

Calendar of Events

Independent Living

March 2024
Senior Star at Burgundy Place

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday															
<div>March cont'd</div> <div>Easter</div> <div>7:00 🌞 Sunday Mass on Station EWTN 291--7am,11 am, 6pm</div> <div>8:00 🌞 Church Shuttle (8am-noon)</div> <div>9:00 🌞 Worship w/ Bro Larry [AR]</div> <div>10:45 🌞 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>11:30 🍽️ Easter Dinner [DR]</div> <div>6:30 🎬 Evening Movie: Gigi [AR]</div>		31		Looking to Keep Your Brain Sharp? Sign up for the Friday, March1st & 14th Dakim demonstrations . It's fun, self paced, and a challenge for your mind.		The ShapeMaster Gym is open all day, every day! Join us for the ShapeMaster Demo on the 6th floor, March 7th, to learn how to safely use the equipment.		<div>🧠 Brain Power</div> <div>🎨 Exercise & Movement</div> <div>🌸 Expression</div> <div>💪 Inner Strength</div> <div>🍏 Nourishment & Health</div> <div>🍽️ Socialization</div> <div>☀️ Spirituality</div> <div>Location Keys</div> <div>2nd Flr Chapel</div> <div>4th Floor</div> <div>6th Floor</div> <div>7th Floor</div> <div>Activity Room</div> <div>Backyard</div> <div>Computer Lab</div> <div>Country Kitchen</div> <div>Dining Room</div> <div>Front Parking Lot</div> <div>2nd</div> <div>4th</div> <div>6th</div> <div>7th</div> <div>AR</div> <div>BY</div> <div>CL</div> <div>CK</div> <div>DR</div> <div>FPL</div>		1		2															
<div>7:00 🌞 Sunday Mass on Station EWTN 291--7am,11 am, 6pm</div> <div>8:00 🌞 Church Shuttle (8am-noon)</div> <div>9:00 🌞 Worship w/ Bro Larry [AR]</div> <div>10:45 🌞 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>2:00 🍽️ 50-Cent Bingo [AR]</div> <div>6:30 🎬 Popcorn Movie [AR]</div>		3		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Corn Hole [AR]</div> <div>10:30 🌞 Depart for Jolly Citizens</div> <div>10:30 🕒 News Currents [AR]</div> <div>2:00 🍽️ Dreamers & Poets [AR]</div> <div>3:00 🎮 Wordle [AR]</div> <div>4:15 🕒 Computer Assistance [CL]</div> <div>6:30 🍽️ Mexican Train Dominos [CK]</div> <div>6:30 🎮 Ukulele Club Practice [AR]</div>		4		<div>Walgreen's Pick-Up</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>9:30 🎨 Little Walmart</div> <div>10:00 🍽️ Apartment Visits</div> <div>2:00 🍽️ Taste Around the World [AR]</div> <div>2:30 💡 Activities Planning Meeting [AR]</div> <div>3:00 🎨 Volley Balloon [AR]</div> <div>6:00 🕒 Dominoes</div>		5		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🌞 Praise Age Choir [AR]</div> <div>2:00 🎮 Flower Arranging with Melody from Angel's Care Home Health [AR]</div> <div>3:00 🎨 Sunshine Club: Flower Deliveries [AR]</div> <div>3:30 🕒 Spelling Bee Board Game [AR]</div> <div>4:15 🕒 Cell Phone/iPad Assistance [CL]</div> <div>6:30 🎨 Wii Bowling Group Play [AR]</div>		6		<div>Walgreen's Pick-Up</div> <div>8:45 🍷 Foot Care Clinic [CK]</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🍷 Big Walmart</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🍽️ Apartment