

# Calendar of Events

# Independent Living

December 2021  
Senior Star at Burgundy Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>2nd Flr Chapel</li> <li>Activity Room</li> <li>Backyard</li> <li>Computer Lab</li> <li>Country Kitchen</li> <li>Dining Room</li> </ul>	<ul style="list-style-type: none"> <li>2nd AR</li> <li>BY</li> <li>CL</li> <li>CK</li> <li>DR</li> </ul>	<p><b>Join the Discussion at NewsCurrents on Fridays in November!</b></p> <p>NewsCurrents is a current events activity with storied curated especially for the savvy senior audience.</p>				
<p>7:00 ☀ Sunday Mass on EWTN 1291 <b>5</b></p> <p>8:00 ☀ Church Shuttle (8am-noon)</p> <p>10:45 ☀ South Tulsa Baptist Church Live Broadcast [AR]</p> <p>11:00 ☀ Sunday Mass on EWTN 1291</p> <p>2:00 🌿 Afternoon Movie</p> <p>6:00 ☀ Sunday Mass on EWTN 1291</p> <p>6:45 🎲 50-Cent Bingo w/ Sonya [DR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>6</b></p> <p>10:00 🌿 _____ [AR]</p> <p>1:00 🌿 Walmart Order Concierge Service [CL]</p> <p>2:00 🌿 WordBlaster Game [AR]</p> <p>3:30 🌿 Laughter Yoga [AR]</p> <p>6:00 🌿 Live Entertainment: The Old Timers [AR]</p>	<p>9:00 🎲 Personal Errands <b>7</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>10:00 🌿 _____ [AR]</p> <p>1:00 🌿 Exercise Video: Leg Strengthening [AR]</p> <p>2:00 🎲 Planning Meeting for September Activities [AR]</p> <p>3:30 🌿 Taste Test Tuesday [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>1</b></p> <p>10:00 _____</p> <p>2:00 🌿 Flower Arranging with Melody from Angel's Care Home Health [AR]</p> <p>3:00 🌿 Greeting Card Shop Open [CL]</p> <p>3:00 🌿 Sunshine Club: Flower Deliveries [AR]</p> <p>3:30 🌿 Spelling Bee Board Game [AR]</p> <p>4:15 🌿 Cell Phone/iPad Assistance [CL]</p> <p>6:15 🌿 Aerial Travelogue: _____ [AR]</p>	<p>9:00 🌿 Foot Care Clinic by Caring Nurse Association [CK] <b>2</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>1:00 🌿 Weekly Blood Pressure Check by BIOS [AR]</p> <p>2:45 🌿 Food &amp; Beverage Feedback Meeting [DR]</p> <p>6:00 🌿 Phase 10 Card Game [CK]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>3</b></p> <p>9:30 🌿 Trip to Little Walmart</p> <p>11:00 Personal Errands</p> <p>2:00 🌿 NewsCurrents [AR]</p>	<p><b>Grab &amp; Go Crafts Available for Pick-Up at Front Desk</b> <b>4</b></p> <p>2:00 🌿 Afternoon Movie</p> <p>3:30 🌿 Walking Club (Weather Permitting) [BY]</p>
<p>7:00 ☀ Sunday Mass on EWTN 1291 <b>12</b></p> <p>8:00 ☀ Church Shuttle (8am-noon)</p> <p>10:45 ☀ South Tulsa Baptist Church Live Broadcast [AR]</p> <p>11:00 ☀ Sunday Mass on EWTN 1291</p> <p>2:00 🌿 Afternoon Movie</p> <p>6:00 ☀ Sunday Mass on EWTN 1291</p> <p>6:45 🎲 50-Cent Bingo w/ Sonya [DR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>13</b></p> <p>10:00 🎲 Bingo for Prizes w/ BIOS [AR]</p> <p>1:00 🌿 Walmart Order Concierge Service [CL]</p> <p>3:30 🌿 Laughter Yoga [AR]</p> <p>6:00 🌿 Live Entertainment: The Old Timers [AR]</p>	<p><b>Happy Birthday, Ruth D.!</b> <b>14</b></p> <p>9:00 🎲 Personal Errands</p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>10:15 ☀ St. Bernard's Mass [AR]</p> <p>1:00 🌿 Exercise Video: Leg Strengthening [AR]</p> <p>2:00 _____</p> <p>3:30 🌿 Taste Test Tuesday [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>15</b></p> <p>10:00 _____</p> <p>2:00 🌿 Music w/ Melody from Angel's Care [AR]</p> <p>3:00 🌿 Greeting Card Shop Open [CL]</p> <p>3:30 🌿 Spelling Bee Board Game [AR]</p> <p>4:15 🌿 Cell Phone/iPad Assistance [CL]</p> <p>6:15 🌿 Aerial Travelogue: _____ [AR]</p>	<p><b>Happy Birthday, Sharon P.!</b> <b>16</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>1:00 🌿 Weekly Blood Pressure Check by BIOS [AR]</p> <p>6:00 🌿 Phase 10 Card Game [CK]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>17</b></p> <p>9:30 🌿 Trip to Little Walmart</p> <p>11:00 Personal Errands</p> <p>2:00 🌿 NewsCurrents [AR]</p>	<p><b>Grab &amp; Go Crafts Available for Pick-Up at Front Desk</b> <b>18</b></p> <p>2:00 🌿 Afternoon Movie</p> <p>3:30 🌿 Walking Club (Weather Permitting) [BY]</p>
