Calendar of	Events	As	ssisted Livin	$\overline{g}^{}$	Senior Star at Dubl	May 2024 in Retirement Village
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 ∅ Brain Power ♠ Exercise & Movement ♠ Expression ✔ Inner Strength ♠ Nourishment & Health M Socialization ♠ Spirituality 	Improve symptoms of Parkinson's during Holistic Fitness every Tuesday at 11 am in the Fitness Center!	Have fun and get fit with Zumba Gold! Held in the Fitness Center at 2 pm every other Thursday!		10:00 World News [C] 11:00 Exercise with Summit [FC] 1:00 Wack a Balloon Strategy Game [GR] 2:00 DIY: Derby Hats for Men & Women [GR] 2:30 Zumba Gold [FC] 3:00 The Village Voices Choral Group [CH] 5:30 Films about Mexico: Three Amigos (1986) [TH]		10:00 Coffee and Chat [C] 11:00 Stretch & Strengthen [FC] 12:45 MART for Alzheimer's Exhibition & Auction [CDR] 1:00 Keeping it Reel Film Club [TH] 1:15 MART Movie Matinee: Seabiscuit (2003) [TH] 6:30 MART Kentucky Derby Party [TH]
10:15 St Brigid of Kildare Service [CH] 10:30 Indian Run United Methodist Livestream Worship Service [TH] 1:00 I Should Have Known That! Trivia Game [GR] 1:15 Prince of Peace Lutheran Livestream Worship Service [TH] 2:00 Bingo [GR] 5:30 Players' Choice Card Games [C]	- Superfood Faves with Chef Tammy: Mushroom Queso Fundido [1DR] 10:00 Dakim Learning Session 11:00 Energize with Enliven [FC] 1:00 Turning Point Documentary: War Games [TH] 2:30 Monday Milkshakes [C] 3:00 Senior Star Showstoppers Drama Club [TH] 5:30 MYellowstone Series [TH]	10:00 ♣ Safety Tips presented by Dublin Police Department [TH] 11:00 ♣ Holistic Fitness [FC] 12:00 ♠ Pizza on the Terrace \$5 [T] 2:00 ♠ Rock Steady Boxing 2:15 ♠ Shopping Trip to Kroger or Giant Eagle \$ [C] 5:30 ♠ Café Documentary: Our Living World Episode 1 [C]	10:00	10:00 Mother's Day Symposium: Timeless Beauty [M] 11:00 Exercise with Summit [FC] 2:00 Creative Flow! [GR] 3:00 The Village Voices Choral Group [CH] 5:30 Films about Mexico: The Perfect Game (2010) [TH]	10:00 im Legendary Crooners: Nat King Cole [TH] 11:00 ★ Gentle Movement [FC] 12:00 im Shopping Shuttles: Tuttle Mall/Walmart/Sawmill Stores/Banks [1Lobby] 1:00 ► Caregiver Support Group [CH] 1:00 ☐ Investment Club with Bill Loveland [GR] 2:30 im Monthly Birthday Celebration Happy Hour with Vitas [C] 5:30 im Night at the Movies: Memphis Belle (1990) [TH]	10:00 Coffee and Chat [C] 11:00 Stretch & Strengthen [FC] 1:00 Keeping it Reel Film Club [TH] 1:15 Movie Matinee: Driving Miss Daisy (1989) [TH] 5:30 Chess/Checkers in the Cafe [C]
10:15 * St Brigid of Kildare Service [CH] 10:30 * Indian Run United Methodist Livestream Worship Service [TH] 1:00	10:00 Activity Planning Meeting [GR] 11:00 Energize with Enliven [FC] 11:30 Food Committee [PD] 1:00 Turning Point Documentary: Empire is Untenable [TH] 2:30 Monday Milkshakes [C] 3:00 Senior Star Showstoppers Drama Club [TH] 5:30 MY Yellowstone Series [TH]	11:00 Holistic Fitness [FC] 2:00 Rock Steady Boxing 2:15 Shopping Trip to Kroger or Giant Eagle \$ [C] 3:00 Taste of Mexico: Guacamole Chips [C] 3:30 Musical Memories [C] 5:30 Café Documentary: Our Living World Episode 2 [C]	10:00 History with Rich [TH] 15 11:00 Stretch & Strengthen [FC] 1:00 Community Stroll [Lobby] 2:00 Bingo! [GR] 3:00 Whimsy Workshop: Maracas [GR] 5:30 Destination Mexico: Mexico City [C]	10:00 World News [C] 11:00 Exercise with Summit [FC] 1:00 Armchair Travels: Mexico [C] 2:00 