

January 2024
Senior Star at Burgundy Place

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>The ShapeMaster Gym is open all day, every day! Join us for the ShapeMaster Demo on the 6th floor, Jan. 4th, to learn how to safely use the equipment.</div>		<div>New Year's Day1</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Corn Hole [AR]</div> <div>2:00 🎬 Movie: About Fate [AR]</div> <div>3:30 🏃 Shapemaster: Independent Exercise [6th]</div> <div>6:00 🎲 Scrabble Board Game [CK]</div> <div>7:00 🎬 NCIS: Sydney [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]2</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🏃 Little Walmart</div> <div>2:00 🧠 Activities Planning Meeting [AR]</div> <div>3:30 🍽️ Taste of the World Snacks [AR]</div> <div>6:00 🎲 Dominoes</div>		<div>9:00 🏃 Stretch & Coordination [AR]3</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:30 🌟 Bible Study with Pastor Dan and Connie [AR]</div> <div>2:00 🎬 Flower Arranging with Melody from Angel's Care Home Health [AR]</div> <div>3:00 🏃 Sunshine Club: Flower Deliveries [AR]</div> <div>3:30 🎲 Spelling Bee Board Game [AR]</div> <div>4:15 🎲 Cell Phone/iPad Assistance [CL]</div> <div>7:00 🎲 Documentary: Burning 2021 [AR]</div>		<div>Walgreen's Pick-Up4</div> <div>8:45 🏃 Foot Care Clinic by Caring Nurse Association [CK]</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Big Walmart</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🎲 Tulsa Library Bookmobile [FPL]</div> <div>10:30 🏃 Shapemaster Gym Demonstration [6th]</div> <div>1:30 🎲 Dakim Demonstration [4th]</div> <div>2:00 🎲 Senior Helpers Blood Pressure Check [AR]</div> <div>2:45 🎲 Food for Thought [DR]</div> <div>6:00 🎲 Phase 10 Card Game [CK]</div> <div>6:30 🎬 Ukulele Club Practice [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]5</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:45 🍽️ Lunch Out: Daddy B's</div> <div>11:00 🧠 Oneday Video Stories [CK]</div> <div>2:00 🧠 Sing- Along w/ Jo [AR]</div> <div>3:00 🍽️ Music w/ David Horn [DR]</div> <div>3:00 🍽️ Social Hour [DR]</div> <div>6:30 🍽️ .50 Cent bingo [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]6</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🎲 Jigsaw Puzzles [7th]</div> <div>2:30 🎲 Dominoes (Classic) [CK]</div> <div>2:30 🏃 Wii Bowling: Independent [AR]</div> <div>6:30 🧠 Independent Prayer [2nd]</div> <div>6:30 🎬 Movie: Killers of the Flower Moon [AR]</div>	
<div>7:00 🌟 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm7</div> <div>8:00 🌟 Church Shuttle (8am-noon)</div> <div>9:00 🌟 Worship w/ Bro Larry [AR]</div> <div>10:45 🌟 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>2:00 🍽️ .50 Cent Bingo [AR]</div> <div>7:00 🎬 Movie: Killers of the Flower Moon [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]8</div> <div>9:30 🏃 Corn Hole [AR]</div> <div>10:30 🌟 Depart for Jolly Citizens</div> <div>2:00 🎲 News Currents [AR]</div> <div>2:30 🎲 Wheel of Fortune [AR]</div> <div>4:15 🎲 Computer Assistance [CL]</div> <div>7:00 🎬 NCIS: Sydney 2 [AR]</div>		<div>Walgreen's Pick-Up9</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🏃 Little Walmart</div> <div>10:00 🧠 Oneday Video Stories [CK]</div> <div>10:15 🌟 St. Bernard's Mass [AR]</div> <div>12:15 🧠 Depart for: Boevers Reading Buddies</div> <div>3:00 🍽️ January Birthdays Party [DR]</div> <div>6:00 🎲 Dominoes</div>		<div>9:00 🏃 Stretch & Coordination [AR]10</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:30 🌟 Bible Study with Pastor Dan and Connie [AR]</div> <div>2:00 🧠 Vision Boards w/ VIPCare Primary Care [AR]</div> <div>3:30 🎲 Spelling Bee Board Game [AR]</div> <div>4:15 🎲 Cell Phone/iPad Assistance [CL]</div> <div>7:00 🎲 Docuseries: Wildest Places 1 [AR]</div>		<div>Walgreen's Pick-Up11</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🍎 Little Walmart</div> <div>10:30 🎬 Aboriginal Crafts [AR]</div> <div>2:00 🍎 Senior Helpers Blood Pressure Check [AR]</div> <div>2:00 🎲 Town Hall Meeting [DR]</div> <div>6:00 🎲 Phase 10 Card Game [CK]</div> <div>6:30 🎬 Ukulele Club Practice [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]12</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🧠 Oneday Video Stories [CK]</div> <div>10:45 🍽️ Lunch Out: Ron's</div> <div>2:00 🎲 Exercise & Brain Repair: Dr. Michael Hyland [AR]</div> <div>2:00 🎬 Mary Kay w/ Dawn [CK]</div> <div>6:30 🏃 Wii Bowling: Group Play [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]13</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🎲 Jigsaw Puzzles [7th]</div> <div>2:30 🎲 Dominoes (Classic) [CK]</div> <div>2:30 🏃 Wii Bowling: Independent [AR]</div> <div>6:30 🧠 Independent Prayer [2nd]</div> <div>6:30 🎬 Popcorn Movie: El Dorado [AR]</div>	