<p>7:00 ☀ Sunday Mass on EWTN 1291 <b>19</b></p> <p>8:00 ☀ Church Shuttle (8am-noon)</p> <p>10:45 ☀ South Tulsa Baptist Church Live Broadcast [AR]</p> <p>11:00 ☀ Sunday Mass on EWTN 1291</p> <p>2:00 🌿 Afternoon Movie</p> <p>6:00 ☀ Sunday Mass on EWTN 1291</p> <p>6:45 🎲 50-Cent Bingo w/ Sonya [DR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>20</b></p> <p>10:00 _____ [AR]</p> <p>1:00 🌿 Walmart Order Concierge Service [CL]</p> <p>3:30 🌿 Laughter Yoga [AR]</p> <p>6:00 🌿 Live Entertainment: The Old Timers [AR]</p>	<p><b>Tulsa City-County Library Visits Today</b> <b>21</b></p> <p>9:00 🎲 Personal Errands</p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>10:00 _____ [AR]</p> <p>1:00 🌿 Exercise Video: Leg Strengthening [AR]</p> <p>2:00 _____</p> <p>3:30 🌿 Taste Test Tuesday [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>22</b></p> <p>10:00 _____</p> <p>2:00 ☀ Bible Study w/ Ruth Ann [AR]</p> <p>3:00 🌿 Greeting Card Shop Open [CL]</p> <p>3:30 🌿 Spelling Bee Board Game [AR]</p> <p>4:15 🌿 Cell Phone/iPad Assistance [CL]</p> <p>6:15 🌿 Aerial Travelogue: _____ [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>23</b></p> <p>1:00 🌿 Weekly Blood Pressure Check by BIOS [AR]</p> <p>6:00 🌿 Phase 10 Card Game [CK]</p>	<p><b>Christmas Eve</b> <b>24</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>9:30 🌿 Trip to Little Walmart</p> <p>11:00 Personal Errands</p> <p>2:00 🌿 NewsCurrents [AR]</p>	<p><b>Christmas Day</b> <b>25</b></p> <p><b>Grab &amp; Go Crafts Available for Pick-Up at Front Desk</b></p> <p>2:00 🌿 Afternoon Movie</p> <p>3:30 🌿 Walking Club (Weather Permitting) [BY]</p>
<p>7:00 ☀ Sunday Mass on EWTN 1291 <b>26</b></p> <p>8:00 ☀ Church Shuttle (8am-noon)</p> <p>10:45 ☀ South Tulsa Baptist Church Live Broadcast [AR]</p> <p>11:00 ☀ Sunday Mass on EWTN 1291</p> <p>2:00 🌿 Afternoon Movie</p> <p>6:00 ☀ Sunday Mass on EWTN 1291</p> <p>6:45 🎲 50-Cent Bingo w/ Sonya [DR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>27</b></p> <p>10:00 _____ [AR]</p> <p>1:00 🌿 Walmart Order Concierge Service [CL]</p> <p>3:30 🌿 Laughter Yoga [AR]</p> <p>6:00 🌿 Live Entertainment: The Old Timers [AR]</p>	<p>9:00 🎲 Personal Errands <b>28</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>10:00 _____ [AR]</p> <p>1:00 🌿 Exercise Video: Leg Strengthening [AR]</p> <p>2:00 _____</p> <p>3:00 🎲 Uplifting Inspirational w/ Pastor Tom [2nd]</p> <p>3:30 🌿 Taste Test Tuesday [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>29</b></p> <p>10:00 _____</p> <p>3:00 🌿 Greeting Card Shop Open [CL]</p> <p>3:30 🌿 Spelling Bee Board Game [AR]</p> <p>4:15 🌿 Cell Phone/iPad Assistance [CL]</p> <p>6:15 🌿 Aerial Travelogue: _____ [AR]</p>	<p>9:00 🌿 Stretch &amp; Coordination Exercise [AR] <b>30</b></p> <p>1:00 🌿 Weekly Blood Pressure Check by BIOS [AR]</p> <p>6:00 🌿 Phase 10 Card Game [CK]</p>	<p><b>New Year's Eve</b> <b>31</b></p> <p>9:00 🌿 Stretch &amp; Coordination Exercise [AR]</p> <p>9:30 🌿 Trip to Little Walmart</p> <p>11:00 Personal Errands</p> <p>2:00 🌿 NewsCurrents [AR]</p>	<p>Did you know Dakim Brain Fitness can be done from your own computer or tablet? See Sonya for more information &amp; keep your brain sharp and engaged!</p>