Visits</div> <div>10:00 🕒 Tulsa Library Bookmobile [FPL]</div> <div>10:30 🍽️ Shopping at Maceys</div> <div>2:00 💡 Parkinson's Support Group [4th]</div> <div>2:00 🍷 Senior Helpers Blood Pressure Check [CK]</div> <div>2:45 🍷 Food for Thought [DR]</div> <div>3:00 🎨 Shapemaster Group Exercise [6th]</div> <div>6:00 🕒 Bridge</div> <div>6:00 🕒 Phase 10 Card Game [CK]</div> <div>6:30 🎮 Movie: Wild Mountain Thyme [AR]</div>		7		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 💡 My Story [CK]</div> <div>10:30 🍽️ Lunch at: Kilkenny's Irish Pub</div> <div>2:00 🎮 Mary Kay w/ Dawn [CK]</div> <div>3:00 🎮 St. Patty's Crafting [AR]</div> <div>3:15 🍽️ St. Patty's Day Party [AR]</div> <div>6:30 🍽️ .50 cent Bingo w/ Andy J. [AR]</div>		8		<div>Daylight Savings Time: Set clocks forward 1 hour, tonight</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🕒 Jigsaw Puzzles [7th]</div> <div>2:30 🕒 Dominoes (Classic) [CK]</div> <div>3:30 🎮 Art Cart</div> <div>6:00 💡 Independent Prayer [2nd]</div> <div>6:30 🍽️ Evening Movie: Shergar [AR]</div>		9	
<div>7:00 🌞 Sunday Mass on Station EWTN 291--7am,11 am, 6pm</div> <div>8:00 🌞 Church Shuttle (8am-noon)</div> <div>9:00 🌞 Worship w/ Bro Larry [AR]</div> <div>10:45 🌞 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>2:00 🍽️ 50-Cent Bingo [AR]</div> <div>6:30 🎮 Evening Movie: I can only Imagine [AR]</div>		10		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Corn Hole [AR]</div> <div>10:30 🎮 Cooking in the CK [CK]</div> <div>2:00 🕒 News Currents [AR]</div> <div>2:30 🕒 Wheel of Fortune [AR]</div> <div>4:15 🕒 Computer Assistance [CL]</div> <div>6:30 🍽️ Mexican Train Dominos [CK]</div> <div>6:30 🎮 Ukulele Club Practice [AR]</div>		11		<div>Walgreen's Pick-Up</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>9:30 🎨 Little Walmart</div> <div>10:00 🍽️ Apartment Visits</div> <div>10:15 🌞 St. Bernard's Mass [AR]</div> <div>12:15 💡 Depart for: Boevers Reading Buddies</div> <div>2:30 🍽️ March Birthdays Party w/ Music by Tim Turner [DR]</div> <div>4:00 🎨 Shapemaster Group Exercise [6th]</div> <div>6:00 🕒 Dominoes</div>		12		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:30 🍽️ Bible Study with Pastor Dan and Connie [AR]</div> <div>11:15 🍷 Depart TPAC Brown Bag Concert</div> <div>2:30 🎮 Music & Memories: Ireland [AR]</div> <div>3:30 🕒 Spelling Bee Board Game [AR]</div> <div>4:15 🕒 Cell Phone/iPad Assistance [CL]</div> <div>6:30 🎨 Wii Bowling Group Play [AR]</div>		13		<div>Walgreen's Pick-Up</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>9:30 🍷 Little Walmart</div> <div>10:00 🍽️ Apartment Visits</div> <div>10:00 🎮 Bridge</div> <div>10:30 Shopping at Dillards</div> <div>2:00 🍷 Senior Helpers Blood Pressure Check [CK]</div> <div>2:00 🍷 Town Hall Meeting [DR]</div> <div>3:30 🎨 Shapemaster Group Exercise [6th]</div> <div>6:00 🕒 Phase 10 Card Game [CK]</div> <div>6:30 🎮 Movie: Near & Far Away [AR]</div>		14		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🍽️ Military History