Creative Flow! [GR] 2:30 Zumba Gold [FC] 3:00 The Village Voices Choral Group [CH] 5:30 Films about Mexico: The Treasure of the Sierra Madre (1948) [TH]	10:00 M Legendary Crooners: Perry Como [TH] 11:00 Gentle Movement [FC] 12:00 M Shopping Shuttles: Tuttle Mall/ Walmart/Sawmill Stores/Banks [1Lobby] 1:00 Caregiver Support Group [CH] 2:30 M Back to the 1950s Happy Hour [C] 5:30 Night at the Movies: The Babe (1992) [TH]	10:00 Coffee and Chat [C] 11:00 Stretch & Strengthen [FC] 1:00 Keeping it Reel Film Club [TH] 1:15 Movie Matinee: Secondhand Lions (2003) [TH] 5:30 Chess/Checkers in the Cafe [C]
10:15 St Brigid of Kildare Service [CH] 10:30 Indian Run United Methodist Livestream Worship Service [TH] 1:00 I Should Have Known That! Trivia Game [GR] 1:15 Prince of Peace Lutheran Livestream Worship Service [TH] 2:00 Bingo [GR] 5:30 Players' Choice Card Games [C]	10:00 Ambassador Meeting [GR] 11:00 Energize with Enliven [FC] 12:00 New Resident Luncheon [PD] 1:00 Turning Point Documentary: The End of History [TH] 2:30 Monday Milkshakes [C] 3:00 Senior Star Showstoppers Drama Club [TH] 5:30 MY Yellowstone Series [TH]	10:00 Doughnuts & Coffee Bar [C] 11:00 Holistic Fitness [FC] 2:00 Rock Steady Boxing 2:15 Shopping Trip to Kroger or Giant Eagle \$ [C] 5:30 Café Documentary: Our Living World Episode 3 [C]	10:00	10:00 World News [C] 11:00 Exercise with Summit [FC] 1:00 Living in Nigeria presented by Jack W. [TH] 2:00 Creative Flow! [GR] 3:00 The Village Voices Choral Group [CH] 5:30 Films about Mexico: La Bamba (1987) [TH]	Tony Bennett [TH] 11:00 * Gentle Movement [FC]	10:00 Coffee and Chat [C] 11:00 Stretch & Strengthen [FC] 1:00 Keeping it Reel Film Club [TH] 1:15 Movie Matinee: Love Never Dies (2012) [TH] 5:30 Chess/Checkers in the Cafe [C]
10:15 * St Brigid of Kildare Service [CH] 10:30 * Indian Run United Methodist Livestream Worship Service [TH] 1:00 * American Trivia Game [C] 1:15 * Prince of Peace Lutheran Livestream Worship Service [TH] 2:00 * Bingo [GR] 3:00 * Hymn Sing-along [TH] 5:30 * AYLUS Musical Performance [C] 5:30 * Players' Choice Card Games [C]	10:00 M Memorial Day: Faith of Our Fathers (2015) [TH] 2:00 Memorial Day Pie Bar [C] 4:00 Memorial Day Cookout [1DR] 5:30 M Yellowstone Series [TH]	10:00 △ Shapemaster/ Nu-step Exercise [FC] 11:00 △ Holistic Fitness [FC] 2:00 △ Rock Steady Boxing 2:15 ◆ Shopping Trip to Kroger or Giant Eagle \$ [C] 3:00 △ Shapemaster Learning Session [FC] 3:30 Musical Memories [C] 5:30 Café Documentary: Our Living World Episode 4 [C]	10:00 History with Rich [TH] 29 11:00 Stretch & Strengthen [FC] 1:00 M Antiques Roadshow [TH] 2:00 Bingo! [GR] 3:00 Whimsy Workshop: Avocado Cards [GR] 3:30 Jewelry Making [GR] 5:30 Destination Mexico: Lost World of the Maya [C]	10:00 World News [C] 11:00 Exercise with Summit [FC] 1:00 Resident Feedback Meeting/ Town Hall [TH] 2:00 Creative Flow! [GR] 2:30 Zumba Gold [FC] 3:00 The Village Voices Choral Group [CH] 5:30 Films about Mexico: Selena (1997) [TH]	10:00 m Legendary Crooners: Ray Charles [C] 11:00 Gentle Movement [FC] 12:00 m Shopping Shuttles: Tuttle Mall/Walmart/Sawmill Stores/Banks [1Lobby] 1:00 Caregiver Support Group [CH] 2:00 m Mixology: Margaritas [C] 2:30 m Happy Hour [C] 5:30 m Night at the Movies: The Bridge on the River Kwai (1957) [TH]	Dakim Brain Fitness- A 30 minute session to improve your memory and cognitive functioning! See Julie to get signed up!