

Calendar of Events      Memory Care      March 2024  
 Senior Star at Elmore Place

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
<div>March cont'd</div> <div>Easter</div> <div>9:15 ☀️ Morning Bible reading</div> <div>10:00 ☀️ <b>National Mass</b></div> <div>10:30 🍃 Morning Massage</div> <div>1:00 🌸 Color Me Calm</div> <div>3:00 🧘 World Travels</div> <div>3:30 🧘 Snoezelen Room Group Activity</div> <div>6:00 ☀️ Hymn Sing [AR]</div>		31	<div>🧘 Brain Power</div> <div>👣 Exercise &amp; Movement</div> <div>🧠 Expression</div> <div>🧘 Inner Strength</div> <div>🍃 Nourishment &amp; Health</div> <div>👥 Socialization</div> <div>☀️ Spirituality</div>		<div>Keep your mind sharp by using our <i>Dakim Brain Fitness!</i></div> <div>Studies show using the program 3x/week sharpens your mind!</div>		<div>Be sure to check out our Lucynt Interactive Table in our Activity Room! A great tool that is available 24/7!</div>		<div>Join us for a fun interactive exercise program <i><b>Zumba Gold!</b></i></div> <div>Wednesday's at 1:00 pm</div>		<div>9:00 🧘 Walking Club</div> <div>9:30 ☀️ Communion</div> <div>9:45 🧘 Guided Meditation</div> <div>10:00 ☀️ Worship &amp; Hymn Sing [AR]</div> <div>1:00 🧘 Dakim Brain Fitness</div> <div>1:30 👥 Men's Group</div> <div>2:00 🧘 News Currents</div> <div>3:00 🌸 Happy Hour</div> <div>6:00 👥 Movie Night</div>		1	<div>9:15 🧘 Star Stretchers [AR]</div> <div>10:00 🧘 Meditation and Music</div> <div>10:30 👥 Classic TV Shows [AR]</div> <div>1:00 👥 Bingo [AR]</div> <div>3:00 🌸 Crafty Snack: Pretzel Shamrocks</div> <div>6:00 👥 Toss N' Talk Ball [AR]</div>		2				
<div>9:15 ☀️ Morning Bible reading</div> <div>10:00 ☀️ <b>National Mass</b></div> <div>10:30 🍃 Morning Massage</div> <div>1:00 🌸 Baking Club: Rainbow Cupcakes</div> <div>3:00 🧘 History of Irish Music</div> <div>3:30 🧘 Snoezelen Room Group Activity</div> <div>6:00 ☀️ Hymn Sing [AR]</div>		3	<div>9:15 🧘 Drums Alive</div> <div>10:00 🧘 <b>Therapy Dog Visit</b></div> <div>11:15 👥 Lunch Bunch</div> <div>1:00 👥 Afternoon Matinee</div> <div>2:00 🍃 Pamper Hour Nails [AR]</div> <div>3:00 🌸 Craft: Wishing Tree</div> <div>6:00 🧘 Noodle ball</div>		4	<div>9:15 ☀️ Devotional Stories</div> <div>10:00 👥 Morning Cruise!!! [AR]</div> <div>1:00 🧘 Rock Steady Boxing (Parkinson's Specific)</div> <div>1:30 🧘 IN2L: Trivia</div> <div>2:00 🍃 Baking Club: Reuben Dip</div> <div>3:30 🧘 Massage and Music</div> <div>6:00 👥 Card Shark</div>		5	<div>10:00 👥 Men's Coffee Club</div> <div>12:30 🧘 Zumba</div> <div>1:30 🍃 Super Food Education w/Nichol</div> <div>3:00 🧘 IN2L Game: Trivia</div> <div>6:00 🧘 Noodle ball</div>		6	<div>9:15 🧘 Sit N Be Fit</div> <div>9:45 🌸 Creative Minds: Shamrock Craft [AR]</div> <div>1:00 ☀️ <b>Catholic Mass</b></div> <div>1:30 👥 Afternoon Movie: Far and Away</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Chicken Chucking [AR]</div>		7	<div>9:00 🧘 Walking Club</div> <div>9:30 ☀️ Communion</div> <div>9:45 🧘 Guided Meditation</div> <div>10:00 ☀️ Worship &amp; Hymn Sing [AR]</div> <div>1:00 🧘 Dakim Brain Fitness</div> <div>1:30 👥 Men's Group</div> <div>2:00 🧘 News Currents</div> <div>3:00 🌸 Happy Hour With Roger</div> <div>6:00 🧘 Spelling Bee [AR]</div>		8	<div>9:15 🧘 Star Stretchers [AR]</div> <div>10:00 🧘 Meditation and Music</div> <div>10:30 👥 Classic TV Shows [AR]</div> <div>1:00 👥 Bingo [AR]</div> <div>6:00 👥 Toss N' Talk Ball [AR]</div>		9