Museum</div> <div>2:30 🍽️ Get Away Social Hour [DR]</div> <div>3:30 🎮 Sing Along w/ Jo & Anne [AR]</div> <div>4:00 🕒 Dakim Demonstration [4th]</div> <div>6:30 🍽️ .50 cent Bingo w/ Carol E. [AR]</div>		15		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🕒 Jigsaw Puzzles [7th]</div> <div>2:00 🍷 Wedding: Tommy & Glenn [DR]</div> <div>2:30 🕒 Dominoes (Classic) [CK]</div> <div>3:00 🍽️ Wedding Reception [DR]</div> <div>6:00 💡 Independent Prayer [2nd]</div> <div>6:30 🍽️ Evening Movie: Sweet Land [AR]</div>		16	
<div>St. Patrick's Day</div> <div>7:00 🌞 Sunday Mass on Station EWTN 291--7am,11 am, 6pm</div> <div>8:00 🌞 Church Shuttle (8am-noon)</div> <div>9:00 🌞 Worship w/ Bro Larry [AR]</div> <div>10:45 🌞 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>11:30 🍽️ St. Patty's Day Lunch [DR]</div> <div>6:30 🎮 Evening Movie: Casablanca [AR]</div>		17		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Corn Hole [AR]</div> <div>10:30 🎮 Baking in the Ck [CK]</div> <div>2:00 🕒 News Currents w/ Jenn [AR]</div> <div>3:00 🎮 Arm Chair Travel: Ireland [AR]</div> <div>4:15 🕒 Computer Assistance [CL]</div> <div>6:30 🍽️ Mexican Train Dominos [CK]</div> <div>6:30 🎮 Ukulele Club Practice [AR]</div>		18		<div>Walgreen's Pick-Up</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>9:30 🎨 Little Walmart</div> <div>10:00 🍽️ Apartment Visits</div> <div>10:30 🌞 Methodist Worship [AR]</div> <div>2:00 🍷 Bingo with Andrea [AR]</div> <div>2:30 🎨 Shapemaster Group Exercise [6th]</div> <div>3:30 🍽️ Taste Test Tuesday [CK]</div> <div>6:00 🕒 Dominoes</div>		19		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:30 🍽️ Bible Study with Pastor Dan and Connie [AR]</div> <div>2:00 🎮 Music w/ Melody from Angel's Care [AR]</div> <div>3:00 💡 Sunshine Club: Cards and Letters [CL]</div> <div>3:30 🕒 Spelling Bee Board Game [AR]</div> <div>4:15 🕒 Cell Phone/iPad Assistance [CL]</div> <div>6:30 🕒 Mexican Train [CK]</div>		20		<div>Walgreen's Pick-Up</div> <div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>9:30 🍷 Little Walmart</div> <div>10:00 🍽️ Apartment Visits</div> <div>10:30 💡 Show & Share [AR]</div> <div>2:00 🍷 Beer Tasting [DR]</div> <div>2:00 🍷 Senior Helpers Blood Pressure Check [CK]</div> <div>2:30 🍷 Live Music: Daytime Divas [DR]</div> <div>6:00 🕒 Bridge</div> <div>6:00 🕒 Phase 10 Card Game [CK]</div> <div>6:30 🎮 Documentary: Older Than Ireland [AR]</div>		21		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:30 🍽️ Lunch Out: Charleston's</div> <div>3:00 🎮 Paint w/ Amy [CK]</div> <div>6:30 🍽️ .50 cent Bingo w/ Letha T. [AR]</div>		22		<div>9:00 🎨 Stretch & Coordination [AR]</div> <div>9:30 🎨 Chair Exercise [AR]</div> <div>10:00 🕒 Jigsaw Puzzles [7th]</div> <div>2:30 🕒 Dominoes (Classic) [CK]</div> <div>3:30 🎮 Art Cart</div> <div>6:00 💡 Independent Prayer [2nd]</div> <div>6:30 🍽️ Evening Movie: The Lucky One [AR]</div>		23	
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<div>Continued at top</div>																											