Calendar of	Events	$\overline{\mathbf{N}}$	<b>Jemory Care</b>		Senior	April 2024 Star at Elmore Place
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality	9:15 Drums Alive  10:00 Therapy Dog Visit  11:15 Lunch Bunch 1:00 Afternoon Matinee: Johnny Mnemonic 2:00 Pamper Hour Nails [AR] 3:30 Lucynt Interactive Table 6:00 Noodle ball	9:15 Devotional Stories  10:00 Morning Cruise!!! [AR]  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 National Peanut Butter and Jelly Day Game  3:00 Karaoke 6:00 Card Shark	10:00 M Men's Coffee Club  12:30 Super Food Education w/Nichol 3:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds: Paper Fans [AR]  1:00 Catholic Mass 1:30 Afternoon Cruise 2:30 Baking Club 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	Meditation	9:15 Star Stretchers [AR]  10:00 Meditation and Music  10:30 Classic TV Shows [AR]  1:00 Puzzles Puzzles Puzzles!!! [AR]  3:00 MBingo [AR]  6:00 Toss N' Talk Ball [AR]
:15 Morning Bible reading :00 National Mass :30 Morning Massage :00 Color Me Calm :00 World Travels :30 Snoezelen Room Group Activity :00 Hymn Sing [AR]	9:15 Drums Alive 10:00 Pamper Hour Massage [AR] 11:15 Lunch Bunch 1:00 Afternoon Matinee 1:30 Baking Club: Matcha Cookies 3:00 Arm Chair Travels: Japan 3:30 Lucynt Interactive Table 6:00 Noodle ball	9:15 Devotional Stories 10:00 Morning Cruise!!! [AR] 1:00 Laughter is the Best Medicine 1:00 Rock Steady Boxing (Parkinson's Specific) 2:00 Bowling 3:00 Karaoke 6:00 Card Shark	10:00 M Women's Coffee Club 12:30 S Zumba 3:00 IN2L Game: Trivia 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds: Rice Art [AR] 1:00 Hand Massages 1:30 MAfternoon Cruise 2:30 MIN2L: Trivia 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	Meditation	9:15 Star Stretchers [AR]  10:00 Meditation and Music  10:30 Classic TV Shows [AR]  1:00 Bingo [AR]  3:00 Crafting Hour: Stain Glass Windows  6:00 Toss N' Talk Ball [AR]
9:15 ★ Morning Bible reading 9:00 ★ National Mass 9:30 ★ Morning Massage 9:00 ★ Color Me Calm 9:00 ★ Chair Volleyball 9:30 ♣ Snoezelen Room 9:00 ★ Hymn Sing [AR]	9:15 Drums Alive 10:00 Pamper Hour Men's Shaving [AR] 11:15 Lunch Bunch 1:00 Afternoon Matinee 2:00 Taste Testers: Japanese Treats 3:00 Alzheimer's / Dementia Care Giver Support Group 3:00 Bubble Tea Social 3:30 Lucynt Interactive Table 6:00 Noodle ball	9:15 Devotional Stories  10:00 Morning Cruise!!! [AR]  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 IN2L: Trivia  3:00 Karaoke  6:00 Card Shark	10:00 M Men's Coffee Club 12:30 S Zumba 3:00 IN2L Game: Trivia 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds: Cherry Blossom Trees [AR]  1:00 Catholic Mass 2:00 Happy Hour with Dennis 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	Meditation	9:15 Star Stretchers [AR]  10:00 Meditation and Music  10:30 Classic TV Shows [AR]  1:00 Puzzles Puzzles Puzzles!!! [AR]  3:00 Meditation and Music  10:30 Meditation and Music
9:15 Morning Bible reading 0:00 National Mass 0:30 Morning Massage 1:00 Color Me Calm 3:00 World Travels 3:30 Snoezelen Room Group Activity 6:00 Hymn Sing [AR]		9:15 Devotional Stories 10:00 Morning Cruise!!! [AR] 1:00 Laughter is the Best Medicine 1:00 Rock Steady Boxing (Parkinson's Specific) 2:00 Garden Chat 3:00 Karaoke 6:00 Card Shark	10:00 M Women's Coffee Club 12:30 S Zumba 3:00 IN2L Game: Trivia 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds: Japanese Lanterns [AR] 1:00 Hand Massages 1:30 Afternoon Cruise 2:30 Baking Club 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	9:00 Walking Club 9:30 Communion 9:45 Guided Meditation 10:00 Worship & Hymn Sing [AR] 11:15 Japanese Themed Lunch 1:00 Dakim Brain Fitness 1:30 Men's Group 2:00 News Currents 3:00 Happy Hour With Don 6:00 Spelling Bee [AR]	9:15 Star Stretchers [AR]  10:00 Meditation and Musical Total Total  10:30 Meditation and Musical Total  1:00 Meditation and Musical Total  1:00 Meditation and Musical Total  Classic TV Shows [AR]  1:00 Meditation and Musical Total  Classic TV Shows [AR]  1:00 Meditation and Musical Total  Classic TV Shows [AR]  1:00 Meditation and Musical Total  Total Total Total  Total Total Total  Star  Stretchers [AR]
28 28 28 29 20 20 20 20 20 20 20 20 20 20 20 20 20	10:00 Pamper Hour Nails [AR]  11:15 Lunch Bunch 1:00 Afternoon Matinee 2:00 Baking Club: Japanese	9:15 Devotional Stories  10:00 Morning Cruise!!! [AR]  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 IN2L: Trivia  3:00 Karaoke  6:00 Card Shark	Keep your mind sharp by using our Dakim Brain Fitness!  Studies show using the program 3x/week sharpens your mind!	Be sure to check out our Lucynt Interactive Table in our Activity Room! A great tool that is available 24/7!	Join us for a fun interactive exercise program Zumba Gold!  Wednesday's at 1:00 pm	Drum away the pounds while attending <u>Drums Alive!</u> Monday's at 9:15 am

sharpens your mind!