<div>Daylight Saving Time Begins</div> <div>9:15 ☀️ Morning Bible reading</div> <div>10:00 ☀️ <b>National Mass</b></div> <div>10:30 🍃 Morning Massage</div> <div>1:00 🌸 Color Me Calm</div> <div>3:00 🧘 World Travels</div> <div>3:30 🧘 Snoezelen Room Group Activity</div> <div>6:00 ☀️ Hymn Sing [AR]</div>		10	<div>9:15 🧘 A Walk Down Memory Lane</div> <div>10:00 🍃 Pamper Hour Massage [AR]</div> <div>11:15 👥 Lunch Bunch</div> <div>1:00 👥 Afternoon Matinee</div> <div>1:30 🌸 Marble Painting</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Noodle ball</div>		11	<div>9:15 ☀️ Devotional Stories</div> <div>10:00 👥 Morning Cruise!!! [AR]</div> <div>1:00 🧘 Rock Steady Boxing (Parkinson's Specific)</div> <div>1:30 🌸 Laughter is the Best Medicine</div> <div>2:00 🌸 Baking Club: Lucky Charm Treats</div> <div>3:30 🧘 Massage and Music</div> <div>6:00 👥 Card Shark</div>		12	<div>10:00 👥 Women's Coffee Club</div> <div>12:30 🧘 Zumba</div> <div>3:00 🧘 IN2L Game: Trivia</div> <div>6:00 🧘 Noodle ball</div>		13	<div>9:15 🧘 Sit N Be Fit</div> <div>10:00 🌸 Creative Minds: Potato Masher Leprechaun [AR]</div> <div>1:00 🧘 Hand Massages</div> <div>1:30 👥 Afternoon Cruise</div> <div>2:30 🧘 Lucynt Interactive Table</div> <div>3:00 🌸 Sing-A-Long</div> <div>6:00 🧘 Chicken Chucking [AR]</div>		14	<div>9:00 🧘 Walking Club</div> <div>9:30 ☀️ Communion</div> <div>9:45 🧘 Guided Meditation</div> <div>10:00 ☀️ Worship &amp; Hymn Sing [AR]</div> <div>1:00 🧘 News Currents</div> <div>1:30 🧘 Arm Chair Travels: Ireland</div> <div>2:00 🍃 <b>Universal Yums [AR]</b></div> <div>3:00 🌸 Celtic Music With Roger and Scott</div> <div>6:00 👥 Movie Night</div>		15	<div>9:15 🧘 Star Stretchers [AR]</div> <div>10:00 🧘 Meditation and Music</div> <div>10:30 👥 Classic TV Shows [AR]</div> <div>1:00 🧘 Puzzles Puzzles Puzzles!!! [AR]</div> <div>1:30 🍃 Baking Club: Shepard's Pie</div> <div>2:00 👥 Bingo [AR]</div> <div>6:00 👥 Toss N' Talk Ball [AR]</div>		16
<div>St. Patrick's Day</div> <div>9:15 ☀️ Morning Bible reading</div> <div>10:00 ☀️ <b>National Mass</b></div> <div>10:30 🍃 Morning Massage</div> <div>11:30 🍃 Ireland Luncheon</div> <div>1:00 🌸 Crafty Snack: Pot O Gold Surprise</div> <div>2:00 🌸 Color Me Calm</div> <div>3:00 🧘 World Travels</div> <div>3:30 🧘 Snoezelen Room Group Activity</div> <div>6:00 ☀️ Hymn Sing [AR]</div>		17	<div>9:15 🧘 Drums Alive</div> <div>10:00 🍃 Pamper Hour Hair [AR]</div> <div>11:15 👥 Lunch Bunch</div> <div>1:00 👥 Afternoon Matinee</div> <div>2:00 🍃 Baking Club: Irish Soda Bread</div> <div>3:00 🌸 Alzheimer's / Dementia Care Giver Support Group</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Noodle ball</div>		18	<div>9:15 ☀️ Devotional Stories</div> <div>10:00 👥 Morning Cruise!!! [AR]</div> <div>1:00 