoot Pool with a Neighbor!</p>

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