<div>7:00 🌟 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm14</div> <div>8:00 🌟 Church Shuttle (8am-noon)</div> <div>9:00 🌟 Worship w/ Bro Larry [AR]</div> <div>10:45 🌟 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>2:00 🍽️ 50-Cent Bingo [AR]</div> <div>7:00 🎬 Evening Movie: Funny Girl [AR]</div>		<div>Martin Luther King, Jr. Day15</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Corn Hole [AR]</div> <div>10:30 🎲 News Currents [AR]</div> <div>2:00 🎲 Dreamers & Poets [AR]</div> <div>4:15 🎲 Computer Assistance [CL]</div> <div>6:00 🎲 Rummikub Game [CK]</div> <div>7:00 🎬 NCIS: Sydney 3 [AR]</div>		<div>Walgreen's Pick-Up16</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🏃 Little Walmart</div> <div>10:30 🎬 Armchair Travel Club: Australia [AR]</div> <div>2:00 🍽️ Bingo w/Andrea [AR]</div> <div>3:00 🎬 Aboriginal Painting [CK]</div> <div>6:00 🎲 Dominoes</div>		<div>9:00 🏃 Stretch & Coordination [AR]17</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:30 🌟 Bible Study with Pastor Dan and Connie [AR]</div> <div>2:00 🎬 Music w/ Melody from Angel's Care [AR]</div> <div>3:00 🧠 Sunshine Club: Cards and Letters [CL]</div> <div>3:30 🎲 Spelling Bee Board Game [AR]</div> <div>4:15 🎲 Cell Phone/iPad Assistance [CL]</div> <div>7:00 🎲 Docuseries: Wildest Places 2 [AR]</div>		<div>Walgreen's Pick-Up18</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🍎 Little Walmart</div> <div>2:00 🍎 Senior Helpers Blood Pressure Check [AR]</div> <div>6:00 🎲 Phase 10 Card Game [CK]</div>		<div>9:00 🏃 Stretch & Coordination [AR]19</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🧠 Oneday Video Stories [CK]</div> <div>10:30 🍽️ Lunch Out: White River Fish Market</div> <div>2:00 🧠 Sing- along w/ Jo & Anne [AR]</div> <div>3:00 🍎 "Get Away" Happy Hour</div> <div>3:00 🍽️ Shopping: Dollar Tree/ Family Dollar</div> <div>3:00 🍽️ Social Hour [DR]</div> <div>6:30 🍽️ .50 Cent Bingo [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]20</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🎲 Jigsaw Puzzles [7th]</div> <div>2:30 🎲 Dominoes (Classic) [CK]</div> <div>2:30 🏃 Wii Bowling: Independent [AR]</div> <div>6:30 🧠 Independent Prayer [2nd]</div> <div>6:30 🎬 Popcorn Movie: Till the Clouds Roll By [AR]</div>	
<div>7:00 🌟 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm21</div> <div>8:00 🌟 Church Shuttle (8am-noon)</div> <div>9:00 🌟 Worship w/ Bro Larry [AR]</div> <div>10:45 🌟 South Tulsa Baptist Church Live Broadcast [AR]</div> <div>2:00 🍽️ .50 Cent Bingo [AR]</div> <div>6:30 🎬 Gaither Video [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]22</div> <div>9:30 🏃 Corn Hole [AR]</div> <div>10:30 🍽️ Baking in the Country Kitchen [CK]</div> <div>2:00 🎲 News Currents [AR]</div> <div>4:15 🎲 Computer Assistance [CL]</div> <div>7:00 🎬 NCIS: Sydney 4 [AR]</div>		<div>Walgreen's Pick-Up23</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🏃 Little Walmart</div> <div>10:30 🍽️ Uno [CK]</div> <div>2:00 🌟 Lutheran Worship Service [AR]</div> <div>3:30 🍎 Taste Test Tuesday [CK]</div> <div>6:00 🎲 Dominoes</div>		<div>9:00 🏃 Stretch & Coordination [AR]24</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:30 🌟 Bible Study with Pastor Dan and Connie [AR]</div> <div>2:00 🍽️ Fun w/ VIPCare Primary Care [AR]</div> <div>3:30 🎲 Spelling Bee Board Game [AR]</div> <div>4:15 🎲 Cell Phone/iPad Assistance [CL]</div> <div>7:00 🎲 Docuseries: Wildest Places 3 [AR]</div>		<div>Walgreen's Pick-Up25</div> <div>9:00 🏃 Stretch & Coordination [AR]</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>9:30 🍎 Little Walmart</div> <div>2:00 🍎 Senior Helpers Blood Pressure Check [AR]</div> <div>6:00 🎲 Phase 10 Card Game [CK]</div> <div>6:30 🎬 Ukulele Club Practice [AR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]26</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🧠 Oneday Video Stories [CK]</div> <div>10:30 🎲 Depart: Sherwin Miller Museum</div> <div>2:00 🍽️ Boutique Shopping</div> <div>4:30 🎬 Australian Day Dinner [DR]</div>		<div>9:00 🏃 Stretch & Coordination [AR]27</div> <div>9:30 🏃 Chair Exercise videos [AR]</div> <div>10:00 🎲 Jigsaw Puzzles [7th]</div> <div>2:30 🎲 Dominoes (Classic) [CK]</div> <div>2:30 🏃 Wii Bowling: Independent [AR]</div> <div>6:30 🧠 Independent Prayer [2nd]</div> <div>6:30 🎬 Popcorn Movie</div>	