🧘 Rock Steady Boxing (Parkinson's Specific)</div> <div>1:30 🌸 Paint With Beets</div> <div>2:30 🌸 Taste Testers: Guinness</div> <div>3:30 🧘 Massage and Music</div> <div>6:00 👥 Card Shark</div>		19	<div>10:00 👥 Men's Coffee Club</div> <div>12:30 🧘 Zumba</div> <div>3:00 🧘 IN2L Game: Trivia</div> <div>6:00 🧘 Noodle ball</div>		20	<div>9:15 🧘 Sit N Be Fit</div> <div>10:00 🌸 Creative Minds: Easter Egg [AR]</div> <div>1:00 ☀️ <b>Catholic Mass</b></div> <div>1:30 🍃 Baking Club: Pickled Beets</div> <div>2:30 🧘 Chair Volleyball</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Chicken Chucking [AR]</div>		21	<div>9:00 🧘 Walking Club</div> <div>9:30 ☀️ Communion</div> <div>9:45 🧘 Guided Meditation</div> <div>10:00 ☀️ Worship &amp; Hymn Sing [AR]</div> <div>1:00 🧘 Dakim Brain Fitness</div> <div>1:30 👥 Men's Group</div> <div>2:00 🧘 News Currents</div> <div>3:00 🌸 Happy Hour</div> <div>6:00 🧘 Spelling Bee [AR]</div>		22	<div>9:00 👥 Easter Egg Hunt</div> <div>10:00 🧘 Meditation and Music</div> <div>10:30 👥 Classic TV Shows [AR]</div> <div>1:00 👥 Bingo [AR]</div> <div>3:00 🌸 Crafty Snack: Bunny Pretzels</div> <div>6:00 👥 Toss N' Talk Ball [AR]</div>		23
<div>9:15 ☀️ Morning Bible reading</div> <div>10:00 ☀️ <b>National Mass</b></div> <div>10:30 🍃 Morning Massage</div> <div>1:00 🌸 Color Me Calm</div> <div>3:00 🧘 World Travels</div> <div>3:30 🧘 Snoezelen Room Group Activity</div> <div>6:00 ☀️ Hymn Sing [AR]</div>		24	<div>9:15 🧘 Drums Alive</div> <div>10:00 🍃 Pamper Hour Men's Shaving [AR]</div> <div>11:15 👥 Lunch Bunch</div> <div>1:00 👥 Afternoon Matinee</div> <div>2:00 🌸 Tissue Paper Tulips</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Noodle ball</div>		25	<div>9:15 ☀️ Devotional Stories</div> <div>10:00 👥 Morning Cruise!!! [AR]</div> <div>1:00 🧘 Rock Steady Boxing (Parkinson's Specific)</div> <div>1:30 🌸 Laughter is the Best Medicine</div> <div>2:00 🍃 Baking Club: Carrot Cake Cupcake Easter Baskets</div> <div>3:30 🧘 Massage and Music</div> <div>6:00 👥 Card Shark</div>		26	<div>10:00 👥 Women's Coffee Club</div> <div>12:30 🧘 Zumba</div> <div>3:00 🧘 IN2L Game: Trivia</div> <div>6:00 🧘 Noodle ball</div>		27	<div>9:15 🧘 Sit N Be Fit</div> <div>10:00 🌸 Creative Minds: Paint Dough Eggs [AR]</div> <div>1:00 🧘 Hand Massages</div> <div>1:30 👥 Afternoon Cruise</div> <div>2:30 🍃 Baking Club: Deviled Eggs</div> <div>3:30 🧘 Lucynt Interactive Table</div> <div>6:00 🧘 Chicken Chucking [AR]</div>		28	<div>9:00 🧘 Walking Club</div> <div>9:30 ☀️ Communion</div> <div>9:45 🧘 Guided Meditation</div> <div>10:00 ☀️ Worship &amp; Hymn Sing [AR]</div> <div>1:00 🧘 Dakim Brain Fitness</div> <div>1:30 👥 Men's Group</div> <div>2:00 🧘 News Currents</div> <div>3:00 🌸 Happy Hour With Don</div> <div>6:00 👥 Movie Night</div>		29	<div>9:15 🧘 Star Stretchers [AR]</div> <div>10:00 🧘 Meditation and Music</div> <div>10:30 👥 Classic TV Shows [AR]</div> <div>1:00 🧘 Puzzles Puzzles Puzzles!!! [AR]</div> <div>3:00 👥 Bingo [AR]</div> <div>6:00 👥 Toss N' Talk Ball [AR]</div>		30
<div>Continued at top</div>																				